This Final Edition updated on 09 June 2010 with 2 days till kick-off!
World Cup Guide is now 89 pages, including updated Team Bios with names of all Final Squads, Injured Players, Park and Rides, Fan Parks, Transport, Ticketing, Weather, Packing List etc

Response to this document has been phenomenal. Thank you to everyone who has written to compliment us on it. Please email the link www.e-gnu.com/soccertravelsouthafrica.pdf to your email contacts. Web sites may freely link to the file at www.e-gnu.com/soccertravelsouthafrica.pdf

"May I congratulate and thank you on a terrific document" - SA diplomatic representative in Europe
"A very comprehensive and useful guide" - SA diplomatic representative in Europe
"Excellent Guide packed with updated Information" - SA diplomatic representative in Europe
"Congratulations with your excellent directory" - South Africa tour operator
"Fantastic document - you definitely get the Oscar for that one" - Hotel marketing manager
"What an impressive guide book…a huge success! Where can I get some of these Guides?" - Guest House owner
"Extremely comprehensive and I will be including it on our website for foreign visitors to access" - Hotel owner
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"We appreciate you taking the time to put together such a comprehensive document." - U.S. Soccer

Up-to-date advice, tips & news on airfares, best deals, team announcements, updates etc available at www.e-gnu.com/2010advice.html

Download this latest version of the Unofficial World Cup Guide at www.e-gnu.com/soccertravelsouthafrica.pdf
A Free Kit for Footie Fans packed with relevant and up-to-date info on:

- Tickets
- Accommodation
- Flights
- Car Hire
- Tours
- Visas
- Medical
- Airports
- Transport
- Safety
- Stadia
- Self Driving
- City Guides
- Soccer Schedules
- Weather
- Culture
- Checklists
- Consulates
- Personal Planner ... and Much More!

A major soccer tournament where 32 teams vie for glory takes place in South Africa over 4 weeks in 2010, with the winners crowned as champions of the world.

We love the Beautiful Game as much as you, but we cannot name the event or any combination of words and dates, as that might infringe on a staggering multitude of trademarked phrases. But you all know what event we are talking about.

This document is the essential guide for every football fan who plans to watch the world’s best teams in action. The info is precise, detailed and without prejudice. Please feel free to spread this invaluable guide around the world...no Charges, no Royalties!

Free for You and your Mates!

Proudly South African!
And a Tribute to Nelson Mandela, the great man who epitomizes the best qualities of the human spirit and who helped bring this event to the Rainbow Nation. Thank You, Madiba!

Meet our Mascot, Fifi and her footie mad owner Brutus

This is Brutus, the footie mad Mutt who is very territorial and in all round macho supremo Top Dog

This is NOT a Soccer Ball
It is Fifi’s Football

Meet Fifi, our "Mascot"
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SECTION 1: BEFORE YOU GO

1.1 SECURING TICKETS

Tickets for 2010 FIFA World Cup™ are best obtained via the FIFA website at www.fifa.com/2010. It is now also possible to book matches by telephone. The South African number is ☏ 083 123 2010 and the International number is ☏ +41 44 583 2010.

We are currently in the final last minute ticket sales phase between 15 April and 11 July 2010. It is believed that a number of tickets may still become available as these get released by sponsors and associations. Check latest availability on the FIFA web site at https://lmsfwctickets.fifa.com/LMS/MatchAvailability.aspx.

You can purchase a maximum of 4 tickets per match for up to 7 matches. Group matches range from US$80 to US$160; Round of 16 between US$100 and US$200; Quarter Finals between US$150 and US$300; Semis between US$250 and US$600; 3rd and 4th Playoff between US$150 and US$300 and the Final between US$400 and US$900.

There are special prices for South African residents. These tickets may not be transferred to non-South Africans, so don't even think of trying to buy one of these tickets from a local.

Transfer of tickets can only be done through FIFA channels. Full details on ticketing are available at www.fifa.com/worldcup/organisation/ticketing/index.html. Info on Ticketing Collection Centers can be found at http://www.fifa.com/worldcup/organisation/ticketing/collectionlocations.html.

1.2 ACCOMMODATION

The 2010 FIFA World Cup™ Accommodation Office is operated by MATCH Event Services. MATCH have both hotel and non-hotel accommodations (bed and breakfasts, guesthouses, safari lodges and camps within South African National Parks) for the 2010 FIFA World Cup South Africa™. The booking engine is found at https://ams.match-ag.com/match-pty-booking/.

Match Hospitality is run by Fifa president Sepp Blatter's nephew Philippe Blatter, through his sports marketing company Infront.

However, fans attending the World Cup can also use other avenues to secure accommodation. There are many hotels and other establishments that did not sign up with MATCH. We suggest you contact Greenlife Africa Safaris on info@greenlife.co.za or visit their main web portal www.e-gnu.com, which lists 250 South African accommodation establishments. This company has 20 years experience in the local travel and safari industry, offers discounted rates and has accommodation available for the World Cup.

There are also a number of web sites offering villa, house and apartment rentals. We suggest searching on google. There are also listings on gumtree and kijiji.com. Be sure to use a company with credentials and make sure there is a proper agreement in place with the agency or home owner.

1.3 FLIGHTS

Flights will be expensive and hard to acquire during the World Cup period, so make reservations as early as possible and be prepared to pay a premium. It is an unfortunate reality. However, some airlines have now reduced their fares, such as Emirates, which if offering flights from New York to Johannesburg from US$2000. SAA and BA have now both reduced their fares to around GBP 1 100 from London. View the latest news and updates on flight deals and accommodation at www.e-gnu.com/2010advice.html.

Flight arrival and departure times can be checked online at www.acsa.co.za or ☏ 086 727 7888.

1.3.1 INTERNATIONAL FLIGHTS

There are flights to and from South Africa from Europe, North America, South America, Australia, Asia and the Middle East. Johannesburg is the main gateway city with flights from all continents.

Cape Town is connected to the UK, Europe, South America and Middle East while Durban is connected only to the Middle East. Details and frequency of international flights into South Africa appear on the next page.
International Flights into Johannesburg:

ABU DHABI United Arab Emirates - 1 times Daily, operated by Etihad Airways
AMSTERDAM Netherlands - 1 times Daily, operated by KLM
ATLANTA United States of America - 1 times Daily, operated by Delta
BUENOS AIRES Argentina - 5 times Weekly, operated by Air Malaysia and South African Airways
DOHA Qatar - 1 times Daily, operated by Qatar Airways
DUBAI United Arab Emirates - 3 times Daily, operated by Emirates and South African Airways
FRANKFURT Germany - 2 times Daily, operated by Lufthansa and South African Airways
HONG KONG Hong Kong - 2 times Daily, operated by Cathay Pacific and South African Airways
ISTANBUL Turkey - 4 times Weekly, operated by Turkish Airlines
JEDDAH Saudi Arabia - 2 times Weekly, operated by Saudi Arabian Airlines
KUALA LUMPUR Malaysia - 5 times Weekly, operated by Air Malaysia and South African Airways
LISBON Portugal - 2 times Weekly, operated by TAP Portugal
LONDON United Kingdom - 5 times Daily, operated by British Airways, SAA and Virgin Atlantic
MADRID Spain - 5 times Weekly, operated by Iberia
MELBOURNE Australia - 2 times weekly, operated by Virgin Australia
MUNICH Germany - 1 times Daily, operated by South African Airways
NEW YORK United States of America - 1 times Daily, operated by South African Airways
PARIS France - 1 times Daily, operated by Air France
PERTH Australia - 5 times Weekly, operated by South African Airways
SAO PAULO Brazil - 1 times Daily, operated by South African Airways
SINGAPORE Singapore - 1 times Daily, operated by Singapore and South African Airways
SYDNEY Australia - 6 times Weekly, operated by Qantas and South African Airways
TEL AVIV Israel - 3 times Weekly, operated by El AL
WASHINGTON United States of America - 1 times Daily, operated by South African Airways
ZURICH - 1 times Daily, operated by Swiss and South African Airways

International Flights into Cape Town:

AMSTERDAM Netherlands - 1 times Daily, operated by KLM
BUENOS AIRES Argentina - 2 times Weekly, operated by Air Malaysia
DOHA Qatar - 4 times Weekly, operated by Qatar Airways
DUBAI United Arab Emirates - 1 times Daily, operated by Emirates and South African Airways
FRANKFURT Germany - 1 times Daily, operated by Lufthansa and South African Airways
ISTANBUL Turkey - 4 times Weekly, operated by Turkish Airlines
KUALA LUMPUR Malaysia - 2 times Weekly, operated by Air Malaysia
LONDON United Kingdom - 3 times Daily, operated by British Airways and South African Airways

International Flights into Durban:

DUBAI United Arab Emirates - 1 times Daily, operated by Emirates and South African Airways

1.3.2 REGIONAL FLIGHTS

South Africa is connected to 44 African and Indian Ocean destinations, with most flights routing into Johannesburg. The biggest carrier is South African Airways. Check the contact pages in Section 8.3 for Airline web sites and contact details. Africa and Indian Ocean cities with flights into South Africa are:

ABIDJAN Cote D'Ivoire; ACCRA Ghana; ADDIS ABABA Ethiopia; ANTANANARIVO Madagascar; BAMAKO Mali; BEIRA Mozambique; BLANTYRE Malawi; BRAZAVILLE Congo – Brazzaville; BULAWAYO Zimbabwe; CAIRO Egypt; COTONOU Benin; DAKAR Senegal; DAR ES SALAM Tanzania; DOULA Cameroon; ENTEBBE Uganda; FRANCISTOWN Botswana; GABORONE Botswana; HARARE Zimbabwe; KASANE Botswana; KILIMANJARO Tanzania; KINSASHA Congo Brazzaville; LAGOS Nigeria; LIBREVILLE Gabon; LILONGWE Malawi; LIVINGSTONE Zambia; LUANDA Angola; LUBUMBASHI Congo Brazzaville; LUSAKA Zambia; MANZINI Swaziland; MAPUTO Mozambique; MASERU Lesotho; MAUN Botswana; MAURITIUS Mauritius; NAIROBI Kenya; NDJANEMA Chad; NDOLA Zambia; PEMBA Mozambique; REUNION Reunion; SEYCHELLES Seychelles; VICTORIA FALLS Zimbabwe; VILANCULOS Mozambique; WALVIS BAY Namibia; WINDHOEK Namibia; ZANZIBAR Tanzania
1.3.3 DOMESTIC FLIGHTS

South Africa has a busy and well serviced domestic air network. The main cities of Johannesburg, Cape Town and Durban have numerous daily flights. Airlines operating the domestic routes are mainline carriers South African Airways and British Airways and budget airlines Mango, Kulula, 1Time and Interlink. Flight times are from 30 minutes to 2.5 hours. Cities in South Africa served by the domestic airline network are:

BLOEMFONTEIN
CAPE TOWN
DURBAN
EAST LONDON
GEORGE
HOEDSPRUIT
JOHANNESBURG
KIMBERLEY
LANSERIA
MALA MALA
MARGATE
MMABATHO
NELSPRUIT
PHALABORWA
PIETERMARITZBURG
POLOKWANE
PORT ELIZABETH
RICHARDS BAY
UMTATA
UPINGTON

WORLD CUP TRAVEL PLANNER

1. Skeleton Coast  
2. Kaokoland  
3. Etosha National Park  
4. Damaraland  
5. Namib Desert  
6. Chobe National Park  
7. Okavango Delta  
8. Makgadikgadi Pans  
9. Victoria Falls  
10. Hwange National Park  
11. Lake Kariba  
12. Mana Pools NP.  
13. South Luangwa NP.  
14. Quirimbas Archipelago  
15. Bazaruto Archipelago  
16. Malaria Free Safari North  
17. Kruger National Park  
18. Hluhluwe Game Reserve  
19. Kalahari  
20. Malaria Free Safari South  
21. Garden Route  
22. Cape & Winelands
1.4 CAR HIRE

Transport is going to be a problem at the World Cup. It is advisable to rent a car instead of relying on public transport. We recommend booking with Africa Car Hire at www.africa-car-hire.com, which offers the most competitive rates with three of the large car hire firms, First Car Rental, Hertz and Thrifty.

We strongly suggest that you take a full Insurance package when renting a vehicle in South Africa.

Other large car rental firms in South Africa are Avis and Europcar.

1.5 RAIL

South Africa has a large rail network, but the standard of service and carriages on metropolitan routes is well below First World levels. It is strongly recommended that fans only travel on First Class carriages in the cities, and even then, be sure to travel in a group and to be vigilant.

On the long haul and overnight routes, you can travel in second class carriages, as these trains are much safer and of a better standard.

Metrorail operates trains in the metropolitan areas. Visit their web site at www.metrorail.co.za.

On long haul routes between cities, especially Johannesburg, Cape Town and Durban, there is a wide choice, from the world famous Blue Train (www.bluetrain.co.za) and elegant Rovos Rail (www.rovos.com).

The state run Spoornet operates the new Premier Classe (www.premierclasse.co.za) and the affordable Shosaloza Meyl (www.shosholozameyl.co.za), both of which are efficient, clean and cost effective.

For the best rates on booking either the Blue Train or Rovos Rail, contact Greenlife Africa Safaris on info@greenlife.co.za.

1.6 BUS/COACH SERVICES

South Africa has a number of long haul inter city bus companies linking all the major cities and towns and this can be a cost effective way of getting between host cities, particularly where the distances are not too great. Listed below are the contact details for some of the major bus companies. Most offer an online booking platform.

INTERCAPE is the largest privately owned intercity passenger transport service in Southern Africa. With an outstanding record of safety, service and reliability. ☎ 0861 287 287 or 021 380-4400 www.intercape.co.za

GREYHOUND links all major cities in Southern Africa and providing a service of superior quality with a personal touch to customers. ☎ 083 915 9000 www.greyhound.co.za

TRANSULX is a leading inter-city operator, with luxury inter-city coach routes running between the major centers in South Africa. ☎ 0861 589 282 or 011 774-3333 www.translux.co.za

SA ROADLINK provides affordable long-distance, intercity travel a reality for persons who could previously only make use of taxis and semi-luxury buses. ☎ 011 333 2223 www.saroadlink.co.za

BAZ BUS has a fleet of 19-seater semi-luxury buses, all with on-board TVs & videos and trailers capable of carrying surfboards and bicycles. ☎ 021 439 2323 www.bazbus.co.za

Bookings for inter city buses can also be made on the portal www.computicket.com

1.7 BOOKING SAFARI ADD-ON TOURS

Just about every football fan will want to view South Africa’s famous wildlife reserves, of which the Kruger National Park is the best known. Within the greater Kruger area are the private reserves of Sabi Sand and Timbavati, without doubt the best safari experiences in the country. This area is easily accessed from host cities Nelspruit and Polokwane, as well as by air from Johannesburg.

Closer to Johannesburg and Pretoria are the malaria free regions of Waterberg and Madikwe, while from
Port Elizabeth, fans can easily visit the Addo Elephant Park, which is also Big Five territory and malaria free.

From Durban, fans can easily access Hluhluwe-Umfolozi reserve in Zululand. Contact Greenlife Africa Safaris on info@greenlife.co.za and one of their consultants will work out the best safari solution based on your matches and time available.

For the most rewarding experience, it is advisable to spend at least 2 or 3 nights in a wildlife region. If time does not permit this, there are possibilities for day tours into some national parks, particularly from Nelspruit into the Kruger Park, and Johannesburg, Pretoria and Rustenburg into Pilanesberg Game Reserve.

Contact Greenlife Africa Safaris on info@greenlife.co.za if you want to book day tours out of one of the Host Cities.

1.8 BOOKING BEACH AND OTHER ADD-ON GETAWAYS

World Cup will be hosted in the southern hemisphere winter, so don’t expect to be basking on sundrenched beaches. If you want a beach holiday, the best area will be Durban and the sub tropical beaches north of the city. Alternatively, consider Mozambique for a beach break before or after your matches.

Cape Town has a winter rainfall, but between the rainy days are often gloriously warm sunny days, when you can nip down to one of the city’s landmark beaches and soak up the rays.

Once again, if you are wanting some time on the beaches or any other holiday destination, contact Greenlife Africa Safaris on info@greenlife.co.za and one of their consultants will work out the best area and accommodation based on your matches and time available.

1.9 PASSPORT REQUIREMENTS

**Very Important:** Anyone travelling to South Africa must have two consecutive blank pages in their passport which lie side by side when the passport is open (i.e. a left and a right hand page).

Passports must also be valid for at least six months after the date of travel. Passengers travelling to South Africa with passports which do not comply with these requirements, will either be stopped from boarding the aircraft or risk deportation upon arrival in South Africa.

In addition, a parent travelling with children, WITHOUT the other parent, will need a letter of consent from the absent parent. The police must certify the letter of consent. Visitors must have a return ticket.

1.10 VISAS

Citizens of the following countries do NOT require a visa to enter South Africa on holiday:

- Argentina
- Australia
- Austria
- Belgium
- Botswana
- Brazil
- Canada
- Chile
- Czech Republic
- Denmark
- Ecuador
- Finland
- France
- Germany
- Greece
- Iceland
- Ireland
- Israel
- Italy
- Jamaica
- Japan
- Liechtenstein
- Luxemburg
- Malta
- Monaco
- Netherlands
- New Zealand
- Norway
- Paraguay
- Portugal
- San Marino
- Singapore
- Spain
- St Vincent & the Grenadines
- Sweden
- Switzerland
- United Kingdom
- Uruguay
- Venezuela
- United States of America

Soccer fans that have tickets to the 2010 FIFA World Cup and needed a visa to visit South Africa will now be able to obtain them for free on entering South Africa, according to a recent government announcement. Fans from Mexico and Nigeria would probably make the most use of the special free visa. Special queue lanes would also be set up for fans visiting the country during the World Cup, to ensure fast processing. For more info and further details on visas, visit www.home-affairs.gov.za/visa_detail.asp

For more info and further details on visas, visit www.home-affairs.gov.za/visa_detail.asp
1.11 MONEY, TRAVELER CHEQUES, CASH PASSPORT & CREDIT CARDS

With the exception of South Africa and Namibia, the preferred - and in some cases only - acceptable currency in the region is the US Dollar.

In South Africa and Namibia, US Dollar, Pound Sterling, Euro and South African Rand are accepted as cash. Therefore, any cash payments to camps for curios, or gratuities to guides or staff, need to be in one of these currencies. Rand and US Dollar are best.

Travellers’ cheques in any major currency are acceptable. A good alternative is a preloaded Cash Passport, issued by Travelex or Thomas Cook.

Visa and MasterCard are generally accepted throughout the region, but many shops and businesses do not accept American Express and Diners Club due to their high charges.

In Zimbabwe, Cash is King and small denominations of US$ notes should be taken.

Note that Credit cards cannot be used to purchase fuel/petrol if one is self-driving, but Debit Cards can be used for purchasing fuel. Petro/garage/fuel cards are also accepted.

**NB Advice:** South Africa has just issued a new R200 note, pictured at lower right. The old R200 is no longer accepted as legal tender and would need to be exchanged at a branch of the central Reserve Bank. To avoid confusion, try not to accept R200 notes, and when withdrawing money from a machine, select R100 or R50 notes as your preferred option.

1.12 VACCINATIONS

The only vaccination that is compulsory is for those travellers arriving FROM a Yellow Fever area. Vaccinations are recommended (but not compulsory) for Typhoid and Hepatitis A.

The table below is a guideline. Speak to a doctor first, as travellers have different requirements & concerns.

<table>
<thead>
<tr>
<th>Disease</th>
<th>Recommendation</th>
<th>When to see a doctor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Typhoid</td>
<td>Vaccination recommended</td>
<td>10 days before travel</td>
</tr>
<tr>
<td>Hepatitis A</td>
<td>Vaccination recommended</td>
<td>2 weeks before travel</td>
</tr>
<tr>
<td>Diphtheria</td>
<td>Sometimes recommended</td>
<td>3 months before travel</td>
</tr>
<tr>
<td>Tuberculosis</td>
<td>Sometimes recommended</td>
<td>3 months before travel</td>
</tr>
<tr>
<td>Hepatitis B</td>
<td>Sometimes recommended</td>
<td>2 months before travel</td>
</tr>
<tr>
<td>Cholera</td>
<td>Sometimes recommended</td>
<td>2 weeks before travel</td>
</tr>
<tr>
<td>Yellow Fever</td>
<td>Certificate of vaccination required if arriving from an infected area</td>
<td>10 days before travel</td>
</tr>
</tbody>
</table>

1.13 TRAVEL INSURANCE

It is essential to ensure you have adequate travel insurance when visiting Africa. Check your existing insurance policies before purchasing additional travel insurance to cover trip cancellation, lost luggage, medical expenses, or car rental insurance, as you are likely to have partial or complete coverage. Speak to your insurance broker or get further information or buy travel insurance at one of these popular insurers:

- Europ-Assistance (☎ UK: 0844 338 5533) [www.europ-assistance.co.uk](http://www.europ-assistance.co.uk)
- Access America (☎ USA: 800/284-8300); [www.accessamerica.com](http://www.accessamerica.com)
- Travel Guard International (☎ USA: 800/826-1300) [www.travelguard.com](http://www.travelguard.com)
- Travel Insured International (☎ USA: 800/243-3174) [www.travelinsured.com](http://www.travelinsured.com)
- Travelex Insurance Services (☎ USA: 800/228-9792) [www.travelex-insurance.com](http://www.travelex-insurance.com)
Make sure that any insurance you take out covers Cancellation and Curtailment (if you have to cancel or alter your plans) and Baggage & Money Insurance, particularly for photographic equipment and valuable items.

If you anticipate an insurance claim upon your return, be sure to document as accurately as possible any accident, injury or loss. Doctor’s notes and police reports will aid any claim.

1.14 MEDICAL INSURANCE

It is essential to have full medical, emergency evacuation and repatriation cover for the period of time you are away. Although this is covered by various schemes, a more cost effective option may be available through your local travel agent.

You need to ensure that Medical Insurance is structured specifically for travel to Africa and covers all the essential elements for emergency medical insurance, and is underwritten by an insurance giant.
SECTION 2: ON ARRIVAL

2.1 INTERNATIONAL GATEWAY AIRPORTS

Johannesburg is the main entry point into South Africa, followed by Cape Town and Durban. Most travellers will arrive in Johannesburg and proceed on to other host cities from there. These airports have all undergone massive development in the run to World Cup and are now of world class standards.

2.1.1 JOHANNESBURG:
O.R. Tambo International (JNB)

24km (15 miles) east of the city (travel time – 35 minutes). Airport facilities include incoming and outgoing duty-free shops, post office, car hire, bank/bureau de change (24 hours), restaurant and bar (1000-2400). Bus services to Pretoria and Johannesburg are available. Buses link Kempton Park with Johannesburg. Taxis are available. Courtesy coaches are operated by some major hotels.

Flight information ☏ 086 727 7888

MAP SHOWING ACCESS TO O.R. TAMBO INTERNATIONAL AIRPORT, JOHANNESBURG
2.1.2 CAPE TOWN:
Cape Town International (CPT)

22km (14 miles) east of the city (travel
time – 25 minutes). Airport facilities
include outgoing duty-free shop, car hire,
bank/bureau de change (0830-1630
Monday to Friday, 0830-1200 Saturday)
and restaurants/bars (0600-0305). Inter-
Cape buses meet all incoming and
outgoing flights. Courtesy buses are
operated by some hotels. Taxis are
available, with a surcharge after 2300.
Flight information ☏ 086 727 7888
2.1.3 DURBAN:
King Shaka International and Durban International Airports

King Shaka International Airport (KSIA), also known as La Mercy Airport (after the area in which it is situated), is now the primary airport serving Durban, South Africa. Located approximately 35 kilometres (22 mi) north of the city centre, it opened on May 1, 2010.

Durban International Airport (DIA), located just south of the city, is now closed to commercial flights.

Flight information ☎ 086 727 7888

2.2 OTHER HOST CITY AIRPORTS:
(Flight information for all airports ☎ 086 727 7888)

2.2.1 Port Elizabeth (PLZ) (Port Elizabeth International) is 5km (3 miles) from the city (travel time – 10 minutes).
Airport facilities include automated teller machine, conference facilities, information desk (0600-2200 Monday to Friday; 0700-2100 Saturday; 0800-2210 Sunday) restaurants and pubs, shops, a pharmacy, postal services, car hire. Airport shuttle bus to the main international hotels in Port Elizabeth. Taxis are also available.

2.2.2 Bloemfontein (BFN) (Bloemfontein Airport), 10km (6 miles) east of the city (travel time – 15 minutes).
Airport facilities include automatic teller machine, restaurants, car hire and conference facilities. Airport shuttle bus to the city centre (leaving from outside the airport building). Taxis are also available.

2.2.3 Nelspruit (KMIA) (Kruger Mpumalanga International Airport) is 23km (14 miles) from Nelspruit, 44km (28 miles) from the Numbi Entrance Gate of Kruger Park and within close vicinity of the major game lodges in the area. Recently opened, the airport facilities are created over a period of time can accommodate Boeing 737,747,767 and Airbus series.

2.2.4 Polokwane International Airport or Gateway Airport (PTG) is an airport serving the city of Polokwane (known until 2005 as Pietersburg) in the South African province of Limpopo. The airport is located 5 km north of the city. It opened in 1996 on the site of a former Air Force Base. The airport has scheduled flights to Johannesburg, with four flights on weekdays, one flight on Saturday and two on Sunday. It handles approximately 5,000 aircraft and 38,000 passengers per year.

2.2.5 Pilanesberg/Sun City Airport (NTY), just outside Africa's premier luxury resort, Sun City, is also a gateway to game reserves, world-class championship golf courses and many other activities in the North West Province. It is a small airport and will probably only handle charter flights for World Cup.

2.3 OTHER SOUTH AFRICAN AIRPORTS

2.3.1 Lanseria Airport (HLA) is a privately owned international airport that is situated in the north west of Johannesburg, South Africa. The airport can handle aircraft up to the Boeing 757-300 and Airbus A319. Although the passenger throughput is not as high as OR Tambo International Airport, Lanseria handles more aircraft movements (take-offs and landings) per year than any other airport in Africa.

2.3.2 Wonderboom Airport (FAWB) in Pretoria is expected to be used extensively during the 2010 FIFA World Cup to transport fans and FIFA delegates to and from the host city. The airport will be able to operate scheduled flights from host city to host city to cater for travelling fans as well as charter flights between host cities and places of accommodation. From the airport, fans can easily be integrated into other modes of transport such as rail, buses and taxis to get the soccer match venue.
2.3.3 **Phalaborwa Airport (PHW)** serves the town of Phalaborwa in Limpopo province and is located near Kruger National Park. The airport resides at an elevation of 1,432 feet (436 m) above mean sea level. It has one runway designated 01/19 with an asphalt surface measuring 1,373 by 18 metres (4,505 ft × 59 ft).

2.3.4 **Hoedspruit (HDS)** is an airbase of the South African Air Force. It is located adjacent to the Kruger National Park. In the late 1990s an unused portion of the base was converted into a civilian airport known as Eastgate Airport. It is also an emergency landing site for the Space Shuttle. Eastgate Airport services daily scheduled flights from Johannesburg and connecting flights from Cape Town, operated by South African Express Airways. Eastgate Airport is also ideally suited to the handling of private charter flights.

2.4 **TRANSPORT**

2.4.1 **TAXIS**

There are two types of taxis operating in South Africa – the conventional metered taxis and the omnipresent mass market commuter minibus taxis.

Conventional metered taxis are generally safe to take in the cities but it is a good idea to ask the place you are staying with if they have a regular taxi that they use. A few tips:

- Don’t get into a taxi that does not have a valid taxi registration number stuck on the windscreen.
- Prices start at about R8 per km but you can ask for a fixed price. Taxis often pick up multiple passengers along their route so don’t be surprised to find yourself with other passengers.

Minibus taxies are used by most of South Africa as the normal means of transport. They are normally 16 seater vehicles with a Minibus taxi association sticker on the back. They are normally safe to take if you know where they are going. Overloading is common. In rural areas mini bus taxis are often the only way to get to a place unless you have your own car. Don’t get into an overloaded taxi or one that is in bad condition.

See the individual City Guides in Section 4 for contact numbers of Taxis in the World Cup host cities.

2.4.2 **RAPID BUS TRANSIT SYSTEMS.**

The Integrated Transport Plan for host cities’ Cape Town, Pretoria (Tshwane), Durban, Bloemfontein and Port Elizabeth is part of the government’s commitment to provide fast, safe, quality, affordable public transport to and from host stadia.

The BRT routes have been designed to link up with the inner-city distribution systems and various other development nodes and residential areas. The buses run in dedicated lanes and have their own terminals and facilities along the routes. In Johannesburg, the system is known as Rea Vaya [www.reavaya.org.za](http://www.reavaya.org.za).

2.4.3 **GAUTRAIN**

Gauteng is the state-of-the-art rapid rail network linking O R Tambo International Airport with the northern suburbs of Johannesburg. Passengers can look forward to enjoying all the benefits of a world-class public transport system. Having access to a train every 12 minutes and 120 buses to service stations, Gautrain will bring unprecedented convenience and reliability. The journey between the airport and Sandton takes only 15 minutes. The service began operation one week prior to World Cup kickoff, with the fare between the airport and Sandton set at R100. Check their web site [www.gautrain.co.za](http://www.gautrain.co.za) for updates and schedules.

2.4.4 **OTHER RAIL**

South Africa’s suburban rail network is operated by Metrorail, and will provide a reasonable transport solution to some World Cup visitors. There are safety concerns on this rail network, so try to travel in a group and be extra vigilant. Only travel in First Class carriages (which are equivalent to third class in most industrialized nations) There will be added security on these trains during the World Cup. Timetables and further information can be found on their web site [www.metrorail.co.za](http://www.metrorail.co.za).
2.4.5 CAR HIRE

There is very little chance of renting a car after your arrival, so ensure you have reserved a vehicle prior to departure. We recommend booking with Africa Car Hire, which offers the most competitive rates with three of the large car hire firms, First Car Rental, Hertz and Thrifty. Visit their web site at www.africa-car-hire.com.

We strongly suggest that you take a full Insurance package when renting a vehicle in SA.

Other large car rental firms in South Africa are Avis www.avis.co.za, Europcar www.europcar.co.za and Budget www.budget.co.za.

2.5 SAFETY

Much has been said about crime in South Africa in the run-up to World Cup. While some of it may be true, it is patently false to claim that most travellers will be endangered during their stay.

By following common sense principles - as one would do when visiting any new country - you can enjoy a crime free World Cup. Remember, there will also be thousands of additional security personnel deployed around stadia and other strategic areas. Follow our advice below:

2.5.1 SAFETY ON ARRIVAL

Airports are one of the most common places to get in trouble as you are often distracted and tired. Make sure you keep your bags with you and only accept help is the person is from an airport company or airline. Never take cabs that have been recommended by people standing outside the airport terminal. They will often charge too much or not take you to the correct destination.

2.5.2 SAFETY DURING YOUR STAY

You need to take into account that the focus of crime in South Africa is seldom on tourists, but we suggest you do not venture into unsafe places, particularly at night. Be aware of your surroundings at all times and be vigilant. Do not carry expensive equipment like digital cameras visibly. Don’t wear lots of expensive jewellery. Make sure your passport is safe and not in your backpack when walking around public places. Try and keep a backup credit card and cash in a safe at the place you are staying.

When travelling within South Africa ensure you have a map and avoid travelling in the dark. It is best to be a member of the AA (breakdown backup) if you are using your own car or a borrowed car. If you have a rental car make sure you have their number with you. Drive with your doors locked and do not wind down windows to give money to beggars or anyone attempting to attract your attention at traffic lights and intersections. Do not stop to assist “broken-down” drivers or people holding out petrol cans etc.

The blood alcohol limit is 0.05 % - two beers is about the average for a male to at the legal limit! Driving under the influence of alcohol or drugs is a criminal offence and convicted drivers could have their driver’s license suspended for six months or face up to six years in jail! Spending a night in a South African jail could be a horrendous experience, so please use public transport or taxis if you are out drinking.

You can get a South Africa SIM card for your cell phone for about R5, and if your phone is locked you can get it unlocked for about R200. It is always wise to keep a cell phone with you while travelling.

2.5.3 ATM and CREDIT CARD SAFETY

There are numerous ATM locations in the major cities of South Africa, but fewer in regional and rural areas. Be careful when at ATM’s and do not accept help from strangers. Try to use an ATM in a highly visible location, such as banks, shops and shopping centres. Avoid ATMs that open onto the street. You should keep withdrawals from ATMs to a minimum and refuse offers of help at ATMs. Make sure no one is trying to
look over your shoulder while you key in your PIN.

Credit card fraud has been a problem in South Africa, as mobile phones and card skimmers have been used to copy credit card details. Never let your Credit Card out of your sight. In restaurants, the staff will bring a mobile terminal to your table and process the transaction in front of you. If they do not have one, accompany the waitron to the pay point and watch your card carefully at all times.

It is best to carry a back up credit card, that you leave in your hotel safe along with your passports and any other valuables. If your card is stolen, it is vital to cancel it immediately. Secure all ATM and credit card payment slips. Write the contact number for your banks in the personal form on page 75 of this document.

Below are numbers to report lost or stolen bank cards from within South Africa. These operate 24/7.

**Visa** – Toll Free from within South Africa: ☏ 0800-990-475
**MasterCard** - Toll Free from within South Africa: ☏ 0800-990-418
**Amex** - Toll Free from within South Africa: ☏ 0800 110 929
**Diners Club** - Toll Free from within South Africa: ☏ 0860-DINERS

### 2.5.4 ON THE STREETS/CLUBBING/EATING OUT ETC

Please read the General Safety advice in Section 2.5.1 and 2.5.2. Cape Town, Johannesburg and Durban have a very vibrant club scene catering to all types and tastes.

Frequent clubs and bars in popular areas rather than venturing into the dark back streets. Try to walk in a group of people, even in busier areas, and never walk city streets alone at night. Do not keep your wallet or mobile phone in a back pocket or unattended handbag. Rather use a money belt. Observe our advice on paying by credit card in section 2.4.3

We advise against anyone venturing into townships (informal settlements around cities) at night. Remember also that driving under the influence of alcohol or drugs is not tolerated – two beers is the maximum an average male can drink before reaching the legal blood alcohol limit of 0.05 %.

You will find our great advice on clubs, bars and restaurants in the City Guides in Section 4.

### 2.5.5 HIV/AIDS

HIV/AIDS is prevalent in Southern Africa and it is best to be informed and protect yourself. When having sex always use a condom and avoid having unprotected oral sex. If you are treating wounds always use medical gloves. Do not share razors, needles or anything else that has drawn blood or been exposed to blood. Seek medical advice if necessary. There is a lot of information available so make sure you are informed and aware. South Africa provides free condoms in most public paces but it is safer to use a recognized brand.

Never have sex with prostitutes who walk the streets – this is where you are most likely to contract a disease. If using the services of sex workers, ensure that you are visiting a clean venue where the workers are regularly tested for STD’s and HIV.

### 2.5.6 POLITICAL AND RACIAL SITUATION IN SOUTH AFRICA

Much has been written about crime in South Africa following the brutal murder of a notorious ultra right wing white leader, Eugene Terre’Blanche, over the Easter weekend. It would be spurious to claim that racial harmony has not been damaged as a result of this attack by his own workers. However, some foreign media have posted articles in the past days that were grossly misleading, such as a UK tabloid, whose hysterical headline screamed “Murder ‘could spark race war at the World Cup’”.

Of course, the insensitive and racially-charged ranting and ravings of Julius Malema – a rather boorish but politically powerful firebrand in South Africa – has further stoked the media frenzy over safety concerns in the country. The bottom line is that South Africa has risen above worse racial rhetoric and tension in the
past, and will again shake off attempts at racial polarisation through the thoughtless words of a few fools.

The overwhelming majority of South Africans are decent law abiding citizens who wish to get on with their lives and celebrate the World Cup with fans from all over the world. Racial confrontations and tension on the streets, in bars and restaurants do not occur and the country is possibly one of the most culturally tolerant societies in the world. Furthermore, let us not forget the power that sport has to unite citizens.

However, crime does occur, but it does not mean that it is racially based! Stick to our safety guidelines in this section and you should certainly enjoy a peaceful World Cup.

SECTION 3: ROUTE DESCRIPTIONS FOR SELF-DRIVING

3.1 CAPE TOWN - JOHANNESBURG

3.1.1 Direct Route N1

Total distance: +/- 1,405 km
Suggested duration: 2 days
Depart from Johannesburg on the N1 south following signs to Bloemfontein. The first major town is Kroonstad, 207km; through to Ventersburg to Winburg, 93km. Continue on to Bloemfontein, 95km. The N1 bypasses the city to the north. From Bloemfontein continue on the N1 to Colesberg, 207km. On leaving Colesberg turn right onto the N1 following signs to Beaufort West and Cape Town (if you miss this turnoff you will travel to Middleburg on the N9). The next major town is Beaufort West, 316km via Hanover and Three Sisters. Continue on the N1 from Beaufort West to Laingsburg, 226km. Continue on to Touwsrivier, 62km; De Doorns, 76km and then down the scenic Hex River Pass through picturesque vineyards to Worcester, 39km.

From Worcester continue down Du Toit’s Kloof Pass through the toll tunnel to Paarl. Bypass Paarl on the right and continue to Cape Town, 44km.

3.1.2 Via Kimberley

Total distance: +/- 1,430 km
Suggested duration: 3 days
Travel west on the N1 ring road around Johannesburg to the N12 to Kimberley signs. Travel 106km to Potchefstroom and on to Klerksdorp, 47km; to Wolmaranstad, 86km; to Bloemhof, 64km; Warrenton, 52km and through to Kimberley. Excursions around Kimberley can include: The Big Hole diamond diggings and diamond museum near the centre of town. The McGregor Museum featuring excellent siege and Anglo Boer War exhibits, diamond-mining history along with some exceptional photography collections. Nearby the Anglo Boer War battlefields of Magersfontein, Modder River and Paardeberg. These battlefield sites have been especially prepared for the centenary commemoration of the Anglo Boer War – 1899 – 1902.

From Kimberley continue south on the N12 to Hopetown, 122km; Britstown, 131km; Victoria West, 105km; and through to Three Sisters, 61km. At this point the N12 joins with the N1 from Bloemfontein. Continue for 78km to Beaufort West. Close to the town, a short excursion to the Karoo National Park. Continue on the N1 out of Beaufort West to Laingsburg, 226km. 27km from Laingsburg turn left into the historic restored village of Matjiesfontein. Return to the N1 and continue on to Touwsriver, 62km; De Doorns, 76km and then down the scenic Hex River Pass through picturesque vineyards to Worcester, 39km. From Worcester continue down Du Toit’s Kloof Pass through the toll tunnel to Paarl. Bypass Paarl on the right and continue to Cape Town, 44km.

3.1.2 Via George

Total distance: +/- 1,605 km
Suggested duration: 3 days
Depart from Johannesburg to the N1 south following signs to Bloemfontein. The first major town is Kroonstad, 207km; through to Ventersburg to Winburg, 93km. Continue on to Bloemfontein, 95km. The N1 bypasses the city to the north. From Bloemfontein continue on the N1 to Colesberg, 207km. Pass through the village of Colesberg where the N1 direct route to Cape Town turns off to the right, continue on the N9 to Middelburg, 97km. Then to Graaff-Reinet, 106km. From Graaff-Reinet visit the Valley of Desolation and the Karoo Nature Reserve both of which are situated close to the town. Continue on the N9 past Aberdeen to Willowmore, 172km through to the point where the N9 joins the N12, 178km north of George. For an excursion turn right on the N12 to visit the Ostrich farms and the famous Cango Caves. Return on the same N12 south to George, 63km. From George travel west on the N2 through Mossel Bay, 45km to Riversdale, 84km, then through Heidelberg to Swellendam, 84km and on to Caledon, 108km. Continue on the N2 for 21km where the R44, turnoff to the left will take you on an excursion to Hermanus, this is a famous whale watching town. Return to the N2 and continue through Grabouw to Sir Lowry’s Pass and on to Cape Town passing Somerset West on the right and later on Cape Town International Airport.
3.2 CAPE TOWN – PORT ELIZABETH

The Scenic Leisure Route for Self-drive visitors:
Total distance: +/- 760 km
Suggested duration: 3 to 4 days

We can arrange your rent-a-car at one of our Cape Town offices.
Depart from Cape Town on the N2 east; pass Cape Town International Airport following signs to Somerset West. Bypass Somerset West; continue on the N2, cross over Sir Lowry’s Pass, through the village of Grabouw to Caledon (see excursion 1). From Caledon continue on, passing through Swellendam, Heidelberg and Riversdale to Mossel Bay, 292km from Cape Town. From Mossel Bay continue on to George, 45km (see excursion 2). From George the N2 passes through the lake district to Knysna, 71km, a beautiful holiday and timber manufacturing town. Visit "The Heads" where the sea passes through narrow cliffs at the mouth of the lagoon. From Knysna, a short drive to Plettenberg Bay, 36km. Superb beaches and hiking on Robben Island.
From Plettenberg Bay continue on the N2, through a toll plaza towards Humansdorp (see excursion 3). Bypass Humansdorp (see excursion 4). Continue on to Port Elizabeth, 71km on the N2 (see excursion 5).

EXCURSION 1:
From the village of Grabouw travel 23km down the short Houwhoek Pass. At the foot of the pass turn right onto the R44 (turning later onto the R43) following the signs to Hermanus, 31km. Hermanus is a resort town famous for the whales which come into the bay every year to calf. Excellent beaches and cliff top walks. Return to the N2 and continue eastwards.

EXCURSION 2:
At George take the N12 north, climbing up the Outeniqua Pass to Oudtshoorn, 63km. Visit the world famous Cango Caves and Ostrich farms in the area. Return to George and the N2.

EXCURSION 3:
70km from Plettenberg Bay follow the sign to the right to Storms River, a short drive through indigenous forest to some spectacular coastal scenery with a foot bridge over the river mouth. Return to the N2. Super picnic site.

EXCURSION 4:
Turn off the N2 into Humansdorp and travel 22km to the resort villages of St Francis Bay and Cape St Francis. Part of the resort is built on canals. Superb beaches on the sea front. Return to the N2.

EXCURSION 5:
Pick up the Jeffries Bay turnoff between Humansdorp and Port Elizabeth. Turn right towards the coast and travel a short distance to Jeffries Bay, 9km. The village is famous for the quality of surfing, offering some of the longest wave rides in the world. Return to the N2.

3.3 DURBAN – JOHANNESBURG

3.3.1 Direct Route N3
This is the most simple direct route for visitors travelling to Johannesburg:
Total distance: +/- 590 km
Suggested duration: 1 day

Depart from Durban on the N3 to Pietermaritzburg, 78km and continue on to Harrismith, 252km via Howick, Mooi River, Ladysmith and Van Reenen’s Pass.
From Harrismith continue on the N3 to Warden, 53km to Villiers, 99km over the Vaal River and through to Johannesburg, 123km.

3.3.2 Via Bergville
Scenic Self-drive Route:
Total distance: +/- 625 km
Suggested duration: 2 days

Depart from Durban on the N3 past Pietermaritzburg, 78km to Howick and Mooi River. Just beyond the Shell Ultra City Service Station look for the R74 to Bergville, 45km. Bergville is a central point for visitors destined for the northern and central Drakensberg resorts.

From Bergville travel up the scenic Oliviershoek Pass, past the Sterkfontein Dam and through to Harrismith, 76km. From Harrismith continue on the N3 to Warden, 53km to Villiers, 99km over the Vaal River and through to Johannesburg, 123km.

3.3.3 Via Newcastle and Volksrust
Scenic leisure Route for Self-drive visitors:
Total distance: +/- 625 km
Suggested duration: 2 days

Depart from Durban after arranging your hired car on the N3 towards Pietermaritzburg, 78km. Carry on past Pietermaritzburg, past Howick and Mooi River to the N11 turning right to Ladysmith, 231km from Durban. Ladysmith is one of the principle centers of the Anglo Boer War battlefield sites. Excellent war museum. Continue out of Ladysmith on the N11 towards Newcastle for 64km to the R68, right to Glencoe and Dundee. Dundee is the centre for the Zulu War (1879) and the first Anglo Boer War battles of Talana and Elandsiaagte. The Zulu War battlefields
are at Isandlwana and Rorke’s Drift are located to the east of the town. There is an excellent museum at the Talana site. From Dundee return to the N11 and proceed to Newcastle and on to Volksrust, 95km. Just before Volksrust, the battlefields of the 1st War of Independence (1881) with the Mjuba battle site on the left. At Volksrust take the R295 left to Standerton, 82km and through to the N3 via Balfour, 111km. Turn right onto the N3 and travel north into Johannesburg.

3.4 DURBAN – NELSPRUIT

3.4.1 Direct Route
This is the Direct Route for Car Rental Visitors:
Total distance: +/- 690 km
Suggested duration:  2 days
Our Vehicle rental offices have a great variety of models to suit your requirements and budget. Depart from Durban on the N2 north following signs to Stanger, 66km to Empangeni, 112km, bypass Richard’s Bay to Mtubatuba, 51km.

At Mtubatuba, the R618 takes you to St. Lucia Village, Wetland Parks and Marine Reserve. Continue on the N2 towards Hluhluwe. A short distance from Mtubatuba turn left onto the R618 to Hluhluwe Game Park. Continue past Hluhluwe to Mkuzi, the Jozini Dam and on to Pongola. From Pongola to Piet Retief is 124km. 10km beyond Piet Retief turn right onto the R33 to Amsterdam, 47km. Continue through Amsterdam for 56km to the N17, turn right. Continue east on the N17 for 25km and turn left onto the R541 to Badplaas. At Badplaas, turn right onto the R38 to Barberton, 120km. Before you reach Barberton, the R38 joins the R40, turn left at this T junction for Nelspruit, 40km.

3.4.2 Via Dundee– Battlefields route
Scenic Leisure Route for self-drive travellers:
Total distance: +/- 798 km
Suggested duration:  3 days
We have a modern fleet of low mileage vehicles for hire at special discount rates. Our all inclusive rates include unlimited kilometres and airport surcharges. Depart from Durban on the N2 north following signs to Stanger, 66km past Mandini to the village of Gingindlovu. Turn left onto the R68 to Eshowe, 22km and Melmoth, 47km. 4km out of Melmoth, the R68 turns left to Babanango and Dundee, 167km.

Dundee is the centre of the Zulu War Battlefields – excellent museums at Dundee (Talana Museum). From Dundee head north to Vryheid continue north to Piet Retief, 107km via Paulpietersburg. From Piet Retief continue on the R33 to Amsterdam 47km. Continue through Amsterdam for 56km to the N17, turn right. Continue east on the N17 for 25km and turn left onto the R541 to Badplaas. At Badplaas, turn right onto the R38 to Barberton, 120km. Before you reach Barberton, the R38 joins the R40, turn left at this T junction for Nelspruit, 40km.

3.4.3 Via Swaziland
Scenic Route for self-drive holidays:
Total distance: +/- 820 km
Suggested duration:  3 days
Depart from Durban on the N2 north following signs to Stanger, 66km to Empangeni, 112km, bypass Richard’s Bay to Mtubatuba, 51km.

At Mtubatuba, the R618 takes you to St. Lucia Village, Wetland Parks and Marine Reserve. Continue on the N2 towards Hluhluwe. A short distance from Mtubatuba turn left onto the R618 to Hluhluwe Game Park. Continue past Hluhluwe to Mkuzi, the Jozini Dam and on to Pongola. From Pongola to Piet Retief is 124km. At Piet Retief take the R543 to the Mahamba border crossing, 48km (passports required). Cross into Swaziland and proceed on the Route 9 to Manzini via Nhlangano and Hlathikulu, 145km. At Manzini turn left onto the Route 3 to Mbabane up the Ezulwini Valley. From Mbabane continue on Route 3 for 14km to the turn off right to Pigg’s Peak, Route 1, 51km. At Pigg’s Peak turn left to the Bulembu border post (passport required) and travel down the scenic Bulembu Pass to Barberton. From Barberton take the R40 to Nelspruit, 45km.

3.5 DURBAN – PORT ELIZABETH

3.5.1 Direct Route
Scenic Self-drive Route:
Total distance: +/- 1,395 km
Suggested duration:  3 days
Depart from Durban on the N3 west, towards Pietermaritzburg on the Johannesburg N3 highway and continue on this route for 329km to Harrismith. Then take the N5 to Kestell, 46km where you should turn left onto the R57 and follow signs to the Golden Gate Highlands National Park on the R712. This is a wonderful scenic route through sandstone canyons, to the village of Clarens. From Clarens take the R711 to Foursieburg, 36km and on to Ficksburg, 48km and then on to Ladybrand, 70km. At Ladybrand turn right onto the N8 and continue on this road past Thaba Nchu to Bloemfontein, 64km.
Join the N1 north of Bloemfontein and head south-eastwards to Colesberg, 227km. A short distance beyond Colesberg the N1 to Cape Town branches to the right. At this point continue straight on the N9 to Middelburg, 93km. Turn left onto the N10. Continue on the N10 to Craddock, 98km, Somerset East, 69km, then on to the point south of Paterson (Excursion 1) where the N10 joins the N2 from East London. Turn right onto the N2 and continue to Port Elizabeth.

3.5.2 Via Transkei and East London

Direct Route along the Coast:
Total distance: +/- 970 km
Suggested duration: 2 days

We have rent-a-car offices conveniently situated around Durban. Our rates are probably the most competitive in Southern Africa.

Depart from Durban on the N2 south bypassing the many coastal resorts, towns and villages for 131km to Port Shepstone. From Port Shepstone continue on the N2 to Harding, 133km, passing the Oribi Gorge Nature Reserve on the right hand side. From Harding continue on the N2 bypassing Kokstad, 102km. At this point you enter the area formerly known as the Transkei. The road is generally unfenced presenting the danger of livestock straying onto the road.

Continue on the N2 to Umtata, 175km, then on to Butterworth, 121km and into East London, 111km. From East London continue on the N2 driving inland to King William’s Town, 61km.

Continue on the N2 through to the historical settler town, Grahamstown, 120km (Excursion 1), and then head back to the coast on the same N2 to Port Elizabeth (Excursion 2), 129km.

Excursion 1: Take the R67 to Port Alfred, 56km. From Port Alfred take the R73 coastal road to Kenton-on-Sea, Alexandria, and join the N2 at the point where the N10 meets the road.

Excursion 2: 49km from Port Elizabeth, the N10 joins the N2. Turn right onto the N10 travelling northwards for 22km, then take the R342 to the Addo Elephant National Park. From the Park proceed down the R335 towards Port Elizabeth rejoining the N2, 14km from Port Elizabeth.

3.6 NELSPRUIT - DURBAN

3.6.1 Direct Route
Self-drive Vacation Route:
Total distance: +/- 690 km
Suggested duration: 2 days

Depart from Nelspruit on the R40 south towards Barberton, travelling for 46km then turn right onto the R38 to Badplaas continue for 54km over the scenic Nelshoogte Pass. Just 1km before the village of Badplaas turn left onto the R541 to Lochiel, 68km. Turn right on to the N17 for 25km, then turn left onto the R33 to Amsterdam, 56km through scenic forests to Piet Retief. 47km from Amsterdam.

From Piet Retief take the N2 south east to Pongola, 99km. Continue on past the Jozini Dam to the village of Mkuze, 64km. At Mkuze you might wish to visit the game reserves of Northern Natal. A short distance from Mkuze on the left hand side is the Mkuze Game Reserve, extending eastwards to the Sodwana State Forest, Sodwana Bay National Park, Greater St. Lucia Wetland Park and the St. Lucia Marine Sanctuary. To reach these you will travel on gravel roads.

From Mkuze continue southwards on the N2 towards Durban to the signboard indicating Hluhluwe. Turning left you will reach the St. Lucia Game Reserve and Wetland Park. Turn right for the Hluhluwe Game Reserve, northern gate. Continue south on the N2 for 44km to the R618 which will take you to the central Hluhluwe Game Reserve, Mambeni Gate, 21km. Return to the N2 and continue south past Richard’s Bay to Empangeni. From Empangeni, travel for 40km to the R66. If you turn right at this point for a short excursion to Eshowe, a frontier town at the time of the Zulu War where there are a number of points of interest, including an excellent museum and frontier fort. The interesting Shakaland Zulu Cultural village is not far from Eshowe. Continuing south on the N2 over the Tugela River to the Stanger turnoff, 48km and on to Durban, 65km. Entering from the north through Umlhangla Rocks.

3.6.2 Via Wakkerstroom

Self-drive Leisure Route:
Total distance: +/- 744km
Suggested duration: 2 days

Depart from Nelspruit on the R40 south towards Barberton, travelling for 46km then turn right onto the R38 to Badplaas continue for 54km over the scenic Nelshoogte Pass. Just 1km before the village of Badplaas turn left onto the R541 to Lochiel, 68km. Turn right on to the N17 for 25km, then turn left onto the R33 to Amsterdam, 56km through scenic forests to Piet Retief. 47km from Amsterdam.

From Piet Retief take the R543 to Wakkerstroom, approximately 90km, which is one of the foremost bird watching areas of southern Africa where a number of endemic and extremely rare species are found. From Wakkerstroom continue on the R543 to Volksrust, 27km. Here turn left onto the N11 to Newcastle, 54km. A short distance from Volksrust on the right hand side is the Majuba battlefield site of the First Anglo Boer War of 1881. O’Neill’s Cottage nearby is where the peace treaty was signed. From Newcastle continue on the N11 to Ladysmith, 99km. Ladysmith was held under siege during the Anglo Boer War of 1899 to 1902 and there are a number of interesting battle sites and military cemeteries throughout the area. The museum in the town features an excellent Anglo Boer War display which has been especially prepared for the centenary of the war. From Ladysmith continue on the N11 to the main N3 Johannesburg to Durban highway. Turn left and continue through to Durban via Pietermaritzburg.
3.6.3 via Swaziland and Dundee

Charming Holiday Route:
Total distance: +/- 820km
Suggested duration: 3 days

Our Nelspruit vehicle rental branch can supply you with excellent rates on your car hire. We include unlimited kilometres and insurance in our fee.

Depart from Nelspruit on the R40 south to Barberton, 45km. Visit the many historical houses and mining sites in and around the town. Then proceed south over the scenic Bulemengu Crossing. Continue into Swaziland on the same road for a further 21km to Pigg's Peak, turn right to Motjane for 51km, then left to the capital Mbabane. You will find excellent accommodation just south of Mbabane in the Ezulwini Valley. From Mbabane take the Manzini road for 54km, then turn right onto Route 9 to Hillihiaku continuing through the town bypassing Nhlangano to the South African border post at Mahamba.

From the border post take the R543 to Piet Retief, 48km. Depart Piet Retief on the N2 south for 4km before turning right on to the R33 to Paulpietersburg and on to Vryheid, 107km. From Vryheid take the R33/34 to Kingsly and on to Dundee, 70km. You are now in the battlefields area of both the Zulu War 1879 – Battles of Isandlwana and Rorke's Drift – (These sites are some distance from the town) and the Anglo Boer War, 1899 to 1902, Battles of Talana and Elandslaagte. At Dundee there is an excellent museum at the Talana battlefield site. From Dundee continue on the R33 through Helpmekaar to Pomroy through scenic country to Tugela Ferry, a Zulu trading centre in KwaZulu-Natal. This road passes through rural KwaZulu and is generally not fenced. Beware of domestic livestock on the road. Cross the Tugela River at Tugela Ferry and continue up a steep escarpment to Greytown, 148km from Dundee. There is an excellent museum in Greytown featuring Zulu War, Anglo Boer War and Bambata Rebellion exhibits.

From Greytown continue on the R73 for 73km to Pietermaritzburg. Turn left on to the N3 to Durban, 78km.

3.7 NELSPRUIT – JOHANNESBURG or PRETORIA

For the Self Drive Traveller:
Total distance: Nelspruit – Johannesburg: +/- 360 km OR Nelspruit – Pretoria: +/- 345 km
Suggested duration: 1 day

Depart from Nelspruit on the N4 west. Travel up the Eland’s River Valley past Waterval Boven through toll plaza, and Machadodorp to the highveld.

Continue past Belfast and Middelburg. After Middelburg you will pass a Shell Ultra City Station, continue through a toll plaza for a short distance where the N4 splits.

The left hand forks, N12, takes you to Johannesburg passing Springs and Benoni. For Sandton follow the Pretoria signs at the N3/N12 interchange and travel north following signs to Sandton.

The right hand fork continues as the N4 to Pretoria, 103km.

3.8 JOHANNESBURG/SANDTON CITY – PILANESBERG/SUN CITY

Direct Route for self-drive visitors:
Total distance: +/- 155km,.........................................................................................................................
Suggested duration: 2 hours

Depart from Sandton on Sandton Drive. Turn right into William Nichol Drive, R511 heading north. Continue on R511 to Fourways. Turn left into Witkoppen Road and a the first set of traffic lights turn right into Cedar Avenue (Fourways Shopping Mall is on your right).

Continue Cedar Avenue for 8.5km to a stop street. Turn left and immediately right (Sun City sign board). Continue to the next stop street, 3km and turn right onto the R512 (Sun City sign board). Continue through the Lanseria Airport stop street for 20.5km to a T junction. Turn left here at the T junction onto the R27 (Sun City sing board). Travel for 10km to a turnoff to the right indicating Brits, R512, turn right, cross over a railway crossing to the Hartebeesport Dam, crossing this on a long bridge to the next T junction. Turn right, cross over the hill and down next a four way stop. Garage in front of you and numerous roadside stalls. Turn left onto the R27 for 9.3km to a second sign indicating Brits. Continue for 1km and turn left (Sun City sign board). Continue for a further 5km when the R27 merges with the N4 from Rustenburg. 9.4km on the N4 you will pick up a sign on the slip road to the left indicating Pilansberg (Sun City sign board). Turn right over the N4 on the R556 heading north for 70km following signs to Pilansberg and Sun City. Sun City is in the hills to the right of the road. While at Sun City visit the Pilansberg National Park set in an ancient volcanic crater and offering excellent game viewing.

3.9 SUN CITY/PILANESBERG – SANDTON CITY/JOHANNESBURG

Direct Travellers Route:
Total distance: +/- 155km
Suggested duration: 2 hours

Leave Sun City. Turn left at the gates onto the R556, 3km along the R556 take the right hand fork and continue for about 70km to the N4. Cross the bridge over the N4 and continue on the R556 to a T junction. Turn left and continue to the four way stop, garage and roadside stalls.

Here turn right, over the hill for 2.3km, then turn left onto the R512 indicated to Randburg. Cross over the back of the Hartebeesport Dam, over a railway crossing and immediately left onto the R27 for 9.6km to the R512 indicating Randburg to the right. Travel for 20.5km, past the Lanseria Airport stop street, then left at the next turnoff to the left, then continue for 3km to a stop street. At this stop street turn left, then immediately right for 8.5km to the Fourways Shopping Mall. At the T junction lights left, then right at the next set of traffic lights and you are on the R511 William Nichol Highway.

Proceed on the William Nichol and turn left into Sandton Drive. You will see Sandton City on your left.
3.10 PRETORIA – PILANESBERG/SUN CITY

Direct Drive for Visitors:
Total distance: +/- 155km
Suggested duration: 2 hours
From Pretoria drive west on the N4, past the Hartebeesport Dam towards Rustenburg. Follow the Pilansberg/Sun City signs driving 74km to Sun City on the R556.
Sun City is in the hills to the right of the road. While at Sun City visit the Pilansberg National Park set in an ancient volcanic crater and offering excellent game viewing.

3.11 SUN CITY/PILANESBERG – PRETORIA

Direct directions:
Total distance: +/- 155km
Suggested duration: 2 hours
From Sun City/Pilanesberg follow the N4 signs to Pretoria, 74km. Continue on this route which will take you to the centre of Pretoria.

3.12 JOHANNESBURG AIRPORT/PRETORIA/SANDTON – KRUGER NATIONAL PARK

Direct Route
Total distance: Johannesburg – Nelspruit: +/- 360 km
Pretoria – Nelspruit: +/- 345 km
Kruger Park South to North: +/- 400 km
Suggested duration: 1 day
From:
Johannesburg International Airport Exit Johannesburg International on the R21, Rietfontein Road travelling south east, turn left after 6km onto the N12 Witbank highway for 96km to Witbank. *
Sandton, exit Sandton on Grasynton Drive take the N1 towards Pretoria for 27km, then follow the Pietersburg signs and continue through the eastern suburbs of Pretoria for a further 21km to the N4 Witbank off ramp. Take this route travelling eastwards past Bronkhorstspruit to Witbank, 100km. *
Pretoria, exit the city on Schoeman Street which becomes the N4, to Witbank, 103km. *
*Continuing eastwards from Witbank on the N4, pass through the first toll road point and bypass Middelburg. Continue eastwards bypassing Belfont, Machadodorp, through the second toll road point, then bypassing Waterval Boven through the tunnel and down the Elands River Valley, past the Sudwala Caves, to Nelspruit, the capital of Mpumalanga. Just outside Nelspruit on the R40, the Nelspruit Lowveld Botanic Gardens and nearby Reptile Park.
From Nelspruit take the R40 to White River, 19km (Witrivier). 2km beyond White River turn right onto the R538 indicating Numbi Gate – 32km, which will be your entrance point into the Kruger National Park.
If you are travelling to the private game reserves continue through White River on the R40 to Hazviview, 66km. In Hazviview turn right onto the R536. The sign to the Private reserves is on the left before the Kruger Gate, +/- 22km.
For the southern entrances to the park, continue through Nelspruit on the N4 to Malelane, 61km. The Malelane Gate entrance is indicated on the left off the N4, 2km east of Malelane. Continue to Komatipoort, a further 44km for the Crocodile Bridge Gate.

3.12.1 JOHANNESBURG AIRPORT/PRETORIA/SANDTON – KRUGER PARK via BARBERTON

Total distance: +/- 405 km
Suggested duration: 2 to 3 days
From:
Johannesburg International Airport: Exit Johannesburg International on the R21, Rietfontein Road travelling south east, turn left after 6km onto the N12 Witbank highway for 96km to Witbank. *
Sandton: Exit Sandton on Grasynton Drive take the N1 towards Pretoria for 27km, then follow the Pietersburg signs and continue through the eastern suburbs of Pretoria for a further 21km to the N4 Witbank off ramp. Take this route travelling eastwards past Bronkhorstspruit to Witbank, 100km. *
Pretoria: Exit the city on Schoeman Street which becomes the N4, to Witbank, 103km. *
*Continue on the N4 from Witbank for 67km to Wonderfontein where the R38 travelling to Badplaas, hot springs are a feature of the village. Continue on the R38, over the scenic Nelshoogte Pass to the R40, 60km. Turn right to Barberton, 9km. Barberton is an old mining town where alluvial gold was mined at the turn of the 19th century. Numerous museums and historic houses to visit. A short distance from Barberton the Bulembu Pass, one of the most scenic in South Africa. Continue on the R40 travelling eastwards past the Sheba and Eureka Gold Mines to rejoin the N4 to Kaapmuiden, 53km. Turn right onto the N4 and enter the Kruger National Park at either Malelane, 22km or at Crocodile Bridge near Komatipoort, a further 44km. To reach the Private Game Reserves turn left onto the N4 at Kaapmuiden for Nelspruit.
From Nelspruit take the R40 to White River, 19km (Witrivier). 2km beyond White River turn right onto the R538 indicating Numbi Gate – 32km, which will be your entrance point into the Kruger National Park.
If you are travelling to the private game reserves continue through White River on the R40 to Hazviview, 66km. In Hazviview turn right onto the R536. The sign to the Private reserves is on the left before Kruger Gate, +/- 22km.
3.12.2 JOHANNESBURG AIRPORT/PRETORIA/SANDTON – KRUGER PARK via PILGRIMS REST

Scenic Holiday Route:
Total distance: +/- 520 km
Suggested duration: 2 to 3 days

From Johannesburg International Airport Exit Johannesburg International on the R21, Rietfontein Road travelling south east, turn left after 6km onto the N12 to Witbank, 96km. Bypass Witbank – here the N12 joins the N4 from Pretoria. Travel for 22km, through the toll plaza to the R335 turnoff to Middelburg. From Middelburg take the N11 towards Gobletversal – 93km. At 20km on the left, the famous Botshabelo Mission Station and frontier fort – Return to the N11 and continue to the Loskop Dam. The entrance to the Loskop Dam Nature Reserve is on the left, just after the dam wall. This is a small but well stocked park with a 2 hour circuit which follows the dam waterline. Return to the N11 and proceed along the Olifants River to Gobletversal from where you should take the R33 to Belfast, 118km. This is now higveld trout fishing country. From Belfast, take the R540 for 35km to the quaint trout fishing village of Dullstroom, an excellent stopover point. +/-350km from Johannesburg International Airport.

Continue on the R540 for 66km to Lydenburg – old Voortrekkers church, trout hatchery and museum before taking the R37 to Sabie. This road crosses the dramatic Long Tom Pass with numerous photo points, 46km. Sabie is forestry centre with numerous waterfalls and forest walks on the Sabie River. From Sabie head north on the R352 towards Graskop, 24km. 18km from Sabie turn left onto the R533 to Pilgrim’s Rest, a historic mining village with excellent theme shopping, coffee shops and gold panning in Peach Tree Creek. Retrace your route back to the R532 and continue on for 6km to Graskop village. Good souvenir shopping and numerous pancake houses. From Graskop continue on the R532 northwards to the famous and dramatic Blyde River Canyon, one of the deepest in the world, stopping off at the Lisbon and Berlin falls, God’s Window, Bourke’s Luck Pot Holes and on to the canyon. Excellent photo sites at all points. Return to Graskop on the same route. Then take the R533 to Hazyview, turning onto the R535 after 11km. Hazyview is then 26km from this turnoff. Avoid travelling via Bushbuckridge. Hazyview is the hub of the lowveld with excellent accommodation. From Hazyview take the R536 for 35km to the Kruger Gate entrance to the Kruger National Park the sign to the Private reserves is on the left before the Kruger Gate. Numbi Gate – take the R538 from Hazyview to White River after 11km the Numbi Gate entrance into the Kruger National Park will be on your left.

For the southern entrances to the park, continue through White River turning on to the R40 to Nelspruit. From Nelspruit take the N4 to Malelane, 61km. The Malelane Gate entrance is indicated on the left off the N4, 2km east of Malelane. Continue to Komatipoort, a further 44km for the Crocodile bridge Gate.

3.13 KRUGER NATIONAL PARK - PRETORIA/SANDTON/JOHANNESBURG AIRPORT

3.13.1 DIRECT ROUTE

Total distance: +/- 360 km
Suggested duration: 1 day

If you are leaving Kruger Park from the:
Kruger Gate: Travel to Hazyview on the R536, 26km. Turn left on the R40 to White River, 66km and continue on to Nelspruit, 19km.
Numbi Gate: Take the R538 to White River, 37km. Follow the R40 to Nelspruit, 19km.
Either Crocodile Bridge or Malelane: Drive west on the N4 to Nelspruit.

From Nelspruit take the N4 west. Travel up the Eland’s River Valley past Waterval Boven through toll plaza, and Machadodorp to the highveld.

Continue past Belfast and Middelburg. After Middelburg you will pass a Shell Ultra City Station, continue through a toll plaza for a short distance where the N4 splits.

The left hand fork, N12, takes you to Johannesburg passing Springs and Benoni. For Sandton follow the Pretoria signs at the N3/N12 interchange and travel north following signs to Sandton.

The right hand fork continues as the N4 to Pretoria, 103km.

3.13.2 Via CROCODILE BRIDGE or MALELANE

Total distance: +/- 405 km
Suggested duration: 1 day

On leaving the Kruger National Park, probably at either Crocodile Bridge or Malelane, travel to Nelspruit on the N4.

As you leave the town turn left to Barberton on the R40, 45km. At Barberton, an historic mining town, visit the museum, historic buildings and other places of interest. Return towards Nelspruit for 9km and turn left onto the R38, over the Nelshoogte Pass to Badplaas, hot springs, to Carolina, 120km. Drive straight through Carolina to the N4 west of Wonderfontein, 38km. From Wonderfontein turn left onto the N4 past Middelburg. After Middelburg you will pass a Shell Ultra City Service Station, continue through a toll plaza for a short distance where the N4 splits.

The left hand fork, N12, takes you to Johannesburg passing Springs and Benoni. For Sandton follow the Pretoria signs at the N3/N12 interchange and travel north following signs to Sandton.

The right hand fork continues as the N4 to Pretoria, 103km.
3.13.3 Via PILGRIMS REST

Total distance: +/- 520 km
Suggested duration: 2 days

Leave the Kruger National Park from either Numbi or Kruger Gates and follow signs to Hazyview. At Hazyview turn right onto the R40, pass the first turn off to the right (1km to Sabie). Cross the Sabie River and turn left onto the R535 to Graskop. Follow signs to Graskop turning onto the R533 through forest plantations to Graskop, 37km. Excellent curio shopping in Graskop and numerous pancake houses.

From Graskop take the R532 to Blyde River Canyon passing God’s Window, Bourke’s Luck Potholes, the Lisbon and Berlin Waterfalls to the Canyon.

Return to Graskop and take the R533 to Pilgrim’s Rest, 16km. This is an historic mining village – theme shopping, coffee houses and panning for gold in Peach Tree Creek. Continue on the R533 for 27km following signs to Lyndenburg over a steep pass to the R36. Turn left to Lyndenburg, 29km. Lyndenburg is a historic town and farming community – superb early architecture, museum and a trout breeding station. Leave Lydenburg on the R36 for a short distance and turn right onto the R540 to Dullstroom, 58km. Dullstroom is one of the highest points on the highveld and a trout fishing centre. From Dullstroom continue on the R540 to Belfast, 35km Join the R33 out of Belfast for 2km to the N4 – turn right to Witbank where the N4 splits.

The left hand fork, N12, takes you to Johannesburg passing Springs and Benoni. For Sandton follow the Pretoria signs at the N3/N12 interchange and travel north following signs to Sandton.

The right hand fork continues as the N4 to Pretoria, 103km.
SECTION 4: CITY GUIDES

4.1 CAPE TOWN

Cape Town is a truly cosmopolitan city that offers fine dining, excellent shopping opportunities and a wealth of exciting activities. Situated on the south western tip of Africa, Cape Town is often considered the gateway to the beautiful Western Cape – a region famed for its exquisite scenery. White sandy beaches, majestic mountains and verdant vineyards accentuate this world class destination.

What’s on in Cape Town: [www.whatsonincapetown.com](http://www.whatsonincapetown.com)

SHOPPING

Canal Walk [www.canalwalk.co.za/](http://www.canalwalk.co.za/)
V & A Waterfront [www.waterfront.co.za](http://www.waterfront.co.za)
Cavendish Square [www.cavendish.co.za](http://www.cavendish.co.za)
Constantia Village [www.constantiafacility.co.za](http://www.constantiafacility.co.za)
Greenmarket Square Market [www.greenmarket.co.za](http://www.greenmarket.co.za)
Hout Bay Craft Market, open every Sunday, weather permitting, from 09h30 to 16h00. Entrance is free. ☎ 082 850 9752.
Milnerton Flea Market ☎ 073 151 2573.
Guga S'Thebe Arts & Culture Centre in Langa. ☎ 073 447 9983 for guide.

OUTDOOR

Table Mountain ☎ 021 424 8181, [http://tablemountain.net](http://tablemountain.net)
Kirstenbosch National Botanical Garden ☎ 021 799 8899, [www.sanbi.org](http://www.sanbi.org)
Cape Point and Cape of Good Hope Nature Reserve ☎ 021 780 9010, [www.capepoint.co.za](http://www.capepoint.co.za)

HISTORIC MUSEUMS & CULTURE

Robben Island ☎ 021 409 5100, [www.robben-island.org.za](http://www.robben-island.org.za)
Castle of Good Hope Open daily at 09:00 to 16:00, Mondays to Sundays. ☎ 021 787 1249
Association for Visual Arts (AVA) Weekdays 10am - 5pm, Saturdays 10am - 1pm. The AVA is an important not for profit gallery in central Cape Town ☎ 021 424 7436.
Company Gardens - Take a leisurely stroll up Government Avenue. This pedestrian road with beautiful trees and historical buildings is lined with majestic oak trees on either side and squirrels will vie for your attention if you had the foresight to bring along a bag of peanuts! In Government Avenue you are surrounded by many of the city’s most famous attractions including the Company Gardens (founded by Jan Van Reinbeck in 1652), Houses of Parliament and De Tuynhuys. The South African National Art Gallery, The South African Museum and Planetarium are all worth a visit. [http://www.capetown.gov.za/en/parks/facilities/Pages/CapeTownGardens.aspx](http://www.capetown.gov.za/en/parks/facilities/Pages/CapeTownGardens.aspx)
Bo Kaap Museum Following the abolition of slavery, the historic Bo Kaap area in Cape Town became home to many Muslims and their history and culture are commemorated at the Bo Kaap Museum. Displays, temporary exhibitions and special events continue to celebrate different aspects of Muslim culture. ☎ 021 424 3846 [www.iziko.org.za/bokaap](http://www.iziko.org.za/bokaap)
District Six Museum ☎ 021 466 7200 [www.districtsix.co.za](http://www.districtsix.co.za)

EXPLORE

Wine Tastings
Stellenbosch Wine Route [www.wineroute.co.za](http://www.wineroute.co.za)
Constantia Wine Route [www.constantiafacility.co.za](http://www.constantiafacility.co.za)
Durbanville Wine Route [www.durbanvilewine.co.za](http://www.durbanvilewine.co.za)
Paarl Wine Route [www.winecountry.co.za](http://www.winecountry.co.za)
Franschoek Wine Route [www.fwva.co.za](http://www.fwva.co.za)

Groups of more than 10 are required to book.

Kalk Bay Harbour and False Bay. Walk along Boyes Drive, watching out for whales in season. Take one of the many pathways towards the sea and lose yourself among the maze of eclectic cottages. When you reach the stores and eateries on Main Road, you can browse, or grab a drink at the Brass Bell or Cape to Cuba, and then head back up to your car. [www.kalkbay.org](http://www.kalkbay.org)
Best beaches – Llandudno, Camps Bay, Clifton, Scarborough & Boulders Beach

Two Oceans Aquarium at the V&A Waterfront ☎ 021 418 3823 www.aquarium.co.za
High tea at Mount Nelson Hotel served every afternoon between 14h30 and 17h30. ☎ 021 483 1737, www.mountnelson.co.za

Waterfront Sea Charters and see Cape Town from the sea on a modern 16 meter catamaran, slicing through the water from the V&A Waterfront along the coast of the Cape Peninsula. ☎ 021 790 5256 www.tiggertoo.co.za

The Planetarium in Cape Town. Daily: Monday to Friday shows at 14h00; Tuesday evening show at 20h00 and Saturday and Sunday shows at 12h00, 13h00 and 14h30. www.iziko.org.za/planetarium/index.html

World Of Birds. The largest bird park in Africa ☎ 021 790 2730.

ADVENTURE

Top mountain biking spots
Tokai Forest, with its huge variety of purpose built trails, is the best place on the peninsula to mountain bike. Unfortunately, this also means it’s the most crowded. There are other, quieter places where you can go for a jaunt in the fynbos. Head to Silvermine Nature Reserve (part of Table Mountain National Park on the top of Ou Kaapse Weg), park in the dedicated mountain bike parking lot and enjoy the spectacular climb and descent on the seven kilometer trail. Another option is Deer Park on Table Mountain which has a network of gravel roads stretching across the face of the mountain with terrific city views. www.mtbonline.co.za/mountainbiketrails.htm

Walk or Climb to the top of Table Mountain ☎ 021 465 3412. www.mcsa.org.za

SCUBA The Cape offers excellent diving grounds. Both currents, the cold Benguela and the warm Agulhas, create a marine life rich in species and a great diversity of underwater landscapes, in the Atlantic and in the Indian Ocean. TWO OCEAN DIVERS in Hout Bay, ☎ 021 7908833

SURFING The beaches in Cape Town, on the Cape Peninsula and around False Bay are a paradise for surfers. The often strong winds at the Cape bring strong breakers about. Surfing is a very popular hobby. The water is cold, though, and even in the Indian Ocean one should wear a wetsuit. OCEAN II OCEAN in the city centre ☎ 021 4189620

PARAGLIDING and HANG GLIDING The stunning mountains of the Cape provide ideal conditions for paragliding.

In Cape Town itself it’s very popular to jump from Lion’s Head. After a slightly strenuous climb, one is rewarded with a long flight in front of the spectacular setting of the Twelve Apostle Mountains and the beaches of Clifton and Camps Bay. ☎ 021 6742097.

SKYDIVING www.skydivecapetown.za.net
Thunder City – Fly antique jets ☎ 021 934 8007 www.thundercity.com
Big Game Fishing - ☎ 021 786 5667 www.bigbluefishingcharters.com
Pelagic bird watching - Cape Town Pelagics runs one day (open ocean) pelagic birding trips out of Simon’s Town. ☎ 021 531 9148, www.capetownpelagics.com
Kayak with penguins - ☎ 082 501 8930, www.kayakcapetown.co.za
Dragon Boat Racing – V&A Waterfront. ☎ 082 564 6257.
Indoor climbing - CityRock is Cape Town’s centre for all things related to the sport of Rock Climbing. ☎ 021 447 1326.
Horse riding on Noordhoek Beach. 2 hour horse ride 09:00 to 16:00 ☎ 082 774 1191
Ratanga Junction - theme park. ☎ 0861 200 300 www.ratanga.co.za
Helicopter Tours ☎ 021 462 6755 www.cape-town-helicopter-tours.com

COOL SPOTS

Cape Town, with its laid back locals, doesn’t have hundreds of clubs to offer but there is enough of a variety to keep party seekers happy. One of the most popular clubs is Opium in the vibey Greenpoint area. With a cigar bar, whiskey lounge and regular events and DJ’s it is an extremely popular venue. Somerset Road towards Greenpoint offers the Budda Bar and the Buena Vista Social Club for a sultry Cuban feel. The top end of Somerset Road and the De Waterkant area the popular Chilli ‘n Lime.
NIGHTLIFE

Trendy bars along the Camps Bay strip offer cocktails and sundowners and a place to be 'seen' - try Caprice or Sandbar for a sundowner drink or Baraza for drinks accompanied by local DJ's. For a straight-off-the-beach drink and some good music stop in at La Med beach bar in Clifton. Also on the Atlantic Seaboard, Wafu in Mouille Point has a fantastic wooden deck which overlooks the sea - perfect for chilling with a cocktail and some of their speciality Asian tapas.

Long Street in the city centre offers an eclectic mix of entertainment and is within walking distance of the many backpackers lodges found in the area. For a trendy hang-out in the city, try Po Na Na Bar on Heritage Square. For a mellow and laid back evening, try Kennedy's Cigar bar with its plush interior, cigars and bourbon. And, for an ultra-cool experience head for the Planet bar at the Mount Nelson hotel for exotic cocktails, champagne, caviar and oysters.

In trendy Kloof Street, Asoka Son of Dharma is a sophisticated lounge and bar with an upmarket yet comfortable feel.

The V&A Waterfront caters for a variety of tastes including live Jazz at the Green Dolphin restaurant and a lively dinner and pub atmosphere at Quay Four and Ferrimans.

In Greenpoint, Pulse is a trendy sports bar featuring big screen sports events, good food and dancing.

The southern suburbs offer a handful of venues frequented mostly by locals including Cubana Cafe on Claremont Main Road and the Forrester's Arms pub and De Wijnhuis wine bar in Newlands. Also in Newlands, Caveau at the Mill (sister to the original Caveau in town) is located within the historic Josephine Mill and offers a huge selection of wines. In Observatory you’ll find a collection of hippie and student type bars including Rolling Stones pool hall. In Kalk Bay there's the waterside Brass Bell for a casual meal and drink, as well as the Morrocan inspired Polona in the harbour.

ENTERTAINMENT

The Baxter Theatre in Rondebosch From comedy, ballet to Shakespeare. http://www.baxter.co.za

Artscape Theatre Take in a show at the popular Artscape Theatre. Artscape Theatre Centre is the main performing arts centre in Cape Town. It was opened in 1971 and is located on reclaimed land in the Foreshore area. The complex includes an opera house, theatre and studio theatre. Dial a Seat 021 421 7695 or book at Computicket. www.artscapes.co.za

Grand West Casino Boasting state of the art facilities, Grand West Casino has 60 casino tables, offering American Roulette, Blackjack, Raise ‘em Poker and Punto Banco. 1750 smart card slot machines and for added slots pleasure there is African Express. www.grandwest.co.za

GETTING AROUND

Car Hire
Africa-Car-Hire.com ☎ 078 669 4444
Europcar ☎ 021 935 8700
Tempest Car Hire ☎ 021 935 8650
Sixt ☎ 021 422 1480
Avis ☎ 021 934 0330

Metered taxis
Rikkis taxis is Cape Town's most popular taxi service, offering private and shared rides. Rikkis phone boxes are located at various points throughout the city, where you can order a taxi for free, or you can call on ☎ 0861 745 547.

Cabs on Call ☎ 021 797 7142
Excite Taxis ☎ 021 448 4444
The Green Cab Co ☎ 086 184 3473 – Vehicles run on LP Gas that has 87% less ozone depleting potential.

Public transport
Shuttle buses will transport visitors from the airport to a central transportation hub in Hertzog
Cape Town Metro line runs from the city central station through the southern suburbs to Simon's Town. Tickets can be bought at the stations along the route, ☎ 0800 65 64 63, www.capemetrorail.co.za.

Safari Tours ☎ 021 780 1391 www.e-gnu.com
4.2 DURBAN

Durban is a colourful city with a rich mixture of cultural flavours, with a bustling metropolis rimmed by a palm-lined beachfront and the Indian Ocean, Miami-style art-deco buildings, gaudily-decorated rickshaws, dense jungle-like foliage and mangrove swamps. The city enjoys year-round subtropical temperatures, a beautiful coastline, warm sea, and fascinating historical heritage making it a mecca for holidaymakers.

Durban's main tourist strip is the Golden Mile, an eight-kilometre stretch along with beachfront with restaurants, hotels and promenades. Durban is a key gateway to Africa and is also the principal and busiest port city on the continent. The city of Durban is renowned for its long beachfront promenade and frenzied CBD, full of diversity and alive with activity.

What’s on in Durban: [http://eventful.com/durban/events](http://eventful.com/durban/events)

OUR RECOMMENDATIONS:

SHOPPING

Victoria Street Market
There are around 180 stalls selling basketwork and brassware, crafts and exotic spices imported from India. Hours: 6:00 am to 5:00 pm 031-306-4021

Essenwood Craft Market on a Saturday
The region’s foremost craft, art, treasures and collectables market takes place every Saturday morning under the trees a stone’s throw away from Musgrave Centre. [www.essenwoodmarket.com](http://www.essenwoodmarket.com)

Shongweni Farmer’s Market is on Saturdays from 06h30 - 10h00. Set your alarm clock to bag the best fresh produce. 031-777-1554 [www.shongwenimarket.co.za](http://www.shongwenimarket.co.za).

Woza Moya at Hillcrest Aids Centre sells beaded dolls and crafts that change lives. 031-765-5866 [www.hillaids.org.za](http://www.hillaids.org.za).

Gateway Mall - Situated in the Umhlanga Ridge New Town Centre and boasting a record number of more than 280 stores the Gateway shopping mall is an experience on it’s own. 031 514 0500 [http://www.gatewayworld.co.za](http://www.gatewayworld.co.za)

Musgrave Centre - 031201 5129 [www.musgravecentre.com](http://www.musgravecentre.com)

The Pavilion is KwaZulu-Natal’s largest and most popular shopping destinations offering a unique mix of 230 stores, entertainment outlets and banking facilities. 031265 0558 [www.thepav.co.za](http://www.thepav.co.za)

OUTDOOR

Visit uShaka Marine World in Durban 5th largest aquarium in the world with a water slides amusement park, 031 328000 www.ushakamarineworld.co.za

Botanic Gardens have a herbarium, an orchid house, a garden for the blind and a renowned cycad collection. The gardens are popular for picnics and sunset classical music concerts. 031 309 1170, [www.durbanbotanicgardens.org.za](http://www.durbanbotanicgardens.org.za).

Japanese Gardens
Located on Tinsley Drive in Durban North, an outing to the Japanese Gardens is a pleasant afternoon excursion. 031 563 1333 for more information.

Kenneth Stainbank Nature Reserve squawks, hoots and twitters with more than 200 bird species. A small entry fee grants access to 13 km of nature walks, 10 km of mountain-bike trails and pleasant picnic sites. Gate times are 06h00 - 18h00. 031 469 2807, [www.kznwildlife.com](http://www.kznwildlife.com).

Mitchell Park Zoo
A year round display of bold and contrasting colours surrounds the main walk from the tea garden to the entrance. An extensive collection of exotic birds, tropical fish, small animals and reptiles are housed in a pleasing setting. 031 303 2275
EXPLORE

Tour the Indian and informal District of the City
The Indian district is around Grey and Victoria Streets. The Tourist Board organises a two and a half hour “Oriental Walkabout” of this area, which includes a visit to the Victoria St Market and the muthi market. You can book by phoning ☎ 031 304 4934.

Sharks Board visit:
The Sharks Board welcomes and encourages visitors to its complex in Umhlanga Rocks where they can view a 25 minute audio visual presentation on the day to day work done by the Sharks Board as well as the important role sharks and other animals play in the marine ecosystem. This is followed by a 20 minute dissection of a shark. ☎ 031 566 0400, web www.shark.co.za.

Take a trip on the Umgeni Steam Railway (Inchanga Choo Choo)
Trips to Inchanga are on the first and last Sunday of each month twice daily 08h45 and 12h30. Trains leave from Kloof Station (Stokers Arms). ☎ 031-303 3003 www.umgenisteamrailway.co.za

Visit the Fitzsimons Snake Park.
Home to South African and exotic species. Snake feeding on weekends after every venomous snake demonstrations daily: 10:00, 11:30, 13:00, 14:30, 15:30. ☎ 073 156 9606. 031 5636395

Lunch at Pot & Kettle in Valley of 1000 Hills.
Take a leisurely drive to the Valley of a Thousand Hills and stop of for brunch or lunch at the Pot & Kettle. ☎ 031 777 1312 www.restaurants.co.za/potandkettle

Visit the Phezulu Safari Park
A replica of a typical Zulu village with beehive shaped huts. Here a visitor can gain insight into the lifestyle of the Zulu’s and see their living quarters and utensils. A traditional lunch is also available. Hours: 9:00am - 4:00pm daily. Show times: 10:00 - 11:30am, 1:30 - 3:30pm. ☎ 031 777 1000 www.phezulusafaripark.co.za

Summerveld Race Horse Training Centre- 700m above sea level
The Training Centre at Summerveld is situated about 36 km from Durban at Shongweni, which is about 5 km off the N3 to Pietermaritzburg. A Clubhouse on the property serves breakfast six days a week (Sundays Excluded) for guests. Meals are available between 06:00 and 09:00 for an early morning breakfast. http://www.goldcircle.co.za/Racing/TrainingCentres/KwazuluNatal/summerveld.shtml

Robson Brewery near Shongweni. The brewery runs a tour most Saturday afternoons’ (except public holidays) between 12noon and 1pm, though numbers are limited so please book ahead to avoid disappointment. ☎ 031-769 2061 http://www.shongwenibrewery.com

Makaranga Garden Lodge in Kloof, a bronze statue of Pan dances at the edge of a sloping lawn that leads down to 12 hectares of lush gardens and lily-decked ponds. ☎ 031 764 6616 www.makaranga.com.

Spend a few hours at the KZNSA Gallery
This superb gallery has taken up residence in the lush surrounds of Bulwer Park with its interplay of interior and exterior space makes this a perfect - and not to mention, highly popular - spot to soak up a little cafe culture. ☎ 031 277 1705 www.nsagallery.co.za/

African Blown Glass in Assagay
Furnace blown hand made glassware and stained glass. ☎ 031 7681154 Email: gvbglass@lantic.net

HISTORIC, MUSEUMS & CULTURE

Durban Natural Science Museum. Hosts a number of informative and educational displays of mammals, birds, reptiles and fish. The museum also has an Egyptian mummy. It will provide hours of entertainment for children and adults alike. There is also a coffee shop in the museum. 1st Floor, City Hall, Smith Street, Durban. ☎ 031 3112256

The BAT Centre of contemporary culture, ☎ 031 332 0451, web www.batcentre.co.za.

Sri Sri Radha Radhanath Temple of Understanding for People of any faith - or none at all - are welcome to meditate, pray or simply look around. There’s no entrance fee, but remember to leave your shoes at the door. A restaurant/take-away underneath serves delicious vegetarian food. ☎ 031 4033328.
Visit the Bayside Gallery  
This is a private gallery found in the Bat Centre (Bartel Arts Trust Centre) near the Maritime Museum. They specialize in contemporary South African art and crafts.  ☎ 031 368 5547 http://www.batcentre.co.za

ADVENTURE & SEA

Swim/ surf in the sea.  
Nothing beats a swim in the sea, especially the temperate Indian Ocean. Durban’s beaches have shark nets so there is no need to check for fins! http://www.wavescape.co.za/wavescape-ocean-watch/durban.html

Swim in the pool at the top of the Royal Hotel  
Go for a swim in the pool at the top of the Royal Hotel - it’s free, and the view is fantastic. ☎ 031 333 6000 http://www.theroyal.co.za

Scuba diving Club  ☎ 031-368-1199 http://www.duc.co.za/
Sky Diving  ☎ 072 214 6040 http://www.skydivedurban.co.za

Horse riding on the beach.  
Join Horseback Beach Adventures for an adventure of your life! Enjoy a thrilling walk, trot or gallop across the sand, splashing through the waves. On longer rides, all can enjoy the bareback ride into the ocean at our halfway picnic site, weather permitting! ☎ 084 467 0752 http://sites.google.com/site/horsebackbeachadventures2/

Deep sea fishing.  
Enjoy a relaxed day on the ocean, and the excitement of reeling in a fish. Then go home to braai your fresh fish as the sun sets.  ☎ 082 961 4313 http://www.fishingchartersdurban.co.za

COOL SPOTS

Wilson’s Wharf with its incomparable harbour views, is Durban's trendiest fusion of fun food, top shows and crafts, blended with the rustic interface of a boating marina and working slipways. www.wilsonswarf.co.za

Have brunch at Beanbag Bohemia  
Guy Wood opened Bean Bag Bohemia in 1995 as a Café Bar and Restaurant. It comprises a two storey National Monument building, built in 1885, and an open courtyard area with alfresco dining. ☎ 031 309 6019 http://www.beanbagbohemia.co.za

Neo Café  
Everyone loves a bargain meal, and South Africans love Portuguese-Mozambique food Neo is in the heart of North Beach, but in a strip that looks like something out of South Central Los Angeles, without the rap music. Contact:  ☎ 031-332-2299.

Play with your food  
Billy Budd and his surfer buddies originally took over this wharf side spot among the mangroves as their private club, but now anyone daring enough to venture into Durban’s docklands will be rewarded at Bud's on the Bay ☎ 031-466-6100, web www.budsonthebay.co.za

Japer Palace leaves nothing to be desired. To experience the best of India out of India. ☎ 031 563 0287 http://www.jaipurpalace.co.za

Heritage Theatre in Hillcrest is locals' favourite place to enjoy dinner and a show. ☎ 031-765-4197, web www.heritagetheatre.co.za.

NIGHTLIFE

Joe Cools  ☎ 031-332-9697) on North Beach remaining one of the city's favourite drinking and partying spots.

Florida and Windermere Roads in Morningside are popular for their numerous restaurants, bars and clubs.

Billy the B.U.M.S.  
This world-class cocktail bar and restaurant (504 Windermere Road, Morningside, Durban) provides imaginative dining, complete with barmen who can spin bottles in the best Tom Cruise Cocktail style! ☎ 031 303 1988 www.billythebums.co.za
ENTERTAINMENT

Suncoast Casino
7 000 m² casino, with both smoking & non-smoking facilities, 1250 slot machines and 50 game tables (Blackjack, Poker, Roulette, Punto Banco and Dice 031 328 3000 www.suncoastcasino.co.za

GETTING AROUND

Car hire

Africa-Car-Hire.com  078 669 4444
Europcar  031-469-1229
Tempest Car Hire  031-469-0660
Sixt  031-469-1732
Avis  031-408-9900

Durban has a one-way road system, which can prove bewildering. The city has also embarked on a street-renaming project. Fortunately, former names are visible, crossed out below new ones on street signs. If an address doesn't appear on your map or GPS, ask for the old name.

Metered taxis

Zippy Cabs  031-202 7067
Mozzie Cabs  031-303-5787
Eagle Taxis  031-337-8333

Public transport

The Durban People Mover buses operate daily with buses running through the city every 15 minutes,  031-309-5942, web www.durbanpeoplemover.co.za.
Safaris:  021 7801391 www.e-gnu.com

4.3 JOHANNESBURG

Joburg, Jozi or eGoli (City of Gold), Africa’s richest metropolis and gateway into South Africa, is the “Big Apple of Africa”

Equally rich in history and growth, Johannesburg is South Africa’s fast paced hub of nearly all things business, retail and entertainment related. As the vibrant city continues to grow and flourish, visitors and locals alike are investing in Johannesburg, eager to share in the success of this dynamic region.

Joburg is the focal city of the 2010 FiFa World Cup TM, with its wealth of commerce and industry, is the gateway to Africa and unwittingly sets the tone for much of the country’s economic, social and political climate. All of this unfolds in one of the world’s best climates, with warm summer days and crisp, clear winters.

Here are some tips:

Restaurant reviews in Johannesburg: www.dining-out.co.za/Johannesburg-Restaurants.asp
What’s on in Johannesburg: http://www.jhblive.com
Accommodation: http://www.e-gnu.com

SHOPPING:

Cresta
After eight refurbishments and extensions, Cresta is one of the city’s largest shopping complexes, with a diversity of stores ranging from supermarkets and clothing to cozy coffee shops and movie theatres. Address: Cresta Shopping Mall, Beyers Naude Drive, Northcliff  011 678 5306 www.crestashoppingcentre.co.za

Melrose Arch
Shopping at Melrose Arch suits those looking for exclusive shops or products and it promises high street shopping and a variety of coffee shops and restaurants. A favourite is Cocoa Diva, a gift shop specialising in
imported chocolates. Address: Melrose Boulevard (entrance off Corlett Drive and Athol Oaklands Road)  
☎ 011 684 0000  www.melrosearch.com  

Montecasino  
The Montecasino complex was built to resemble a Tuscan village. Late night shopping is a unique feature and clothing, jewellery and African curios are the most popular products. There is plenty of entertainment, including cinemas, a theatre and a casino. Address: Cnr William Nicol Drive and Witkoppen Road, Fourways  
☎ 011 510 7777  www.montecasino.co.za  

Nelson Mandela Square  
From designer boutiques and world class cuisine to local curios and cosy coffee shops, this piazza encapsulates a lifestyle that takes good taste to new levels. Take in a show at the Liberty Theatre on the Square, cast your eye across works of art in one of the galleries or simply sit back and enjoy a meal at one of many renowned restaurants. Address: Rivonia Road, Sandton  
☎ 011 217 6045/6  www.sandtonsquare.com  

Rooftop Market  
50 Bath Ave, Rosebank Mall, Rosebank  
The Rooftop Market is regarded by many as South Africa's best flea market and is well patronized by locals as well as tourists. More than 500 stalls offer clothing, ceramics, art and craft objects, antiques and collectibles. The rooftop also boasts a food court and deli to curb the hunger while you shop. Open: Sundays 9.00am - 5pm  
☎ 011 442 4488  

Bruma Lake Flea Market  
This is an extensive market, based near the Eastgate Shopping Mall, offering everything from clothes to crafts. Live entertainment can be enjoyed as you shop Cnr Ernest Oppenheimer and Marcia Ave, Bruma Open: Tuesdays to Sundays 9.30am - 5pm  
☎ 011 622 9648  

Bryanston Organic and Natural Market  
☎ 011 463 3752  www.bryanstonorganicmarket.co.za  

OUTDOOR  

Walter Sisulu Botanical Gardens in Roodepoort covers almost 300 hectares and has landscaped and natural veld areas.  
☎ 086 100 1278  www.sanbi.org  

Emmarentia Dam has large waterside lawns and is a tranquil picnicking spot. The Johannesburg Botanic Garden, noted for its rose garden, lie on its western shores.  
☎ 011 782 7064  

Zoo Lake is popular for walking, picnicking and boat rides.  

Melville Koppies Nature Reserve has 200 bird species, small mammals and hundreds of Stone Age artifacts.  
☎ 011 482 4797, e mail fomk@mk.org.za, web www.mk.org.za  

HISTORIC MUSEUMS & CULTURE  

Visit the Apartheid Museum to engage with South Africa's 20th century history through powerful, graphic exhibits.  
☎ 011 309 4700,  e mail info@apartheidmuseum.org, web www.apartheidmuseum.org.  

Constitutional Court on Constitution Hill, the site of the Old Fort prison complex where political prisoners were incarcerated.  

Newtown Cultural Precinct, Jozi's buzzing urban heart, home to theatres, art galleries, cafes and nightclubs.  

EXPLORE  

Soweto Tours, South Africa's most famous township. Themba Day Tours,  
☎ 011 463 3306, web www.sowetotour.co.za.
Gold Reef City - is a re-creation of turn of the century Johannesburg, which was flooded by prospectors after the discovery of gold in 1886. Underground tours take visitors beneath the surface to see original mining techniques as well as more modern methods. Back on the surface you can watch gold being poured, be shown around by a multilingual guide in period costume and even order a drink in the world's deepest pub. Open Tues-Sun 09:30am to 5pm. ☎ 011 248 6800 www.goldreefcity.co.za

SAB World of Beer
Beer is a drink that is loved worldwide and South African Breweries is one of the largest brewing groups in the world. The SAB Museum traces very aspect of the history of brewing and as a bonus the entrance fee includes two beers. Tours Tuesday to Saturday 10am to 6pm (takes one to one and a half hours) ☎ 011 836 4900 www.worldofbeer.co.za

The Multiflora Flower Market, home to the largest flower auction in Africa, is an unlikely rose among thorns in the industrial zone of City Deep. The auctions start at 07h00, Monday to Saturday. ☎ 011 613 4011 www.multiflora.co.za.

Mai Mai Market
Besides being Joburg's oldest market, Mai Mai is a one stop shopping experience for all things traditional in the city. Dubbed Ezinyyangeni (place of the healers), the market is home to a community of vendors, sangomas and inyangas who heal the city's sick and spiritually destitute. Despite the enormous array of goods, the place is neat and clean. Tourists, be they local or foreign, are treated with curiosity, friendliness or, at worst, indifference. The Mai Mai bazaar is on the corner of Anderson and Berea streets in the city centre.

Stroll Brenthurst's private gardens

ADVENTURE

Dragon Boat Racing is based at Wemmer Pan ☎ 076 130 8734 www.dragonboatracing.co.za
Sandboarding in Benoni. ☎ 011 918 2379 www.purerush.co.za.
Mountain biking is a great way to get the endorphins flowing after a heavy session of football watching. ☎ 083 400 0620 or email richard@transheq.co.za
Wall Climbing Get to the Wonderwall, where you can clip into a harness and choose one of 15 climbing walls or a bouldering wall to test your skill. ☎ 011 705 3201 www.wonderwall.co.za
Rap Jump - stepping off a 24 storey building faced downwards, like Spiderman? ☎ 082 605 1150
Ballooning trip over the Magaliesberg, Joburg's nearest mountain range, some 70km north west of the city. You'll have to get up early it's a 6am start. ☎ 011 705 3201 http://www.balloon.co.za
White water Rafting on the Vaal River, Joburg's closest big river. ☎ 056 818 1860 www.dimalachite.co.za
Kayak/Canoeing - Hire a kayak at Emmarentia Dam. ☎ 083 266 7750 www.icon.co.za/~burdock/dabs/
Paragliding - Catch the air currents to fly like a bird in Dunottar, 50km east of Joburg. Paragliding Adventures will take you on tandem flights where you need no training. ☎ 082 550 7568 http://www.flyza.co.za
Caving - There are 165 caves in the Cradle of Humankind area, and Wild Cave Adventures offers walks in these caves. Phone Sandy on ☎ 011 956 6197 or ☎ 082 486 2464 to book your place. http://www.wildcaves.co.za
Hiking the Magaliesberg, the city's closest mountain range. ☎ 087 940 1903 http://www.jhbhiking.org.za
Horse back Trails: ☎ 083 454 6529 www.conservtours.com

COOL SPOTS

Mamas Shebeen, 18. Gleneagles Drive, ☎ 078 804 6804 www.mammas.co.za

Radium Beer Hall, Big band jazz at the 282 Louis Botha Ave, Orange Grove, ☎ 011 728 3866 http://theradium.co.za

Moyo at Zoo Lake, for Sundowners at 37 Harley Street, Randburg ☎ 011 646 0058 www.moyo.co.za

Westcliff Hotel for High tea 67 Jan Smuts Avenue, Westcliff ☎ 011 481 6000 http://www.westcliff.co.za
NIGHTLIFE

Greenside’s bars and clubs draw a hip and trendy clientele. The area is also popular with students. Inner city hotspot Newtown has vibrant bars, music venues and clubs.

Melville has long been on the nightlife circuit, with an ever changing roster of relaxed bars, cafes and restaurants centred around 7th Avenue.

Fourways and Rivonia offer a more upmarket socialising scene

Sandton’s bars attract young professionals.

GETTING AROUND

Car Hire
Africa-Car-Hire.com  0786694444
Europcar  011 390 3909
Tempest Car Hire  0 11 578 0160
Sixt  011 230 9999
Avis  011 336 0703

Metered taxis
Corporate Cabs  011 771 2200
Safecab 0861 66 55 66
Johannesburg International Airport Taxis Association (JIATA) 011 390 1502

Public transport
The Gautrain connects OR Tambo International Airport to Sandton,  011 891 7108, web www.gautrain.co.za.

The metro railway system links central Johannesburg to Soweto, Pretoria and towns along the Witwatersrand,  011 773 1600, web www.metrorail.co.za.

Rea Vaya Bus Rapid Transit System (BRT) provides buses that drive in dedicated lanes on roads on several routes around Johannesburg, web www.reavaya.org.za. Minibus taxis, which can be hailed, are available across the city.

Book a Safari:  021 7801391 www.e-gnu.com

4.4 PRETORIA

Pretoria/Tshwane is smaller, prettier and quieter than its bold neighbour, Johannesburg, just 50 kilometers away. South Africa’s administrative capital offers a laid back pace, cultural heritage, and a compact, easily navigable city centre. Tshwane has much to offer visitors, but it’s also worth exploring beyond the city limits. Just outside of Tshwane are beautiful green spaces, a 200 000 year old crater and further afield are the Cradle of Humankind site, comprising caves containing hominid fossils.

What’s on in Pretoria: www.pretoria.co.za/whats-on.html

SHOPPING

Irene Market on the second and last Saturday of each month in Smuts House Museum, Irene, offers a spread of organic foods, arts, crafts and collectables.  012 667 1659 www.irenemarket.co.za.

Brooklyn Mall is situated in the heart of Pretoria’s Eastern suburbs and is the dynamic hub of this diplomatic area. With a compliment of more than 170 retail stores, we provide a comprehensive shopping choice. Spacious and elegant, Brooklyn Mall ensures relaxed shopping pleasure offering an enticing range of merchandise, entertainment, restaurants and speciality stores.  012 346-1063/4 http://www.brooklynmall.co.za
OUTDOOR

Magaliesberg - discover the spectacular beauty of the mountain range, the earliest history of mankind, wonderful birds, flowers and wildlife and exciting adventures. www.magaliesberg.co.za

De Wildt Cheetah and Wildlife Centre is found at the foot of the Magaliesberg. The King Cheetah was first bred here. ☎ 012 504 1921 www.dewildt.co.za

Hartbeespoort Dam Surrounded by the majesty of the Magaliesberg mountain range, Hartbeespoort dam is very popular for weekend getaways or day trips. All water sports may be enjoyed including para-sailing, windsurfing, water and jet skiing!!! For the more adventurous, why not try paragliding, hang-gliding or hot air ballooning? We have an aquarium, a private zoo with a snake park, a cheetah trust, an elephant sanctuary, a monkey sanctuary and a predator park. ☎ 012 253 1567 www.hartbeespoortdam.com

National Zoological Gardens with 4,300 animals, is one of the largest zoos in the world. There are 97 species of mammals and 160 species of birds housed in a walk through aviary. The aquarium displays 275 species of fish while and the reptile house has a collection of 105 reptiles from all over the world. ☎ 012 328 3265 http://www.zoo.ac.za/

HISTORIC MUSEUMS & CULTURE

Transvaal Museum of Natural History in Paul Kruger Street, Pretoria, is an impressive sandstone building housing fossils, dinosaur replicas and interesting artifacts. ☎ 012 322 7632.

The Union Buildings, headquarters of the South African government, were built in 1910, and were intended to symbolize the union of Britain and the Boer nation. The national monument is the site of Nelson Mandela's inauguration as South African president. www.visitpretoria.co.za/History/union-buildings

Voortrekker Monument, housing an impressive 27 panel frieze depicting the Great Trek. Mountain bikers, hikers and cyclists can make use of the monument's roads and trails. ☎ 012 326 6770 www.voortrekkermon.org.za

Freedom Park. It's a work in progress that stands as a monument to democracy, with a memorial, interactive museum and garden of remembrance. It also has a Wall of Names that lists South Africans who died in wars and strife dating back to the 15th century. ☎ 012 470 7400, www.freedompark.co.za.

EXPLORE

Cullinan Mine Tour - known for the whopping great diamond that was discovered there in 1905. ☎ 012 734 1795, 072 344 3072 www.cullinanmeander.co.za

Nan Hua Buddhist Temple in Bronkhorstspruit. The temple hosts Buddhist retreats and workshops and is open to the public from 09h00 to 17h00 each day except Monday. ☎ 013 931 0009, e mail info@nanhua.co.za

Vintage steam trains
The Cheugnette, a 1950s class locomotive, is one of a small fleet that has been pulled from retirement and lovingly restored by Friends of the Rail. The group runs regular tourism trips around Tshwane, as well as to Cullinan, Rayton and Bela Bela. ☎ 012 548 4090 www.friendsoftherail.com.
**Tswaing Meteorite Crater.** It's as if the aftershock of the blazing meteorite that blasted this 1.4 kilometer crater into the Earth's crust 220,000 years ago can still be felt. 📞 076 945 5911, e mail barns@nfi.museum.

**Cradle of Humankind** - Maropeng means “returning to the place of origin” in Setswana, the main indigenous language in this area of South Africa. The Cradle of Humankind is an easy drive of about an hour from Johannesburg or Pretoria. Our ancestors have lived in this area for more than 3-million years. By coming here, you are coming to the birthplace of humanity. Welcome home! www.maropeng.co.za 📞 014 577 9000

**Pretoria historic Tour** - The hop-on hop-off bus historic tour
📞 012 3581430
www.tshwanetourism.co.za

**ADVENTURE**

**Scenic DC3 Historic Flights**
Take a scenic flight over the Hartbeespoort Dam, Pretoria and Johannesburg areas.
📞 012 678 8221

**Diamond X Ranch.** The School of Western Horsemanship offers lessons, workshops and clinics in this type of riding for every level of experience. 📞 083 228 1849 www.diamondxranch.co.za.

**Adventure Fly-fishing lessons** 📞 012 755 6583 www.adventure-flyfishing.co.za

**Groenkloof Mountain Biking** 📞 012 440 8316 http://www.tshwane.gov.za/groenkloof.cfm

**Wonderboom Skydiving School** 📞 072 124 6670 http://www.saskydive.com

**COOL SPOTS**

**Cool Runnings** - Chilled out nightlife spots in Hatfield, the atmosphere is decidedly Caribbean, the drink is cheap, and the service is good. 📞 012 362 0100

**La Pentola**
If you feel like a fantastic meal, this is the place to visit. La Pentola has won a string of awards, which include Top Restaurant in South Africa, Top Restaurant in Pretoria, and Top Ethnic and Exotic Restaurant. 📞 012 329 4028 http://www.lapentola.co.za/

**Moerdijks**
The restaurant itself is a very high standard one, well situated in Arcadia (the typical Embassies' neighbourhood). the food is very well prepared, presented - Karoo lamb, great "Potjie" containing kudu meat; nice ostrich and kudu biltong (local is lekker) 📞 012 344856 www.moerdijks.co.za

**NIGHTLIFE**

**Hatfield**, near the university, has a large student population and a thriving arts community that drive its nightlife.

**Esselen Street** and the surrounding area in Sunnyside also have a number of bars, nightclubs and music venues.

**ENTERTAINMENT**

**The Carousel Casino** 📞 012 718 7777

**GETTING AROUND**

**Car hire**
Africa-Car-Hire.com 📞 078 669 4444
Europcar 📞 012 567 7756.
Tempest Car Hire 📞 012 663 1368.
Sixt 📞 012 342 2903.
Avis 📞 012 301 0700.

**Public transport**
Municipal bus services start in Church Square. 📞 012 358 0839.
Minibus taxis can be hailed.
Metered taxis
Rixi's Taxis ☏ 012 362 6262, email bookings@rixitaxi.co.za.
London Cabs ☏ 0861 11 4966.
For taxis to or from OR Tambo International Airport to Pretoria, call JIATA on ☏ 011 390 1502.

Safari Tours: ☏ 021 7801391 www.e-gnu.com

4.5 RUSTENBURG

Rustenburg means “Town of Rest” and was found in 1851. For some years, it was a frontier post and resort for hunters, explorers and prospectors who used it as a base from which to venture into the far interior. Rustenburg lies on the edge of the bushvelds igneous complex, one of the most heavily mineralized districts in the world. The main agricultural activity in the area is beef cattle, tobacco, citrus fruit, wheat, maize, sunflower seed and ground nuts. The platinum mines in Rustenburg are the largest producers of platinum in the world. Mines in the region produce platinum, asbestos, chrome, tin, lead, marble, granite and slate. Despite this being an industrial area the town is green and lush and has a delightful climate.

Rustenburg is soaked in history and tourism plays an increasingly important role. With a magnificent climate of typical bushveld topography, it offers ideal opportunities for relaxation. Within a radius of 30km there are no less than 20 holiday farms, as well as ample facilities for caravans and tents. Ample opportunity exists for sightseeing, sailing, clay pigeon shooting and combat school, oval racing, go-karting, many places to shop, restaurants, and nightlife includes a variety of clubs and pubs. There are several large parks and reserves in close proximity from Rustenburg.

Whats on in Rustenburg: Rustenburg Tourist Information Center ☏ 014 597 0904

SHOPPING

Rustenburg Square Shopping Centre ☏ 014 592 6677
Mid Town Mall ☏ 014 597 2808
Roberts Pottery and Craft ☏ 014 577 1498
Art of Africa ☏ 014 537 2521

OUTDOOR

Kgaswane Mountain Reserve. Rising above the city on the northern slopes of the Magaliesberg, the 5 300-hectare reserve has four trails, increasing in length and difficulty. The easiest is the Vlei Ramble, a two-kilometre stroll to the bird hide. Next is the Peglarea, a dodder at 5,5 kilometres, but with interesting rock formations and wonderful views. Things get tougher on the 19,5-kilometre Baviaanskrans Route and the 25,3-kilometre Summit Route, both of which have overnight huts that can accommodate 12 hikers each. ☏ +27-14-533-2050, www.tourismnorthwest.co.za/kgaswane.

Pilanesberg Game Reserve is in the Bojanala Region of the North West Province, adjacent to Sun City. Set in the crater of a long extinct volcano, the Park ranks among the largest of the parks in South Africa (it is in fact the fourth largest park) and covers an area of 55 000 hectare. www.pilanesberg-game-reserve.co.za/ ☏ 014 555 1600

Madikwe Game Reserve, situated against the Botswana border, 90 km north of Zeerust, just three hours’ drive from both Johannesburg and Pretoria, is now one of South Africa’s prime safari destinations. Madikwe is a Big Five game reserve covering some 75,000 hectare. ☏ 018 350 9931/2 www.madikwe-game-reserve.co.za/

Sundown Ranch Lion Park ☏ 014 573 3121

Elephant Sanctuary in Brits ☏ 012 258 0423 www.elephantsanctuary.co.za/magalies.htm

HISTORIC MUSEUMS & CULTURE

Boekenhoutfontein, the historic farm of President Paul Kruger, at Kedar Country Hotel. ☏ 011-950-6226, www.kedarcountryhotel.com
Rustenburg Museum
The museum, in the Town hall, has exhibits depicting local history and archaeology.

Lesedi Cultural Village - awaits those willing to participate in an adventure that reveals the mystical cultures and traditions of the people of Africa, steeped in tribal folklore and ancestral traditions. Our culture is the light of our nation – whoever walks here amongst our cultures at Lesedi can also see the light. ✆ 012 205-1394 http://www.lesedi.com

Sun City Multicultural Village - The Village People at Sun City showcases most of the cultures and tribes in South Africa, highlighting the day-to-day living in rural areas through dress, song, dance and food. Experience the history, lifestyles, architecture, craftsmanship and beliefs of tribes such as Tswana, Zulu, Pedi, Xhosa, Ndebele, Venda, Shangaan and Ntwana. The village also offers a trendy African Shebeen specializing in authentic South African cuisine. ✆ 014-552-5080 Website: www.legendlodge.co.za

EXPLORE

Sun City and the Palace of the Lost City
The Sun City and Lost City Resorts are the prime tourist attractions in South Africa. The complex, which is set on the slopes of a picturesque valley in the Pilanesberg Mountains, captures the essence of an ancient African Kingdom in opulence and the astonishing and recreational facilities are all combined to enthrall the visitor. Casino’s, the Valley of the Waves and two world renowned championship golf courses are just some of the many attractions.

Groot Marico district, it's not hard to see how South African writer Herman Charles Bosman found his inspiration for the Oom Schalk Lourens stories. Whether it's sipping tea at Marico Memoirs and straining your ears to overhear the gossip at the next table, visiting Oom Johannes Palm at the Marico Eye, or talking history and life on the stoep of the information centre with Egbert and Santa van Bart, the town is a trove of tales, tall and short. Should conversation ever dry up, you can take a dip in the Marico River, pack a picnic and spend the day birding or hike up Stone Clad Mountain. ✆ 027-83-272-2958,

Predator World on the R556, five kilometers from Sun City. ✆ 27-76-817-6869, www.predatorworld.co.za.

ADVENTURE

Airtrackers operates from Sun City and offers hot-air balloon trips over Pilanesberg National Park. ✆ 014-552-5020 www.airtrackers.co.za.

Magaliesberg Canopy Tours. The tour comprises 11 platforms linked by steel cables which zig-zag across the gorge. Participants are given a harness and headgear and are then attached to the cables, which whizz you across at breathtaking speeds. It's a rush and a wonderful way of getting a new perspective on the world. The tour takes about 2,5 hours and includes a light lunch. ✆ 014-535-0150 www.magaliescanopytour.co.za.

Buffelspoort Dam, apparently one of the cleanest in South Africa. It's also a popular water sports venue for skiing, kayaking and canoeing. ✆ 014-572-3757

Cable car to the top of the Magaliesberg - Weekdays 10h00 - 15h30 Weekends 10h00 - 17h00 ✆ 012 253 1706 www.hartbeespoortdam.com/cableway/

Hartebeespoort Snake and Animal Park Entertaining seal shows & snake handling demonstrations are performed on Sundays & Public Holidays At 12:00 & 15:00 ✆ 012 253 1162 www.hartbeespoortdam.com/snake&animalpark/

Bergheim Trail is situated in the northern part of the Magaliesberg mountains, not far from Rustenburg ✆ 014 537 2363

Bobbejaan Trail - Mountains and waterfalls in Rustenberg Kloof ✆ 014 594-1037/8/9

The SummitTrail 25,3 km, includes natural pools in which swimming is permitted in the Kgaswane Mountain Reserve. Overnight facilities. ✆ 014 533 2050 http://www.tourismnorthwest.co.za/kgaswane

Horse Riding - Rustenburg ✆ 084 350 7238
### NIGHTLIFE

The Tusk Bar is located in the Palace Hotel Club Chirp, Sun City Entertainment Centre
Traders Night Club, Sun City Entertainment Centre
Rustenburg has a few bars on Beyers Naudè Drive, a pub on Heystek Street and a backpackers' bar on Leyds Street.

### ENTERTAINMENT

**Sun City Casino & Valley of the Waves.** Every 90 seconds, a siren wails, followed by a wall of people rushing into the water to ride a 1.2-metre wave that breaks at 35 kilometers an hour. It's not quite Durbs, but it's the next best thing for landlocked souls. There are also scary, slippery slides that plunge down a 70-metre chute and a host of other rides and activities to thrill and chill. 📞 014-557-1000, [www.suncity.co.za](http://www.suncity.co.za)

Rustenburg Information Centre, 📞 083 272 2958 [www.marico.co.za](http://www.marico.co.za)

### GETTING AROUND

**Car hire**

Africa-Car-Hire.com 📞 078 669 4444
Europcar 📞 014 597 4666.
Avis 📞 014 592 6994.

**Metered taxis**

New Era Taxis 📞 014 592 2929.
Dinki Bus and Taxi 📞 014 597 3645.

**Safari Tours:** 📞 021 780 1391 [www.e-gnu.com](http://www.e-gnu.com)

### 4.6 POLOKWANE

If Limpopo is the 'land of myth and legend', then Polokwane is its lost city, rising from the bushveld paradise. It's a bustling economic hub that somehow manages to retain a bucolic feel and has the distinction of boasting a game reserve a mere three kilometres from the imposing Peter Mokaba Stadium.

It's also conveniently located, with Zimbabwe, Mozambique and Botswana a few hours away and it's not far from the glories of the Soutpansberg and Waterberg mountain ranges. Polokwane is also only two hours from Kruger National Park, which is unbeatable for a Big Five safari.

Limpopo's rugged surrounds were made for mountain and quad bikes. Technical routes through hilly, forested terrain and wildlife sanctuaries will challenge riders of all abilities.

Abseiling, kloofing (canyoning) or rock climbing you're after, head for the wild mountains of the Magoebaskloof area. Expert guides offer extreme sports in a breathtaking setting the wild and untamed Mohlapetsi Valley. Caving is growing in popularity here too and instructors will help you discover subterranean excitement.

**Restaurant Guide:** [www.what2night.co.za/restaurants/browse/city/97](http://www.what2night.co.za/restaurants/browse/city/97)
**Tourism Info:** [www.polokwane.org.za](http://www.polokwane.org.za)

### SHOPPING

**Farmyard Trading Post** proudly produces a fresh variety of home baking and Alfresco foods on the premises from a variety of gourmet cheeses and breads to delectable pastries. Their doors are open from 09:00 17:00 Mon Sun and you are invited to experience something out of the ordinary. 📞 015 263 6452 [www.thefarmyard.co.za](http://www.thefarmyard.co.za/)

**Limpopo Mall** This shopping centre accommodates all tourists of all ages. Here you will find a variety of restaurants, coffee shops, fashion outlets, jewellery stores and much more. 📞 015 291 4772.
**Cycad Centre** - coffee shops and restaurants, alongside a photo centre, DIY outlet and pharmacy. 📞 015 291 4700
Savannah Centre - established shopping centre that offers it shoppers 65 shops, which will be increased by an additional 45 shops. ☏ 015 296 1401.

Gemco arts & crafts studio
Situated 1 km from the city on the N1 south a brilliant collection of semi precious stones, ivory and other jeweller. The fascinating manufacturing stages of semi precious beads such as tiger eye can be seen. ☏ 015 292 0758

OUTDOOR

Birding ☏ 015 263 6473 www.edenroutes.co.za
Magoebaskloof forest for adrenaline fuelled activities ☏ 083 866 1546 www.thabametsi.com
Polokwane Game Reserve ☏ 015 263 6473, web www.polokwaneonline.com/naturesway
Golf - Course founded in 1863. ☏ 015 295 4118

HISTORIC MUSEUMS & CULTURE


Polokwane Museum
This national monument building exhibits detailing the history of the city and its environment.

Bakone Malapa Open Air Museum showcases Northern Sotho and Ndebele culture and includes a ‘living’ village. ☏ 015 295 2432

EXPLORE

Cultural day trips and tailor made outings from Polokwane. ☏ 015 298 8127

Fiki Mmini, a man 'born poor, but rich in mind'. Among the home made drums, hubcaps, shoes, planks, plastic flowers, tin cars and other curiosities On the R71 just past Mankweng, about 30 minutes from Polokwane.

Moria, about 25 kilometres east of Polokwane, is the seat of the Zion Christian church an entirely black denomination with over four million members formed in 1910 by Engenas Lekganyane an indigenous church to Africa that is one of the only churches not established by evangelists from abroad. Contact: ☏ 015 267 1124/5

Spa’s wellness techniques will rejuvenate stressed fans. ☏ 015 360 8020

Crocodile Farm ☏ 014 735 3022 www.sibakalodge.co.za

Elephant Back Safaris ☏ 083 419 8223 www.efaf.co.za

Game drives, Horse trails & alfresco dinning ☏ 015 263 6473 http://www.polokwaneonline.com/naturesway/

Kurisa Moya Nature Lodge & Holistic living ☏ 015 276 1131 www.krm.co.za/

Moletzie Bird Sanctuary - A sanctuary housing many bird species and highly acclaimed for its excellent work in the protection of rare Cape Vulture.

ADVENTURE

The Wolkberg is a rugged area and hiking in this area can be classed as strenuous and should be only attempted by those who are fit. The hike leader should be an experienced hiker with a local guide. 0 15 276 1303 http://www.explorationsociety.org/drupal/node/94

Hot Air Ballooning ☏ 027 15 793 3491 www.gwala.co.za
White Water Rafting ☏ 015 795 5488 www.ottersden.co.za
Microlighting ☏ 015 793 0348 www.lefssa.com
Skydive ☏ 083 759 3483 www.skydivextreme.co.za
4x4 Trails ☏ 015 276 5076 www.adventurelifestyles.co.za
Abseiling ☏ 014 736 3337 www.limpopoteambuilding.co.za
Paintball ☏ 082 570 9485.
Adventure Centre Boat Trips ☎️ 015 795 5961
Quad Biking ☎️ 014 734 1714  [www.etango.co.za]
White Water Rafting ☎️ 015 795 5488
Hiking - Polokwane Game Reserve, on ☎️ 015 290 2331
Caving at Makapan’s Cave on ☎️ 015 491 8458,

COOL SPOTS
Please let us know!!!

NIGHTLIFE
Saskia’s ☎️ 015 291 4042
Fusion Boutique Hotel for cocktails and fabulous food.

ENTERTAINMENT
Meropa Casino and Entertainment World ☎️ 015 290 5400, five kilometres outside of the city, offers a casino and several restaurants and bars.

GETTING AROUND
Car hire
Africa-Car-Hire.com ☎️ 078 669 4444
Europcar ☎️ 015 288 0097
Tempest Car Hire ☎️ 015 288 0219
Sixt ☎️ 015 291 4819
Avis ☎️ 015 288 0171

Metered taxis
City Taxis ☎️ 015 297 4493
Maxi Taxi ☎️ 072 704 987

4.7 NELSPRUIT

Nelspruit is the capital of the province of Mpumalanga. The city lies in the fertile valley of the Crocodile River, 330km (205.06 miles) east of Johannesburg in the hot and humid Lowveld. Malelane Gate, southern access to the Kruger Park, is about 60km (37.28 miles) away.

This is adventure sport epicentre of South Africa and from Nelspruit (Mbombela/Nelspruit) you can arrange to do anything, be it daredevil slalom canoeing, bungee jumping, river rafting or gorge

The town itself is quite large but still very pleasant and forms a road and rail link from Pretoria and Johannesburg to Maputo in Mozambique to the south-east, and the Panorama Route and Kruger National Park to the north and north-east.-swinging.

The dramatic escarpment and the cliffs in the Blyde (Motlatse) River Canyon provide some of the best hang-gliding and paragliding sites in South Africa, with unparalleled winter flying conditions. The province is also a haven for hang-gliders, microlight enthusiasts, parachutists and small aircraft adventurers. You can also take a hot air ballooning sojourn over Hazyview.

Graskop's insane gorge swing is a must. Freefall 68 metres, plummeting from zero to 160 km/h in just 3 seconds, swinging out like a human pendulum across the gorge (the views are spectacular and so is the after-rush). Try the zipline too (we call it a foefie slide) - a ‘hang-on-for-dear-life’ experience down a 130 m high wire suspended 80 m above the gorge.

For those who prefer their feet on the ground, trout fishing is also very popular along the Highlands Meander and towns like Dullstroom and Chrissiesmeer attract keen fisherman from all over the country. ‘Green hunting' with veterinarians for a cause is a refreshing alternative wildlife activity.

Mountain bikers, 4x4 aficionados and motorcyclists are a regular sight in and around Nelspruit and quad biking in
the Sabie area is also extremely popular.

**What's on in Nelspruit:** ☎ 082 411 7132 [www.eventsxtreme.co.za](http://www.eventsxtreme.co.za)  
**Restaurant Guide:** [http://www.infohub.co.za/mpumalanga/nelspruit/restaurants.htm](http://www.infohub.co.za/mpumalanga/nelspruit/restaurants.htm)

**2010 Soccer Fan Camp:** [www.2010camp.com](http://www.2010camp.com)

**SHOPPING**

I'langa Mall  
Nelspruit's newest shopping centre ☎ 013 747 2700 [www.illangamall.com](http://www.illangamall.com)

Casterbridge Farm Shopping Centre  
The **White River Gallery**'s design is based on energy-efficient principles. It's lit by natural light during the day and fluorescent light with UV filters after dark. The gallery exhibits contemporary South African artists. ☎ 082-553-8919, [www.whiterivergallery.co.za](http://www.whiterivergallery.co.za)

Bosch Studio:  
Smallholding outside White River. Ceramic studio with a range of work by ceramic artist Anton Bosch, including vast ceramic panels. Open Mondays to Fridays from 8am to 4pm, Saturdays from 8am to noon. ☎ 013 751-2859.

**OUTDOOR**

**Lowveld Botanic Gardens:**  
There are several short trails through these magnificent gardens on the outskirts of Nelspruit, next to the Crocodile River. Two waterfalls can also be viewed. ☎ 013 752-5531 [www.sanbi.org](http://www.sanbi.org)

Kruger National Park  
This world famous game park and home of the Big Five is just around the corner. From Nelspruit you can enter the Park through Malelane gate (60km) or Numbi Gate (50km) while Hazyview and Malelane is situated next to the Kruger and Malelane gates respectively. Komatipoort is next the Crocodile Bridge Gate of the Park. Open Vehicle safaris are undertaken to and from the Park from Nelspruit, Hazyview and Malelane. For Private Safaris ☎ 021 7801391 [info@greenlife.co.za](mailto:info@greenlife.co.za)

The **Boondocks labyrinth** near Kaapmuiden lies beside a flowing stream under a canopy of tall trees. Just standing next to it, before you've taken your first step on its winding trail, is a soothing experience. ☎ 082-808-2733, [www.boondocks.co.za](http://www.boondocks.co.za)

**Birding:**  
The Lowveld Birding society is very active and they present regular outings to surrounding areas. Contact them on ☎ 013 753-3238.

**Caves:**  
The Sudwala Caves near Nelspruit is the oldest known cave in the world. Hour-long tours through the caves are conducted daily. ☎ 013 733-4152. [www.sudwalacaves.co.za](http://www.sudwalacaves.co.za)

**Hiking trails:**  
The Matumi trail:  
In the Nelspruit Nature reserve ☎ 013 759-2298

**HISTORIC. MUSEUMS & CULTURE:**

**Pilgrim's Rest:**  
This entire gold-rush town is a museum, with original buildings, including houses, offices and pubs, restored. Museum open daily from 9am to 1pm and from 1.30pm to 4.15pm. ☎ 013 768-1060. [www.pilgrimsrest.org.za](http://www.pilgrimsrest.org.za)

**Skukuza Museum, Kruger National Park.**  
On display are Agfa Wildlife and Environment Award-winning photographs, paintings by prominent wildlife artists and displays devoted to the history of the park. There is also a research library. Open daily from 8.30am to 4pm and from 7pm to 9pm. ☎ 013 735-5611. [www.sanparks.org](http://www.sanparks.org)
Lydenburg Museum:
Signposted, Lydenburg. This museum focuses on the history and prehistory of the area. Open weekdays from 8am to 4pm, weekends from 8am to 5pm. ☏ 013 235-2121. www.lydenburgmuseum.org.za

EXPLORE

Gold Panning:
Daily excursions to the alluvial claims on the Nood Kaap River. ☏ 013 719-9681.

Blyde River Canyon Nature Reserve covers an area of approximately 27000 hectares (270 km2) ☏ 013 752 7012 www.highlandsmeander.co.za

Dullstroom Bird of Prey & Rehabilitation Centre ☏ 013 254 0777 www.birdsofprey.co.za

ADVENTURE

Horse Trails: Kaapsehoop horse trails offer several trails in around this historic village and in the surrounding mountains and forests- ☏ 082 7745826.

Hot air ballooning:
Most of the flights take place in the White River/Hazyview area. ☏ 013 737-6950.

White Water rafting:
Tours are undertaken on the Blyde, Sabie and Olifants Rivers. ☏ 013 751-1693 for further information.

Cycling and mountain biking:
There are also numerous mountain bike trails in and around Nelspruit. ☏ 013 753-3204

4X4 Training and trail close to Nelspruit. ☏ 013 755-4691.

Wilderness Trail
In the Mara area near Nelspruit. ☏ 013 726 0148 or 0837657830

Paragliding:
Contact the Lowveld Slope Soaring Club for packages. Five months training courses as well as once off tandem flights available any day of the week. ☏ 013 741-2133

Absailing:
Near the Sudwala caves. ☏ 013 744-7850.

Microlighting:
Pyramid Flying school offers short tandem flights on a microlight to explore the Lowveld from the air. Flight training on micro-lights is also offered. ☏ 013 744-7611

COOL SPOTS

Fine Dining with great pricing and an atmosphere not to be missed can be found at the Salt Restaurant in White River ☏ 013 751 1555
Olivers Restaurant ☏ 013 7050479 www.olivers.co.za

NIGHTLIFE

Blue Moon - Nelspruit - Live Entertainment ☏ 013 744-9033 www.blue-moon.co.za
Popular Pubs and clubs in the Nelspruit area are
Lumber Jacks. Café Matrix, Utopia & Equador

ENTERTAINMENT

Emnotweni Casino ☏ 013 757 4300) is just outside of Nelspruit has gaming tables and a restaurant.
GETTING AROUND

Car hire
Africa-Car-Hire.com ☏ 078 669 4444
Sixt ☏ 013-750-2538.
Avis ☏ 013-750-1015.

Metered taxis
City Bug ☏ 013-753-3392.

For Safaris: ☏ 021 7801391 www.e-gnu.com

For any further information Lowveld Tourism on ☏ 0861 102 102 www.lowveldtourism.com

4.8 PORT ELIZABETH

The ‘Friendly City’, Port Elizabeth has a stunning coastline with safe and clean beaches.

PE is worth visiting for its surrounding attractions too – you can arrange day trips to game lodges, to the Addo Elephant National Park, to the cultural hub of Grahamstown and to Jeffrey’s Bay, famous for its impressive scenery and surfing.

Life generally revolves around the ocean, even during the cooler winter months. PE’s Humewood beach has achieved Blue Flag status as a world class beach venue. The city is a nature lover’s paradise, so don’t miss the boat cruises, diving opportunities, a visit to Seaview Game & Lion Park and an excursion to Bayworld, which incorporates an oceanarium, museum and snake park.

Nelson Mandela Bay has 40 km of beaches with protected areas for swimming, fishing, surfing, scuba diving, snorkeling and sailing. There is something magical about this coastal terrain. Closer to Port Elizabeth is the Seaview Game & Lion Park and the Kragga Kamma Game Park.

Another popular activity is the Apple Express steam train trip from Port Elizabeth to Thornhill, where you can take in scenic views from the highest narrow gauge bridge in the world.

You’re in the right place if you’re an adrenalin junkie. In Port Elizabeth, you can dive with sharks at the oceanarium at Bayworld. There are other dive sites too, including fascinating wreck dives

Restaurant Guide: www.dining-out.co.za/Port-Elizabeth-restaurants.asp

What’s on in Port Elizabeth: http://www.ibhayi.com

SHOPPING

Elephant Walk Centre, for a boutique and original shopping experience
Doorley Road, Colleen Glen. ☏ 041 372 1470, www.elephantwalkec.co.za.

Green Acres Shopping Centre The biggest mall in Port Elizabeth, Greenacres, will satisfy all your purchasing needs whilst visiting this friendly city.
The mall forms part of a kilometre long complex that will entice all shoppers. ☏ 041 363 0791 www.greenacres.co.za

OUTDOOR

Cape Recife Nature Reserve is great for bird watching and nature walks. www.pe.org.za/hikes.html

Settlers Park Nature Reserve comes as a surprise: a green lung amid an otherwise built up city.

Maitland Mines is an isolated piece of nature about 30 kilometers west of town that has hiking and 4x4 trails and
great picnic spots with views of the ocean. 📞 041 372 1909, [www.maitlandmines.co.za](http://www.maitlandmines.co.za).

**The Van Stadens Wild Flower Reserve** - This small 450 hectare reserve is protected to ensure that the excellent variety of plant, bird and animal species. 📞 041 956 0155)

**Seaview Game & Lion Park** - The Seaview Game Park is established on 120 hectares of beautiful coastal bush and grassland. It is quite literally situated on the city’s doorstep and will only take you a few minutes to reach by car. While the park specializes in Lions, it is also a small game park and is home to more than forty species of wildlife. 📞 041 378 1701 or visit [http://www.seaviewgamepark.co.za](http://www.seaviewgamepark.co.za)

**Addo Elephant National Park** - Addo Elephant National Park seeks to be fully integrated into the regional landscape, conserves and enhances the characteristic terrestrial and marine biodiversity, ecological processes and cultural, historical and scenic resources representative of the Eastern 0(0)12 428 9111 or mobile: 📞 082-233-9111 [www.sanparks.org](http://www.sanparks.org)

**Kragga Kamma Game Park**
Lush coastal forest and grassland is home to vast herds of African game, including White Rhino, Buffalo, Cheetah, Giraffe, Zebra, Nyala, Bontebok, Lechwe and many more species. All the animals roam freely, unrestricted in natural surroundings. This owner operated animal friendly park, where no hunting or other disturbance of the game is permitted, means that you always get close up views and great photo opportunities. 📞 041 379 4195 [www.kraggakamma.com](http://www.kraggakamma.com)

**Swarkops Valley Nature Reserve** - If you’re a keen cyclist, there are 2 mountain biking trails: the 23 km Baakens River trail and the 22 km circular route along the Reserve. 📞 041 585 9711
Email: peparks@iafrica.com

**HISTORIC MUSEUMS & CULTURE**

**Bayworld Museum,** 📞 041 584 0650, [www.bayworld.co.za](http://www.bayworld.co.za).


**EXPLORE**

Choice beaches include King’s Beach, Humewood Beach, Hobie Beach, Pollock Beach, Brighton Beach, Bluewater Bay, St George’s Strand and Wells Estate.

**St George's Park** is a green space in the city centre, with an open air theatre, art galleries and a public swimming pool. It's a popular picnicking spot. [www.stgeorgespark.co.za](http://www.stgeorgespark.co.za)

Apple Express Steam Train Association 📞 042 - 233 0619 [www.appleexpresstrain.co.za](http://www.appleexpresstrain.co.za)

**Beachview Barnacles** - safest and less crowded areas in the Port Elizabeth area, 📞 041 378 2058.

**Offcamber Adventures** lies in the Elands River Valley on one of the oldest farms in the area. Take your own vehicle or piggyback a ride and explore the winding 4x4 trails 📞 021 401 955 572, [www.offcamberadventures.co.za](http://www.offcamberadventures.co.za).

**Raggy Charters**, led by conservationist, wildlife educator and marine safari specialist Lloyd Edwards, is known for its tours to see the whales and dolphins in PE’s waters. 📞 041 378 2528 [www.raggycharters.co.za](http://www.raggycharters.co.za)

**Eco bird touring**
In and around town are more than 100 bird species of all shapes and sizes. 📞 041 466 5698 [www.birdtours.co.za](http://www.birdtours.co.za).

**ADVENTURE**

Fishing and Boat Charters 📞 082 459 9971 [http://www.3waycharters.co.za](http://www.3waycharters.co.za)

Horse riding **Zuurberg Horse Trail** In the Addo Elephant National Park 📞 082 783 1187 📞 042 233-0581

**Sacramento** Local Horse trail 📞 041 559 711
Bungy Jumping  Bloukrans is officially recognized by Guinness World Records as being the World's Highest Commercial Bungy Jump at a whooping 216 m high! A proud record for South Africa ☎ 042 281 1458 www.faceadrenalin.com

Surfing  Head to the surf capital of South Africa J-Bay 70 km away.  http://www.learn2surf.co.za/surfschools_pe.html

Helicopter Trips to the Wild Coast  http://www.av8helicopters.co.za

Parachuting  ☎ 082-8009263 www.epskydivers.co.za

Diving ☎ 041 581 1144 www.prodive.co.za

Mountain Biking www.gardenroute.co.za/pe/trails.htm

COOL SPOTS

Barney's Tavern - on the beachfront next to Hobie Beach has live music and live sports screenings. ☎ 041 583 4500

Toby Joe’s is a pub by day and a club by night, with live music and DJs ☎ 041 584 0082.  www.tobyjoes.blogspot.com

NIGHTLIFE

The Boardwalk Beachfront
Dizzy Dolphin's Café (Restaurant and Cocktail Bar) ☎ 041 583 4536
Blue Waters Café (Restaurant) ☎ 041 583 4110

Pubs, Taverns and Cocktail Bars

An entertaining variety of traditional English pubs, taverns and cocktail bar options are available in Nelson Mandela Bay, most of which also offer live music and partying until sunrise.

78 Restaurant & Bar, 16 Buffelsfontein Road, Mount Pleasant ☎ 041 368 5699
Captains Bar and Grill, Shop 1C, Dolphin's Leap, Beach Road ☎ 041 582 2238

Gondwana Café, Restaurant and Cocktail Bar, Dolphin’s Leap, Beach Road ☎ 041 585 0990
Giovani’s, Dolphin’s Leap, Beach Road ☎ 041 586 3189
Frango’s Cocktail Café, Access Retail Park, Miramar ☎ 041 368 5761
Supersport Arena, Boardwalk Casino Complex ☎ 041 507 7902
Jeya Jazz Corner Tavern, Sheya Kulati Circle, Cnr Ferguson and Avenue A, New Brighton ☎ 041 454 7567

ENTERTAINMENT

The Savoy Club Theatre ☎ 041 368 4598 www.savoy.co.za

Feather Market Centre ☎ 041 585 5514 www.feathermarket.co.za/

The Opera House ☎ 041 586 2256, http://www.peoperahouse.co.za/

The Boardwalk Casino and Entertainment World, Marine Drive, Summerstrand, ☎ 041 507 7777. www.boardwalk.co.za

Brookes Pavilion Entertainment Complex, Beach Road and Brooke’s Hill Drive ☎ 041 583 4110

Centrestage Productions  Centrestage is a leading entertainment creation and booking agency in Port Elizabeth. ☎ 041 368 3093, www.centrestage.co.za

Fire Klub - For information, contact Fire Klub in an outfit that promotes, nurtures & showcases local, original talent, by providing a warm, supportive platform for free artistic expression in the form of music and gigs. ☎ 072 658 3006 Dorien, E-mail: dorien@fireklub.co.za
**Four Winds Music** - The Folk Club was established in 1969 and showcases some of Nelson Mandela Bay's original local musical talent on an informal and relaxed basis. ☏ 082 568 1755 Rod, E-mail: listmaster@fourwindsfolkclub.co.za

**The Eastern Cape Philharmonic Orchestra** ☏ 041 581 7747, e-mail: info@ecpo.co.za [www.ecpo.org.za](http://www.ecpo.org.za)

**GETTING AROUND**

**Car hire**
Africa-Car-Hire.com ☏ 078 669 4444  
Europcar ☏ 041 581 4214.  
Tempest Car Hire ☏ 041 581 1256.  
Sixt ☏ 041 581 1123.  
Avis ☏ 041 501 7200.

**Public transport**
There is a Metrorail service from Port Elizabeth to Uitenhage, ☏ 011 773 1600, web [www.metrorail.co.za](http://www.metrorail.co.za).  
Algoa Bus Company operates buses to all parts of the city and residential areas, ☏ 041 404 1200, web [www.algoabus.co.za](http://www.algoabus.co.za).  
The Apple Express is a tourist train that goes from Humewood Road to Thornhill Village, ☏ 041 583 2030.  
Minibus taxis can be hailed and are found around the city.

**Metered taxis**
Hurters Cabs ☏ 041 585 5500.  
Kingcab ☏ 041 368 5559.  
Magic Cabs Taxi ☏ 041 582 2800.

**Safari Tours** ☏ 021 780 1391 [www.e-gnu.com](http://www.e-gnu.com)

### 4.9 BLOEMFONTEIN

The Free State's provincial capital and judicial capital, Bloemfontein, or Bloem to locals, is rich in history with fine examples of late 19th and early 20th century buildings as well as museums and monuments. Known as the "city of roses" Bloemfontein is one of the few cities in the world where you can spot wildlife in the centre of the city, in the Franklin Game Reserve.

**Bloemfontein Restaurant Guide**: [www.wininganddining.co.za/freestate/bloemfontein](http://www.wininganddining.co.za/freestate/bloemfontein)  
**What's on in Bloemfontein**: ☏ 051 405 8489/490, [www.bloemfontein.co.za](http://www.bloemfontein.co.za).

**Activity opportunities around Bloemfontein:**

**SHOPPING**

**Orgasmic farmers’ market** every Saturday morning, Bankofs Boulevard, Langenhoven Park. This farmers' market is jam-packed with fresh fruit and veggies and you're sure to find the best biltong and dry wors in the country on sale. Find out how to buy and prepare a "Skilpad" or "Pofadder"

**Loch Logan Waterfront**
Loch Logan Waterfront and surrounding areas form the entertainment and leisure hub of Bloemfontein. It includes the rugby, cricket and athletics stadiums. The tranquil setting incorporates the natural beauty of the surroundings as well as commercial flair. ☏ 051 448 3607 [www.lochlogan.co.za](http://www.lochlogan.co.za)

**OUTDOOR**
Franklin Game Reserve is located on Naval Hill in the centre of the city and offers an escape into nature with its wildlife, abundant bird species, and indigenous flora. Be cautious when visiting the reserve at night.

**King's Park**, on Parfitt Avenue, was opened by the Prince of Wales in 1925 and has more than 4000 rose trees in its rose garden.
Cheetah Experience, visitors have a chance to interact safely with hand reared orphan felines. ☎ 072 905 3457

Orchid House are sure to impress. Entrance is free and the doors open at 10h00 and close at 16h00 Monday to Friday, Saturdays and Sundays until 17h00. ☎ 051 405 8488

Free State National Botanical Garden has, besides the obvious, a medicinal plant garden and walking trails. ☎ 051 436 3530; www.sanbi.org.

Bains Game Lodge and Bush Pub is a good place to drink a beer and try some traditional food. ☎ 051 451 1761, www.bainsgamelodge.co.za.

Soetdoring Nature Reserve and Predator Park makes a great day trip. Take binoculars for some of Bloemfontein's best birding. ☎ 051 433 9002.

**HISTORIC & MUSEUMS**

Fantasy World JRR Tolkien lived in Bloemfontein for the first three years of his life, probably the most impressionable time. The characters of the Hobbit are based on real people whose decedents still haunt Bloemfontein. ☎ 051 447 0663 or 083 305 8434 www.hobbit.co.za.

Anglo Boer War Museum on Monument Road for insight into the 1899-1902 war. Nearby, the 1913 National Women's Memorial, commemorates the 26 000 women and children who died in British concentration camps during the Anglo Boer War. For both contact ☎ 051 447 3447, web www.angloboer.co.za.

Bloemfontein National Museum. Completed in 1912, it houses well maintained and engaging anthropological and cultural displays, as well as natural history & astronomy installations. ☎ 051 447 9609, www.nasmus.co.za.

**ADVENTURE**

Skydiving ☎ 051 451 1143 Email: tandemskydive@gmail.com
Hot air ballooning ☎ 083 446 9423 Email: info@hotairballooningsa.co.za

**NIGHTLIFE**

The Mystic Boer is Bloem's most popular pub and live music venue. ☎ 051 430 2206 www.diemysticboer.co.za.

Cool Runnings ☎ 051 430 7364 has live bands and DJs at weekends.

Sand du Plessis Theatre ☎ 051 447 7771) holds performances of live music, ballet, drama and opera.

**GETTING AROUND**

Car hire
Africa-Car-Hire.com ☎ 078 669 4444
Europcar ☎ 051 448 4530.
Tempest Car Hire ☎ 051 433 2146.
Sixt ☎ 051 433 3577.
Avis ☎ 051 433 2331.
Safaris: ☎ 021 780 1391 www.egnu.com
SECTION 5: SOCCER STADIA, FAN PARKS, PARK & RIDES, FIFA TICKET CENTERS

5.1 JOHANNESBURG: SOCCER CITY

Venue for the Opening Match between Mexico and South Africa and host for the Final between [fill in your prediction] and [fill in your prediction].

Johannesburg’s FNB Stadium was rebuilt for the World Cup, renamed as Soccer City, and seats 95 000 fans. Its design is the shape of a traditional African calabash pot. The stadium is south of Johannesburg centre and close to Soweto.

5.2 JOHANNESBURG: ELLIS PARK

The traditional home of rugby in Johannesburg, Ellis Park will be used as the city’s second stadium during World Cup. Sited in a suburb east of the city, it will be best to get to the stadium by bus from one of the designated parking areas around the city.

Ellis Park seats 60 000 and will host 7 matches, including a Round of 16 and a Quarter Final.

Fan Parks Johannesburg - There are two fan parks in the city. Elkah Stadium in the township of Rockville in Soweto hosts 40 000 fans. Seboko St, Moroka, Soweto. The stadium is 16 km from Ellis Park, 8 km from Soccer City and 50 km from OR Tambo International Airport. Capacity: 40 000. Open 10am - Late

In the Northern suburbs, Innesfree Park is close to Alexandra Township and Sandton's CBD. Both fan parks will be open every day throughout the tournament from 10h00 to 00h00. Katharine Street, Strathavon, Sandton. The park is 15 km from Ellis Park, 30 km from Soccer City and 20 km from OR Tambo International Airport. Capacity: 20 000. Open 10am – Late

PARK AND RIDE (Bookings for Jo'burg Park and Rides only at Computicket offices or at www.computicket.com):
Both Ellis Park and Soccer City can be reached by commuter rail. The Bus Rapid Transport (BRT) system will run from Soweto, the Joburg CBD and the northern suburbs. There will also be a shuttle service from OR Tambo Airport.

Soccer City Park and Ride:
- Wits Campus, Enoch Sontonga Avenue, Braamfontein
- Gold Reef, Data Crescent, Ormonde

Soccer City Park and Walk:
- Ormonde Shareworld, Shaft 17 and Nasrec Road
- Aeroton, Rand Show and Adcock Ingram Road
- Rand Show Road, Randshow and Aerodrome Road

Ellis Park Park and Ride:
- Wits Campus, Enoch Sontonga Avenue, Braamfontein
- Gold Reef, Data Crescent, Ormonde
- Bez Valley, Marcia Street, Observatory

Ellis Park Park and Walk:
- Athlone Boys School, No 70 Bezuidenhout Avenue, 3rd and 4th Street, Bezuidenhout Valley

FIFA TICKETING CENTRE (FTC), JOHANNESBURG:
Maponya Mall, Old Potchefstroom Road, Soweto
Laico Isle, Corner Rivonia Road and Linden Street, Sandton

5.3 PRETORIA: LOFTUS VERSVELD

This is also a traditional rugby ground and home of the Blue Bulls Super 14 rugby champions.

The stadium seats 45 000 and is situated in the suburb of Sunnyside, close to the City Centre, so the best way to get there is from one of the Park and Rides. Six games will be played at Loftus, including one Round of 16.
Fan Park Pretoria - Centurion Cricket Ground, located just outside the city’s central business district. The Cricket Ground has been the host to many large sporting events in the past, and will provides onsite facilities for visiting fans, with seating and standing options, viewing the games on the 50sqm screen. Capacity: 30 000. Open 10am – Late

PARK AND RIDE:
A rail service, run by Metrorail, will run to the stadium directly. A long distance and partial bus system will run to one of the park and ride centres.

Park and Ride:
- Pretoria Sport Union, Totius Street
- Sports Campus, University of Pretoria, South Street Extension

Park and Walk
- Pretoria Technical High School Corner of Park and Wessels Street

FIFA TICKETING CENTRE (FTC), PRETORIA:
Brooklynn Mall, Corner Muddel and Fehrsen Street, New Muckleneuk

5.4 RUSTENBURG: ROYAL BAFOKENG

Royal Bafokeng was purpose built for the World Cup and is dramatic new stadium seating 40 000 fans. It is situated outside the city of Rustenburg, north of Pretoria. The English training camp is at the nearby Royal Bafokeng sports complex.

Six games – including a Group of 16 and an opener on Day 2 between England and USA - will be held at this stadium.

Fan Park Rustenburg - Fields College is the site of Rustenburg’s fan park. A short distance from the city centre and 13 kilometres from the stadium, the park is open on all match-playing days during the tournament from 10h00 to 23h00. Capacity: 30 000. Open 10am – Late

PARK AND RIDE:
The city has made provision for a long distance bus service to the stadium and supporters will be able to arrive in Royal Bafokeng and walk to their seats.

Park and Ride:
- Phokeng East
- Phokeng North
- R104 North
- R104 South

FIFA TICKETING CENTRE (FTC), RUSTENBURG:
Waterfall Mall, 1 Augrabies Avenue, Rustenburg

5.5 NELSPRUIT: MBOMBELA STADIUM

This stadium is situated close to the Kruger National Park. Nelspruit is the capital city of the province of Mpumalanga.

The stadium seats 40 000 spectators and will host four First Round matches. Fans attending games in Nelspruit should definitely book a Kruger Park private safari for three or four nights. Contact Greenlife Africa Safaris on info@greenlife.co.za for ideas and advice.
Fan Park Nelspruit - Just outside the city centre, Bergvlam High School is hosting Nelspruit's fan park. Located five kilometres from the stadium, the fan park has is open on all match-playing days of the tournament from 10h00 till late. Capacity: 30 000. Open 10am – Late

PARK AND RIDE:
Shuttles will be supplied from the main transport hub in the city centre. Existing public transport will transport supporters from the greater Nelspruit areas, such as Whiteriver and Barberton.

Park and Ride:
- Riverside Mall, Government Boulevard
- Nelspruit Showground, Loco Road
- Nelspruit Rugby Club, Kiepersol Street
- Nelspruit High School
- Valencia Sports Complex, Van Bergen Street

FIFA TICKETING CENTRE (FTC), NELSPRUIT:
The Grove Shopping Centre, White River Road, Nelspruit

5.6 POLOKWANE: PETER MOKABA STADIUM

Polokwane, another new stadium, seats 40 000 fans and will host four First Round games.

The city was formerly known as Pietersburg, and may still appear as such on some maps and road signs. The city is 3 to 4 hour drive north of Pretoria or Johannesburg on the N1 toll road.

Fan Park Polokwane - The Polokwane Cricket Club is the venue of the fan park. Centrally located, the Cricket Club is a kilometre away from the stadium, close to the city's CBD and six kilometres from the airport. The fan park accommodates fans in seating and standing areas, and is open on all match-playing days. Capacity: 30 000. Open 10am – Late

PARK AND RIDE:
- Gateway Airport
- Nirvana Showgrounds

FIFA TICKETING CENTRE (FTC), POLOKWANE:
Lifestyle Shopping Centre, Corner Landros Mare and Market Street

5.7 DURBAN: MOSES MABHIDA STADIUM

The eastern coast city of Durban has a newly constructed 70 000 seat stadium with a dramatic arch with funicular to take visitors to the top for great views over the city and harbour.

Moses Mabhida stadium will be the venue for 7 World Cup clashes, including a Quarter and Semi Final. Durban is a great springboard to the wildlife areas of Hluhluwe-Umfolozi.

Fan Park Durban - Durban’s fan park is on New Beach within walking distance (3.5 km) to the stadium. The location accommodates 25 000 people and is open on all match-playing days of the tournament from 10h00 till late. Capacity: 25 000. Open 10am – Late

PARK AND RIDE:
A commuter rail, run by Metrorail, will get fans close to the stadium. There will also be park and walk sites, including walkways from the beachfront.

Park and Ride:
- Gateway Theatre of Shopping, Palm Boulevard, Umhlanga Ridge
- Pavillion, Jack Martens Drive, Westville
- Galleria, Moss Kolnick Drive, Amanzimtoti

FIFA TICKETING CENTRE (FTC), DURBAN:
Sun Coast Casino, Sun Coast Boulevard,
Marine Parade,
Gateway Theatre of Shopping, Umhlanga
5.8 PORT ELIZABETH:NELSON MANDELA BAY

Port Elizabeth’s newly completed stadium seats 50 000 and will host seven matches, including a Quarter Final and the playoff for Third and Fourth place.

Fans attending games in PE are right on the doorstep of Addo Elephant Park, a malaria free Big Five safari destination, with a wide selection of accommodation from 5 star lodges to guest houses.

Fan Park Port Elizabeth - St George’s Park, Park Drive, at the centre of the city, is the venue of the fan park. Open on every match-playing day during the tournament. Capacity: 25 000. Open 10am – Late

PARK AND RIDE:
A BRT system is planned to take fans to the stadium.

Park and Ride:
- Andrew Rabie School, Argon Road
- St George's Park, Park Drive
- Kings Beach, Beach Road

Park and Walk:
- Cillier High School and Dr Viljoen Primary School, Kempston Road and Uitenhage Road

FIFA TICKETING CENTRE (FTC), PORT ELIZABETH:
Moffett on Main Shopping Centre, Corner of Main Road and William Moffett Road, Walmer

5.9 BLOEMFONTEIN: FREE STATE STADIUM

Bloemfontein is the capital city of Free State province and the 40 000 seater stadium just outside the city centre is the traditional home of rugby in the province.

The stadium has been revamped for World Cup and will host six matches including a round of 16 game. Bloemfontein is 4.5 hours drive from Johannesburg.

Fan Park Bloemfontein - The site of the Bloemfontein fan park is the Mangaung Outdoor Sports Centre in the township of Rocklands. A short drive out of the city, the fan park is 12 kilometres from the stadium. The fan park is open on all match-playing days of the tournament from 10h00 till late. Capacity: 20 000. Open 10am – Late

PARK AND RIDE:
There will be pedestrian facilities from the Bloemfontein Station. Schools in the vicinity of the stadium will also accommodate park and walk facilities.

Park and Ride:
- Bloemfontein Baptist Church, Nelson Mandela Drive
- Bloemfontein Showgrounds, Curie Avenue

Park and Walk:
- Grey College and Eunice School, Jock Meiring Street
- Municipal Parkade, Fontein Street

FIFA TICKETING CENTRE (FTC), BLOEMFONTEIN:
Lochlogan Waterfront Mall, Corner Charles Street and 1 Avenue

5.10 CAPE TOWN: GREEN POINT STADIUM

The Mother City has built what is undoubtedly one of the most spectacular stadia in the world.

With a capacity of 68 000, the stadium will host 8 matches, including a Quarter and Semi Final. Many football fans will want to include Cape Town in their planning, as the city is also South Africa’s premier holiday destination.
Fan Parks Cape Town - The Grand Parade is the venue for the fan park, Corner of Darling and Plein Streets, Cape Town CBD with a capacity for 20 000 fans. The square is in the centre of Cape Town’s CBD and is less than three kilometres from the stadium. There is a walkway from the Grand Parade to the stadium. The fan park will be open on all match-playing days of the tournament from 10h00 till late. Capacity: 20 000. Open 11am – Late

PARK AND RIDE (more details at www.capetown.gov.za) :
An Integrated Rapid Transport system (the same as the BRT in Johannesburg) and an airport shuttle service will be available. A total of 22 of the city’s rail stations will act as park and ride facilities. For details on the rail station park and rides, visit www.capetown.gov.za.

Park and Ride:
- Upper Campus, University of Cape Town, Rondebosch
- Camps Bay High School, Victoria Road, Maidens Cove, Camps Bay
- Kroenendal Primary School, Andrews Road, Hout Bay

FIFA TICKETING CENTRE (FTC), CAPE TOWN:
The Spearhead, 42 Hans Strijdom Avenue, Foreshore

5.11 MAP OF STADIA

5.12 DISTANCES BETWEEN STADIA IN KM

<table>
<thead>
<tr>
<th>Stadium</th>
<th>Distance to Joburg Soccer city</th>
<th>Distance to Joburg Ellis Park</th>
<th>Distance to Pretoria</th>
<th>Distance to Rustenburg</th>
<th>Distance to Polokwane</th>
<th>Distance to Nelspruit</th>
<th>Distance to Bloemfontein</th>
<th>Distance to Durban</th>
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SECTION 6: SOCCER MATCHES

6.1 WORLD CUP GROUPS

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<td>PORTUGAL</td>
<td>CHILE</td>
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6.2 MATCH SCHEDULE & PERSONAL PREDICTOR

Friday, 11 June 2010

Match 1: SOUTH AFRICA v MEXICO, Group A, 16:00 (Soccer City, Johannesburg)
Personal Predictor: …………………………………………… Actual Result: ………………………………………

Match 2: URUGUAY v FRANCE, Group A, 20:30 (Cape Town Stadium)
Personal Predictor: …………………………………………… Actual Result: ………………………………………

Saturday, 12 June 2010

Match 3: ARGENTINA v NIGERIA, Group B, 13:30 (Ellis Park, Johannesburg)
Personal Predictor: …………………………………………… Actual Result: ………………………………………

Match 4: SOUTH KOREA v GREECE, Group B, 16:00 (Nelson Mandela, Port Elizabeth)
Personal Predictor: …………………………………………… Actual Result: ………………………………………

Match 5: ENGLAND v USA, Group C, 20:30 (Royal Bafokeng Stadium, Rustenburg)
Personal Predictor: …………………………………………… Actual Result: ………………………………………

Sunday, 13 June 2010

Match 6: ALGERIA v SLOVENIA, Group C, 13:30 (Peter Mokaba Stadium, Polokwane)
Personal Predictor: …………………………………………… Actual Result: ………………………………………

Match 7: GERMANY v AUSTRALIA, Group D, 16:00 (Moses Mabhida Stadium, Durban)
Personal Predictor: …………………………………………… Actual Result: ………………………………………

Match 8: SERBIA v GHANA, Group D, 20:30 (Loftus Versveld Stadium, Pretoria)
Personal Predictor: …………………………………………… Actual Result: ………………………………………

Monday, 14 June 2010

Match 9: NETHERLANDS v DENMARK, Group E, 13:30 (Soccer City, Johannesburg)
Personal Predictor: …………………………………………… Actual Result: ………………………………………

Match 10: JAPAN v CAMEROON, Group E, 16:00 (Free State Stadium, Bloemfontein)
Personal Predictor: …………………………………………… Actual Result: ………………………………………

Match 11: ITALY v PARAGUAY, Group F, 20:30 (Cape Town Stadium)
Personal Predictor: …………………………………………… Actual Result: ………………………………………

Tuesday, 15 June 2010

Match 12: NEW ZEALAND v SLOVAKIA, Group F, 13:30 (Royal Bafokeng, Rustenburg)
Personal Predictor: …………………………………………… Actual Result: ………………………………………

Match 13: IVORY COAST v PORTUGAL, Group G, 16:00 (Nelson Mandela, Port Elizabeth)
Personal Predictor: …………………………………………… Actual Result: ………………………………………

Match 14: BRAZIL v NORTH KOREA, Group G, 20:30 (Ellis Park, Johannesburg)
Personal Predictor: …………………………………………… Actual Result: ………………………………………
Wednesday, 16 June 2010
Match 15: HONDURAS v CHILE, Group H, 13:30 (Mbombela Stadium, Nelspruit)
Personal Predictor: ............................................................ Actual Result: ............................................................

Match 16: ESPAIN v SWITZERLAND, Group H, 16:00 (Moses Mabhida Stadium, Durban)
Personal Predictor: ............................................................ Actual Result: ............................................................

Match 17: SOUTH AFRICA v URUGUAY, Group A, 20:30 (Loftus Versveld Stadium, Pretoria)
Personal Predictor: ............................................................ Actual Result: ............................................................

Thursday, 17 June 2010
Match 18: FRANCE v MEXICO, Group A, 13:30 (Peter Mokaba Stadium, Polokwane)
Personal Predictor: ............................................................ Actual Result: ............................................................

Match 19: GREECE v NIGERIA, Group B, 16:00 (Free State Stadium, Bloemfontein)
Personal Predictor: ............................................................ Actual Result: ............................................................

Match 20: ARGENTINA v SOUTH KOREA, Group B, 20:30 (Soccer City, Johannesburg)
Personal Predictor: ............................................................ Actual Result: ............................................................

Friday, 18 June 2010
Match 21: GERMANY v SERBIA, Group D, 13:30 (Nelson Mandela, Port Elizabeth)
Personal Predictor: ............................................................ Actual Result: ............................................................

Match 22: SLOVENIA v USA, Group C, 16:00 (Ellis Park, Johannesburg)
Personal Predictor: ............................................................ Actual Result: ............................................................

Match 23: ENGLAND v ALGERIA, Group C, 20:30 (Cape Town Stadium)
Personal Predictor: ............................................................ Actual Result: ............................................................

Saturday, 19 June 2010
Match 24: GHANA v AUSTRALIA, Group D, 13:30 (Royal Bafokeng Stadium, Rustenburg)
Personal Predictor: ............................................................ Actual Result: ............................................................

Match 25: NETHERLANDS v JAPAN, Group E, 16:00 (Moses Mabhida Stadium, Durban)
Personal Predictor: ............................................................ Actual Result: ............................................................

Match 26: CAMEROON v DENMARK, Group E, 20:30 (Loftus Versveld Stadium, Pretoria)
Personal Predictor: ............................................................ Actual Result: ............................................................

Sunday, 20 June 2010
Match 27: SLOVAKIA v PARAGUAY, Group F, 13:30 (Free State Stadium, Bloemfontein)
Personal Predictor: ............................................................ Actual Result: ............................................................

Match 28: ITALY v NEW ZEALAND, Group F, 16:00 (Mbombela Stadium, Nelspruit)
Personal Predictor: ............................................................ Actual Result: ............................................................

Match 29: BRAZIL v IVORY COAST, Group G, 20:30 (Soccer City, Johannesburg)
Personal Predictor: ............................................................ Actual Result: ............................................................

Monday, 21 June 2010
Match 30: PORTUGAL v NORTH KOREA, Group G, 13:30 (Cape Town Stadium)
Personal Predictor: ............................................................ Actual Result: ............................................................

Match 31: CHILE v SWITZERLAND, Group H, 16:00 (Nelson Mandela, Port Elizabeth)
Personal Predictor: ............................................................ Actual Result: ............................................................

Match 32: SPAIN v HONDURAS, Group H, 20:30 (Ellis Park, Johannesburg)
Personal Predictor: ............................................................ Actual Result: ............................................................

Tuesday, 22 June 2010
Match 33 URUGUAY v MEXICO, Group A, 16:00 (Royal Bafokeng Stadium, Rustenburg)
Personal Predictor: ............................................................ Actual Result: ............................................................

Match 34: FRANCE v SOUTH AFRICA, Group A, 16:00 (Free State Stadium, Bloemfontein)
Personal Predictor: ............................................................ Actual Result: ............................................................

Match 35: NIGERIA v SOUTH KOREA, Group B, 20:30 (Moses Mabhida Stadium, Durban)
Personal Predictor: ............................................................ Actual Result: ............................................................

Match 36: GREECE v ARGENTINA, Group B, 20:30 (Peter Mokaba Stadium, Polokwane)
Personal Predictor: ............................................................ Actual Result: ............................................................

Wednesday, 23 June 2010
Match 37: SLOVENIA v ENGLAND, Group C, 16:00 (Nelson Mandela, Port Elizabeth)
Personal Predictor: ............................................................ Actual Result: ............................................................

Match 38: USA v ALGERIA, Group C, 16:00 (Loftus Versveld Stadium, Pretoria)
Personal Predictor: ............................................................ Actual Result: ............................................................

Match 39: GHANA v GERMANY, Group D, 20:30 (Soccer City, Johannesburg)
Personal Predictor: ............................................................ Actual Result: ............................................................

Match 40: AUSTRALIA v SERBIA, Group D, 20:30 (Mbombela Stadium, Nelspruit)
Personal Predictor: ............................................................ Actual Result: ............................................................
### Thursday, 24 June 2010

**Match 41:** SLOVAKIA v ITALY, Group F, 16:00 (Ellis Park, Johannesburg)
- **Personal Predictor:**
- **Actual Result:**

**Match 42:** PARAGUAY v NEW ZEALAND, Group F, 16:00 (Peter Mokaba Stadium, Polokwane)
- **Personal Predictor:**
- **Actual Result:**

**Match 43:** DENMARK v JAPAN, Group E, 20:30 (Royal Bafokeng Stadium, Rustenburg)
- **Personal Predictor:**
- **Actual Result:**

**Match 44:** CAMEROON v NETHERLANDS, Group E, 20:30 (Cape Town Stadium)
- **Personal Predictor:**
- **Actual Result:**

### Friday, 25 June 2010

**Match 45:** PORTUGAL v BRAZIL, Group G, 16:00 (Moses Mabhida Stadium, Durban)
- **Personal Predictor:**
- **Actual Result:**

**Match 46:** NORTH KOREA v IVORY COAST, Group G, 16:00 (Mbombela Stadium, Nelspruit)
- **Personal Predictor:**
- **Actual Result:**

**Match 47:** CHILE v SPAIN, Group H, 20:30 (Loftus Versveld Stadium, Pretoria)
- **Personal Predictor:**
- **Actual Result:**

**Match 48:** SWITZERLAND v HONDURAS, Group H, 20:30 (Free State Stadium, Bloemfontein)
- **Personal Predictor:**
- **Actual Result:**

### Saturday, 26 June 2010

(Round of Sixteen)

**Match 49:** Winner Group A v Runner-up Group B, 16:00 (Nelson Mandela, P. Elizabeth)
- **Personal Predictor:**
- **Actual Result:**

**Match 50:** Winner Group C v Runner-up Group D, 20:30 (Royal Bafokeng, Rustenburg)
- **Personal Predictor:**
- **Actual Result:**

### Sunday, 27 June 2010

(Round of Sixteen)

**Match 51:** Winner Group D v Runner-up Group C, 20:30 (Free State Stadium, B’fontein)
- **Personal Predictor:**
- **Actual Result:**

**Match 52:** Winner Group B v Runner-up Group A, 16:00 (Soccer City, Johannesburg)
- **Personal Predictor:**
- **Actual Result:**

### Monday, 28 June 2010

(Round of Sixteen)

**Match 53:** Winner Group E v Runner-up Group F, 16:00 (Moses Mabhida, Durban)
- **Personal Predictor:**
- **Actual Result:**

**Match 54:** Winner Group G v Runner-up Group H, 20:30 (Ellis Park, Johannesburg)
- **Personal Predictor:**
- **Actual Result:**

### Tuesday, 29 June 2010

(Round of Sixteen)

**Match 55:** Winner Group F v Runner-up Group E, 16:00 (Loftus Versveld, Pretoria)
- **Personal Predictor:**
- **Actual Result:**

**Match 56:** Winner Group H v Runner-up Group G, 20:30 (Cape Town Stadium)
- **Personal Predictor:**
- **Actual Result:**

### Friday, 2 July 2010

(Quarter Finals)

**Match 57:** Winner 53 v Winner 54, 16:00 (Nelson Mandela, Port Elizabeth)
- **Personal Predictor:**
- **Actual Result:**

**Match 58:** Winner 49 v Winner 50, 20:30 (Soccer City, Johannesburg)
- **Personal Predictor:**
- **Actual Result:**

### Saturday, 3 July 2010

(Quarter Finals)

**Match 59:** Winner 51 v Winner 52, 16:00 (Cape Town Stadium)
- **Personal Predictor:**
- **Actual Result:**

**Match 60:** Winner 55 v Winner 56, 20:30 (Ellis Park, Johannesburg)
- **Personal Predictor:**
- **Actual Result:**

### Tuesday, 6 July 2010

(Semi Finals)

**Match 61:** Winner 57 v Winner 58, 20:30 (Cape Town Stadium)
- **Personal Predictor:**
- **Actual Result:**
Wednesday, 7 July 2010
(Semi Finals)
Match 62: Winner 59 ______ v Winner 60 ______, 20:30 (Moses Mabhida Stadium, Durban)
Personal Predictor: …………………………………………… Actual Result: ………………………………………

Saturday, 10 July 2010
(3rd Place Playoff)
Match 63: Loser 61______ v Loser 62______ , 20:30 (Nelson Mandela, Port Elizabeth)
Personal Predictor: …………………………………………… Actual Result: ………………………………………

Sunday, 11 July 2010
(Final)
Match 64:Winners 61______ v Winners 62______ , 20:30 (Soccer City, Johannesburg)
Personal Predictor: …………………………………………… Actual Result: ………………………………………

6.3 TEAM BIOS, STATS AND TEAM CAMPS

Over half the teams will be based at high altitude in or around Johannesburg and Pretoria, while only 8 will be at the coast. The name of the hotel where each team will stay is in each team’s profile below, as are some details of training grounds where this is known. Most teams will train at university or school grounds, while official training grounds such as Athlone Stadium in Cape Town, Kings Park in Durban and Orlando and Rand Stadia in Johannesburg are used on a rotational basis.

TEAMS BASED IN GAUTENG PROVINCE: Holland, Brazil, Mexico, Honduras, Korea DPR, Serbia, Australia, Italy, Slovakia, Argentina, USA, Ivory Coast, Switzerland, Germany, Portugal, Ghana, New Zealand, Slovenia, South Africa
TEAMS BASED IN MPUMALANGA PROVINCE: Chile
TEAMS BASED IN NORTHWEST PROVINCE: Korea Republic, England, Spain
TEAMS BASED IN NORTHEN CAPE PROVINCE: Uruguay
TEAMS BASED IN KWAZULU NATAL PROVINCE: Paraguay, Algeria, Cameroon, Greece, Nigeria
TEAMS BASED IN WESTERN CAPE PROVINCE: Japan, Denmark, France

As with any major soccer tournament, there are some top players ruled out due to injury, and the run-up to the 2010 event has been no exception. All countries must replace all their injured players 24 hours before the commencement of their first match. Anyone who doesn't will have to play the world cup with one player down. At this stage, Ivory Coast still hopes that captain Didier Drogba, will play in their opener following surgery on his broken forearm. The injured list includes:

Rio Ferdinand (England), injured in England’s first training session in South Africa.
Michael Ballack (Germany), injured in Chelsea’s successful FA Cup Final.
Michael Essien (Ghana) out since suffering a knee injury in the African Nations Cup in January.
Nani (Portugal), ruled out with a collarbone injury shortly before Portugal faced Mozambique in a friendly.
John Obi Mikel (Nigeria), ankle injury in his first full training session after an earlier knee injury.
Lassana Diarra (France), not recovered from persistent stomach pains.
David Beckham (England), ruptured his achilles tendon in March while playing for AC Milan.
Rene Adler (Germany), Germany’s first choice keeper, underwent hip surgery in May.
Simon Rolfes (Germany), not match fit after knee surgery he had in January.
Christian Traesch (Germany), injured in a friendly match at their training camp in Italy.
Jose Boswinga (Portugal), out since October after a knee injury and told in March he needed further surgery.
Heiko Westermann (Germany), ruled out after fracturing a bone in his foot against Hungary last week.
Miroslav Karhan (Slovakia), Slovakia’s most capped player, ruled out with a hamstring injury.
Charlie Davies (United States), wasn’t fit in time after a serious motor car accident.

The team bios and stats are listed alphabetically in the following pages in their confederations: Europe (UEFA), North America (CONCACAF), South America (CONMEBOL), Asia (AFC) & Oceana (OFC) and Africa (CAF). Latest Rankings listed are as of 26 May 2010.
• EUROPE: UEFA (Union of European Football Associations)

DENMARK - FIFA ranking: 36
Nicknames: Danish Dynamite, Olsen-Banden (The Olsen Gang)
Confederation: UEFA (Europe)
Head coach: Morten Olsen
Captain: Jon Dahl Tomasson
World Cup Appearances: 3 (First in 1986)
Best World Cup result: Quarter-finals, 1998
European Championship Appearances: 7 (First in 1964)
Best UEFA result: Winners, 1992
Confederations Cup appearances: 1 (First in 1995)
Best Confed result: Winners, 1995
Team Base Camp: Simola Hotel Country Club, Knysna, Western Cape
Training Ground: (Probably Loerie Park in Knysna or Outeniqua Stadium in nearby city of George)

DENMARK WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Thomas Sorensen (Stoke City), Stephan Andersen (Brondby), Jesper Christiansen (FC Copenhagen).
Defenders: William Kvist (FC Copenhagen), Simon Kjaer (Palermo), Lars Jacobsen (Blackburn Rovers), Per Kroldrup (Fiorentina), Daniel Agger (Liverpool), Patrick Mitiga (Malaga), Simon Poulsen (AZ Alkmaar).
Midfielders: Martin Jorgensen (AGF Aarhus), Christian Poulsen (Juventus), Jakob Poulsen (AGF Aarhus), Dennis Rommedahl (Ajax Amsterdam), Thomas Kahlenberg (VfL Wolfsburg), Thomas Enevoldsen (FC Groningen), Christian Eriksen (Ajax Amsterdam), Mikkel Beckmann (Randers), Daniel Jensen (Werder Bremen), Jepser Gronjaer (FC Copenhagen).
Strikers: Jon Dahl Tomasson (Feyenoord), Soren Larsen (MSV Duisburg), Nicklas Bendtner (Arsenal).

ENGLAND - FIFA ranking: 8
Nicknames: The Three Lions
Confederation: UEFA (Europe)
Head coach: Fabio Capello
Captain: Rio Ferdinand (out of WC due to injury) Acting Captain: Steven Gerrard
World Cup Appearances: 14 (First in 1950)
Best World Cup result: Winners, 1966
European Championship Appearances: 8 (First in 1968)
Best UEFA result: Third, 1968; Semi-Finals: 1996
Team Base Camp: Royal Bafokeng Sports Campus, near Rustenburg, North West Province
Training Ground: Royal Bafokeng Sports Campus

ENGLAND WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Joe Hart (Manchester City), David James (Portsmouth), Robert Green (West Ham)
Defenders: Jamie Carragher (Liverpool), Ashley Cole (Chelsea), Michael Dawson (Tottenham Hotspur), Glen Johnson (Liverpool), Ledley King (Tottenham), John Terry (Chelsea), Matthew Upson (West Ham), Stephen Warnock (Aston Villa)
Midfielders: Gareth Barry (Manchester City), Michael Carrick (Manchester United), Joe Cole (Chelsea), Steven Gerrard (Liverpool), Frank Lampard (Chelsea), Aaron Lennon (Tottenham), James Milner (Aston Villa), Shaun Wright-Phillips (Manchester City)
Strikers: Peter Crouch (Tottenham), Jermain Defoe (Tottenham), Emile Heskey (Aston Villa), Wayne Rooney (Manchester United)
FRANCE - FIFA ranking: 9
Nicknames: Les Bleus ("The Blues"); L'Equipe tricolore ("The Tri-color Team")
Confederation: UEFA (Europe)
Head coach: Raymond Domenech
Captain: Patrick Vieira; Thierry Henry (acting)
World Cup Appearances: 12 (First in 1930)
Best World Cup result: Winners, 1998
European Championship Appearances: 7 (First in 1968)
Best UEFA result: Winners, 1984 and 2000
Confederations Cup appearances: 2 (First in 2001)
Best Confed result: Winners, 2001 and 2003
Team Base Camp: Pezula Resort Hotel and Spa, Knysna, Western Cape
Training Ground: (Probably Loerie Park in Knysna or Outeniqua Stadium in nearby city of George)

FRANCE WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Hugo Lloris (Olympique Lyon), Steve Mandanda (Olympique Marseille) and Cedric Carrasso (Girondins Bordeaux).
Defenders: Bacary Sagna (Arsenal), Patrice Evra (Manchester United), William Gallas (Arsenal), Eric Abidal (Barcelona), Sebastien Squillaci (Sevilla), Marc Planus (Girondins Bordeaux), Gael Clichy (Arsenal) and Anthony Reveillere (Olympique Lyon).
Midfielders: Alou Diarra (Girondins Bordeaux), Jeremy Toulalan (Olympique Lyon), Florent Malouda (Chelsea), Yoann Gourcuff (Girondins Bordeaux), Abou Diaby (Arsenal) and Franck Ribery (Bayern Munich).
Strikers: Thierry Henry (Barcelona), Nicolas Anelka (Chelsea), Andre-Pierre Gignac (Toulouse), Sidney Govou (Olympique Lyon), Djibril Cisse (Panathinaikos) and Mathieu Valbuena (Olympique Marseille).

GERMANY - FIFA ranking: 6
Nicknames: Die Mannschaft (The Team), Die DFB-Elf (The DFB-Eleven)
Confederation: UEFA (Europe)
Head coach: Joachim Löw
Captain: Philipp Lahm (Michael Ballack out of World Cup due to injury)
World Cup Appearances: 16 (First in 1934)
Best World Cup result: Winners, 1954, 1974 and 1990
European Championship Appearances: 10 (First in 1972)
Best UEFA result: Winners, 1972, 1980 AND 1996
Confederations Cup appearances: 2 (First in 1999)
Best Confed result: 3rd, 2005
Team Base Camp: Velmore Hotel, Centurion, south of Pretoria, Gauteng
Training Ground: (not yet made public)

GERMANY WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Joerg Butt (Bayern Munich), Manuel Neuer (Schalke), Tim Wiese (Werder Bremen)
Defenders: Dennis Aogo (Hamburger SV), Holger Badstuber (Bayern Munich), Arne Friedrich (Hertha Berlin), Jerome Boateng (Hamburger SV), Marcell Jansen (Hamburger SV), Philipp Lahm (Bayern Munich), Per Mertesacker (Werder Bremen), Serdar Tasci (Stuttgart)
Midfielders: Sami Khedira (Stuttgart), Toni Kroos (Bayer Leverkusen), Marko Marin (Werder Bremen), Mesut Oezil (Werder Bremen), Bastian Schweinsteiger (Bayern Munich), Piotr Trochowski (Hamburger SV)
Strikers: Cacau (Stuttgart), Mario Gomez (Bayern Munich), Stefan Kiessling (Bayer Leverkusen), Miroslav Klose (Bayern Munich), Thomas Mueller (Bayern Munich), Lukas Podolski (Cologne)
GREECE - FIFA ranking: 13
Confederation: UEFA (Europe)
Head coach: Otto Rehhagel
Captain: Giorgos Karagounis
World Cup Appearances: 1 (First in 1994)
Best World Cup result: Round 1, 1994
European Championship Appearances: 3 (First in 1980)
Best UEFA result: Winners, 2004
Confederations Cup appearances: 1 (First in 2005)
Best Confed result: Round 1, 2005
Team Base Camp: Beverly Hills Hotel, Umhlanga Rocks, Durban
Training Ground: (not yet made public)

GREECE WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Michalis Sifakis (Aris Salonika), Alexandros Tzorvas (Panathinaikos), Kostas Chalkias (PAOK Salonika)
Defenders: Giorgos Seitaridis (Panathinaikos), Loukas Vintra (Panathinaikos), Evangelos Moras (Bologna), Socrates Papastathopoulos (Genoa), Sotiris Kyrgiakos (Liverpool), Avraam Papadopoulos (Olympiakos), Vasilis Torosidis (Olympiakos), Nikos Spiriopoulos (Panathinaikos), Stelios Malezas (PAOK Salonika)
Midfielders: Kostas Katsouranis (Panathinaikos), Alexandros Tziolis (Siena), Giorgos Karagounis (Panathinaikos), Sotiris Ninis (Panathinaikos), Christos Patsatzoglou (Omonia), Sakis Prittas (Aris Salonika)
Strikers: Angelos Charisteas (Nuremberg), Dimitris Salpigidis (Panathinaikos), Pantelis Kapetanos (Steaua Bucharest), Theofanis Gekas (Hertha Berlin), Giorgos Samaras (Celtic)

ITALIA - FIFA ranking: 5
Nicknames: Azzurri
Confederation: UEFA (Europe)
Head coach: Marcello Lippi
Captain: Fabio Cannavaro
World Cup Appearances: 16 (First in 1934)
Best World Cup result: Winners, 1934, 1938, 1982 and 2006
European Championship Appearances: 7 (First in 1968)
Best UEFA result: Winners, 1968
Confederations Cup appearances: 1 (First in 2009)
Best Confed result: Round 1, 2009
Team Base Camp: Leriba Lodge, between Pretoria and Johannesburg
Training Ground: (not yet made public)

ITALIA WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Gianluigi Buffon (Juventus), Morgan De Sanctis (Napoli), Federico Marchetti (Cagliari)
Defenders: Salvatore Bocchetti (Genoa), Leonardo Bonucci (Bari), Fabio Cannavaro (Juventus), Giorgio Chiellini (Juventus), Domenico Criscito (Genoa), Christian Maggio (Napoli), Gianluca Zambrotta (AC Milan)
Midfielders: Mauro Camoranesi (Juventus), Daniele De Rossi (Roma), Gennaro Gattuso (AC Milan), Claudio Marchisio (Juventus), Riccardo Montolivo (Fiorentina), Angelo Palombo (Sampdoria), Simone Pepe (Udinese), Andrea Pirlo (AC Milan)
Strikers: Antonio Di Natale (Udinese), Alberto Gilardino (Fiorentina), Vincenzo Iaquinta (Juventus), Giampaolo Pazzini (Sampdoria), Fabio Quagliarella (Napoli)
NETHERLANDS - FIFA ranking: 4
Nicknames: Oranje Holland; The Flying Dutchmen; A Clockwork Orange; La Machina Naranja
Confederation: UEFA (Europe)
Head coach: Bert van Marwijk
Captain: Giovanni van Bronckhorst
World Cup Appearances: 9 (First in 1934)
Best World Cup result: Runners-up, 1974 and 1978
European Championship Appearances: 8 (First in 1976)
Best UEFA result: Winners, 1988
Team Base Camp: Hilton Hotel Sandton - northern suburbs of Johannesburg
Training Ground: University of Witwatersrand at Wits University Football Club, East Campus grounds

NETHERLANDS WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Sander Boschker (FC Twente), Maarten Stekelenburg (Ajax), Michel Vorm (FC Utrecht).
Defenders: Khalid Boulahrouz (Stuttgart), Edson Braafheid (Celtic), John Heitinga (Everton), Joris Mathijsen (Hamburg), Andre Ooijer (PSV Eindhoven), Giovanni van Bronckhorst (Feyenoord), Gregory van der Wiel (Ajax).
Midfielders: Ibrahim Afellay (PSV Eindhoven), Nigel de Jong (Manchester City), Demy de Zeeuw (Ajax), Stijn Schaars (AZ Alkmaar), Wesley Sneijder (Internazionale), Mark van Bommel (Bayern Munich), Rafael van der Vaart (Real Madrid).
Strikers: Ryan Babel (Liverpool), Eljero Elia (Hamburg), Klaas-Jan Huntelaar (Milan), Dirk Kuyt (Liverpool), Arjen Robben (Bayern Munich), Robin van Persie (Arsenal)

PORTUGAL - FIFA ranking: 3
Nicknames: Selecção das Quina
Confederation: UEFA (Europe)
Head coach: Carlos Queiroz
Captain: Cristiano Ronaldo
World Cup Appearances: 5 (First in 1966)
Best World Cup result: Third Place, 1966
European Championship Appearances: 5 (First in 1984)
Best UEFA result: Runners-up: 2004
Team Base Camp: Valley Lodge, near Magaliesberg, 1 hour from Johannesburg
Training Ground: (not yet made public)

PORTUGAL WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Eduardo (Braga), Daniel Fernandes (Iraklis), Beto (Porto)
Defenders: Miguel (Valencia), Paulo Ferreira (Chelsea), Ricardo Carvalho (Chelsea), Bruno Alves (Porto), Rolando (Porto), Ricardo Costa (Lille), Duda (Malaga), Fabio Coentrao (Benfica)
Midfielders: Pedro Mendes (Sporting), Pepe (Real Madrid), Tiago (Atletico Madrid), Deco (Chelsea), Raul Meireles (Porto), Miguel Veloso (Sporting), Ruben Amorim (Benfica) (replaced the injured Nani)
Strikers: Simao Sabrosa (Atletico Madrid), Danny (Zenit St Petersburg), Liedson (Sporting), Hugo Almeida (Werder Bremen), Cristiano Ronaldo (Real Madrid)
SERBIA - FIFA ranking: 15
Nicknames: Beli Orlovi (White Eagles)
Confederation: UEFA (Europe)
Head coach: Radomir Antić
Captain: Dejan Stanković
World Cup Appearances: 11 (First in 1930)
Best World Cup result: 4th 1930 and 1962
European Championship Appearances: 5 (First in 1960)
Best UEFA result: 2nd 1960 and 1968
Team Base Camp: Sunnyside Park Hotel, Parktown, northern suburbs, Johannesburg
Training Ground: (not yet made public)

SERBIA WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Vladimir Stojkovic (Wigan Athletic), Zeljko Brkic (Vojvodina Novi Sad), Bojan Isailovic (Zaglebie Lubin), Andjelko Djuricic (Leină)
Defenders: Branislav Ivanovic (Chelsea), Antonio Rukavina (1860 Munich), Nemanja Vidic (Manchester United), Neven Subotic (Borussia Dortmund), Aleksandar Lukovic (Udinese), Ivan Obradovic (Zaragoza), Aleksandar Kolarov (Lazio)
Midfielders: Dejan Stankovic (Inter Milan), Nenad Milijas (Wolverhampton Wanderers), Milos Krasic (CSKA Moscow), Milan Jovanovic (Standard Liege), Milos Ninkovic (Dynamo Kiev), Zdravko Kuzmanovic (Stuttgart), Zoran Tosic (FC Cologne), Gojko Kacar (Hertha Berlin), Radosav Petrovic (Partizan Belgrade)
Strikers: Nikola Zigic (Valencia), Marko Pantelic (Ajax), Danko Lazovic (Zenit St. Petersburg), Dragan Mrdja (Vojvodina Novi Sad)

SLOVAKIA - FIFA ranking: 34
Nicknames: Repre
Confederation: UEFA (Europe)
Head coach: Vladimír Weiss
Captain: Marek Hamsik
World Cup Appearances: 1 (First in 2010)
Best World Cup result: -
Team Base Camp: The Villas Luxury Suite Hotel, Pretoria
Training Ground: (not yet made public)

SLOVAKIA WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Jan Mucha (Legia Warsaw), Dusan Kuciak (Vaslui), Dusan Pernis (Dundee United)
Defenders: Peter Pekarik (Wolfsburg), Martin Petras (Cesena), Martin Skrtel (Liverpool), Jan Durica (Hannover), Radoslav Zabavnik (Mainz), Marek Cech (West Brom), Kornel Salate (Slovan Bratislava)
Midfielders: Kamil Kopunek (Spartak Trnava), Jan Kozak (Timisoara), Juraj Kucka (Sparta Prague), Marek Sapara (Ankaragucu), Marek Hamsik (Napoli), Vladimir Weiss (Manchester City), Miroslav Stoch (Chelsea), Zdeno Strba (Xanthi)
Strikers: Erik Juraj Juraj (Schalke), Robert Vittek (Ankaragucu), Martin Jakubko (Saturn Moscow), Filip Holosko (Besiktas), Stanislav Šestak (Bochum)
SLOVENIA - FIFA ranking: 25
Confederation: UEFA (Europe)
Head coach: Matjaž Kek
Captain: Robert Koren
World Cup Appearances: 2 (First in 2002)
Best World Cup result: Round 1, 2002
European Championship Appearances: 1 (First in 2000)
Best UEFA result: Round 1, 2000
Team Base Camp: Hyde Park Southern Sun Hotel, northern suburbs, Johannesburg
Training Ground: (not yet made public)

SLOVENIA WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Samir Handanovic (Udinese), Jasmin Handanovic (Mantova), Aleksander Seliga (Sparta Rotterdam)
Defenders: Bojan Jokic (Chievo Verona), Marko Suler (Ghent), Bostjan Cesar (Grenoble), Branko Ilic (Lokomotiv Moscow), Matej Mavric (Koblenz), Elvedin Dznic (Maribor), Miso Brecko (Cologne), Suad Filekovic (Maribor)
Midfielders: Andraz Kirm (Wisla Krakow), Andrej Komac (Maccabi Tel Aviv), Rene Krhin (Inter Milan), Dalibor Stevanovic (Vitesse Arnhem), Robert Koren (West Bromwich Albion), Aleksander Radosavljevic (Larissa), Valter Birsa (Auxerre)
Strikers: Milivoje Novakovic (Cologne), Zlatko Dedic (VfL Bochum), Zlatan Ljubijankic (Ghent), Nejc Pecnik (Nacional), Tim Matavz (Groningen)

SPAIN - FIFA ranking: 2
Nicknames: La Furia Roja (The Red Fury); La Roja (The Red)
Confederation: UEFA (Europe)
Head coach: Vicente del Bosque
Captain: Iker Casillas
World Cup Appearances: 12 (First in 1934)
Best World Cup result: 4th Place, 1950
European Championship Appearances: 9 (First in 1964)
Best UEFA result: Winners, 1964 and 1008
Confederations Cup appearances: 1 (First in 2009)
Best Confed result: 3rd Place, 2009
Team Base Camp: North West University Campus, Potchefstroom, North West Province
Training Ground: (Probably North West University sports grounds, but not yet made public)

SPAIN WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Iker Casillas (Real Madrid), Jose Manuel 'Pepe' Reina (Liverpool), Victor Valdes (Barcelona).
Defenders: Raul Albiol (Real Madrid), Alvaro Arbeloa (Real Madrid), Joan Capdevila (Villarreal), Carlos Marchena (Valencia), Gerard Pique (Barcelona), Carles Puyol (Barcelona), Sergio Ramos (Real Madrid).
Midfielders: Xabier Alonso (Real Madrid), Sergio Busquets (Barcelona), Cesc Fabregas (Arsenal), Andres Iniesta (Barcelona), Javier Martinez (Athletic Bilbao), David Silva (Valencia), Xavi Hernandez (Barcelona).
Strikers: Jesus Navas (Sevilla), Juan Manuel Mata (Valencia), Pedro Rodriguez (Barcelona), Fernando Llorente (Athletic Bilbao), Fernando Torres (Liverpool), David Villa (Valencia).
SWITZERLAND - FIFA ranking: 24
Nicknames: Schweizer Nati
Confederation: UEFA (Europe)
Head coach: Ottmar Hitzfeld
Captain: Alexander Frei
World Cup Appearances: 8 (First in 1934)
Best World Cup result: Quarter Finals, 1934, 1938 and 1954
European Championship Appearances: 3 (First in 1996)
Best UEFA result: Round 1, 1996, 2004 and 2008
Team Base Camp: Emerald Resort and Casino, Vaal River, 1 hour south of Johannesburg
Training Ground: (not yet made public)

SWITZERLAND WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Diego Benaglio (VfL Wolfsburg), Johnny Leoni (FC Zurich), Marco Woelfli (Young Boys Berne);
Defenders: Mario Eggimann (Hanover 96), Stephane Grichting (Auxerre), Stephan Lichtsteiner (Lazio), Philippe Senderos (Arsenal), Ludovic Magnin (FC Zurich), Steve Von Bergen (Hertha Berlin), Reto Ziegler (Sampdoria);
Midfielders: Tranquillo Barnetta (Bayer Leverkusen), Valon Behrami (West Ham United), Philipp Lahm (Bayern Munich), Benjamin Hugel (FC Basel), Marco Padalino (Sampdoria), Pirmin Schwegler (Eintracht Frankfurt), Goklan Inler (Udinese);
Strikers: Eren Derdiyok (Bayer Leverkusen), Alexander Frei (FC Basel), Blaise Nkufo (Twente Enschede), Hakan Yakin (FC Luzern), Xherdan Shaqiri (FC Basel), Albert Bunjaku (Nuiernburg)

• NORTH AMERICA: CONCACAF (Confederation of North, Central American and Caribbean Association Football)

HONDURAS - FIFA ranking: 38
Nicknames: Los Catrachos; La Bicolor; La H
Confederation: CONCACAF (North America)
Head coach: Reinaldo Rueda
Captain: Amado Guevara
World Cup Appearances: 2 (First in 1982)
Best World Cup result: Round 1, 1982
CONCACAF and Gold Cup Appearances: 15 (First in 1963)
Team Base Camp: The Indaba Hotel, Fourways, Sandton, northern suburbs of Johannesburg
Training Ground: (not yet made public)

HONDURAS WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Ricardo Canales (Motagua), Noel Valladares (Olimpia), Donis Escobar (Olimpia).
Defenders: Victor Bernardez (Anderlecht), Maynor Figueroa (Wigan), Oscar Garcia (Olimpia), Sergio Mendoza (Motagua), Emilio Izaguirre (Motagua), Johnny Palacios (Olimpia), Mauricio Sabillon (Hangzhou Luchen), Osman Chavez (Platense).
Midfielders: Edgard Alvarez (Bari), Julio Cesar de Leon (Torino), Roger Espinoza (Kansas City Wizards), Amado Guevara (Motagua), Ramon Nunez (Olimpia), Wilson Palacios (Tottenham Hotspur), Hendry Thomas (Wigan), Danilo Turcios (Olimpia).
Strikers: David Suazo (Genoa), Georgie Welcome (Motagua), Carlos Pavon (Real Espana), Walter Martinez (Marathon).
MEXICO - FIFA ranking: 17
Nicknames: "El Tri"
Confederation: CONCACAF (North America)
Head coach: Javier Aguirre
Captain: Rafael Márquez
World Cup Appearances: 18 (First in 1930)
Best World Cup result: Quarter Finals, 1970 and 1986
CONCACAF Gold Cup: 18 (First in 1963)
CONCACAF and Gold Cup Appearances: 5 (First in 1995)
Best Confed result: Winners, 1999
Team Base Camp: Thaba Ya Batswana Eco Lodge, southern suburbs of Johannesburg
Training Ground: (not yet made public)

USA - FIFA ranking: 14
Nicknames: The Yanks
Confederation: CONCACAF (North America)
Head coach: Bob Bradley
Captain: Carlos Bocanegra
World Cup Appearances: 8 (First in 1930)
Best World Cup result: 3rd Place, 1930
Gold Cup: 10 (First in 1991)
Confederations Cup appearances: 4 (First in 1992)
Best Confed result: Runners-up, 2009
Team Base Camp: Irene Country Lodge, between Pretoria and Johannesburg
Training Ground: (not yet made public)
• SOUTH AMERICA: CONMEBOL (South American Football Confederation)

argentina

argentina - fifa ranking: 7
nicknames: la albiceleste (white and sky blue)
confederation: conmebol (south america)
head coach: diego maradona
captain: javier mascherano
world cup appearances: 14 (first in 1930)
best world cup result: winners, 1978 and 1986
copa america appearances: 38 (first in 1916)
copas confederation appearances: 3 (first in 1992)
best conf fed result: winners, 1992
team base camp: pretoria high performance centre, university of pretoria
training ground: lc de villiers sports grounds, pretoria high performance centre, university of pretoria

goleiros world cup 2010 final 23 man squad:
goalkeepers: sergio romero (az alkmaar), mariano andujar (catania), diego pozo (colon).
defenders: nicolas burdisso (roma), martin demichelis (bayern munich), walter samuel (inter milan), gabriel heinze (marseille), nicolas otamendi (vélez sarsfield), clemente rodriguez (estudiantes), ariel garce (colon).
midfielders: javier mascherano (liverpool), juan sebastian veron (estudiantes), maximiliano rodriguez (liverpool), mario bolatti (florentina), angel di maria (benfica), jonas gutierrez (newcastle), javier pastore (palermo).
strikers: sergio aguero (atlético madrid), diego milito (internazionale), martin palermo (boca juniors), carlos tevez (manchester city), gonzalo higuaín (real madrid), lionel messi (barcelona).

brazil

brazil - fifa ranking: 1
nicknames: canarinho (little canary); a seleção (the selection); verde-amarela (green and yellow); the samba kings
confederation: conmebol (south america)
head coach: dunga
captain: lúcio
world cup appearances: 18 (first in 1930)
copa america appearances: 32 (first in 1916)
copas confederation appearances: 6 (first in 1997)
team base camp: the fairway hotel, northern suburbs, jobsburg
training ground: (a school near the team hotel – further details not available)

goleiros world cup 2010 final 23 man squad:
goalkeepers: júlio césar (internazionale), doni (as roma), heurelho gomes (tottenham hotspur).
defenders: maicon (internazionale), daniel alves (barcelona), Michel bastos (lyon), gilberto (cruzeiro), lúcio (internazionale), juan (as roma), luisão (benfica), thiago silva (milan).
midfielders: gilberto silva (panathinaikos), felipe melo (florentina), ramires (benfica), elano (galatasaray), kaká (real madrid), júlio baptista (roma), kléberson (flamengo), josué (vfl wolfsburg).
strikers: robinho (santos), luís fabiano (sevilla), nilmar (villarreal), graffe (vfl wolfsburg).
CHILE - FIFA ranking: 18
Nicknames: La Roja (The red one), El Equipo de Todos (Everybody's team)
Confederation: CONMEBOL (South America)
Head coach: Marcelo Bielsa
Captain: Claudio Bravo
World Cup Appearances: 8 (First in 1930)
Best World Cup result: Third Place, 1962
Copa América Appearances: 35 (First in 1916)
Best Copa América result: Second place, 1955, 1956, 1979 and 1987
Team Base Camp: Ingwenyama Conference & Sport Resort, White River, Mpumalanga
Training Ground: (not yet made public)

CHILE WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Claudio Bravo (Real Sociedad), Miguel Pinto (Universidad de Chile), Luis Marín (Union Espanola);
Defenders: Waldo Ponce (Universidad Catolica), Gonzalo Jara (West Bromwich Albion), Gary Medel (Boca Juniors),
Mauricio Isla (Udinese), Pablo Contreras (PAOK Salonika), Ismael Fuentes (Universidad Catolica);
Midfielders: Marco Estrada, (Universidad de Chile), Rodrigo Millar, (Colo Colo), Arturo Vidal (Bayer Leverkusen), Carlos
Carmona (Reggina), Jorge Valdivia (Al Ain), Matias Fernandez (Sporting Lisbon), Jean Beausejour (Club America), Gonzalo
Fierro (Flamengo), Rodrigo Tello (Besiktas);
Strikers: Humberto Suazo (Real Zaragoza), Esteban Paredes (Colo Colo), Alexis Sanchez (Udinese), Fabian Orellana
(Xerez), Mark Gonzalez (CSKA Moscow).

PARAGUAY - FIFA ranking: 31
Nicknames: Guaranies; La Albirroja (White and red)
Confederation: CONMEBOL (South America)
Head coach: Gerardo Martino
Captain: Denis Caniza
World Cup Appearances: 8 (First in 1930)
Best World Cup result: Round 2, 1986, 1998, 2002
Copa América Appearances: 33 (First in 1921)
Best Copa América result: Winners, 1953 and 1979
Team Base Camp: Woodridge Country Estate, Natal Midlands, 1 hour from Durban
Training Ground: (not yet made public)

PARAGUAY WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Justo Villar (Real Valladolid), Aldo Bobadilla (Independiente Medellin), Diego Barreto (Cerro Porteno);
Defenders: Denis Caniza (Leon), Paulo Da Silva (Sunderland), Claudio Morel (Boca Juniors), Julio Cesar Caceres (Atletico
Mineiro), Carlos Bonet (Olimpia), Dario Veron (Pumas UNAM), Aureliano Torres (San Lorenzo), Antolin Alcaraz (Wigan
Athletic);
Midfielders: Edgar Barreto (Atalanta), Cristian Riveros (Sunderland), Jonathan Santana (VfL Wolfsburg), Victor Caceres
(Libertad), Enrique Vera (LDU Quito), Nestor Ortegoza (Argentinos Juniors);
Strikers: Roque Santa Cruz (Manchester City), Nelson Haedo Valdez, Lucas Barrios (both Borussia Dortmund), Oscar
Cardozo (Benfica), Edgar Benitez (Pachuca), Rodolfo Gamarra (Libertad)
URUGUAY - FIFA ranking: 16
Nicknames: Charrúas; La Celeste Olímpica (The Olympic Sky Blue); La Celeste (The Sky Blue)
Confederation: CONMEBOL (South America)
Head coach: Oscar Tabarez
Captain: Diego Lugano
World Cup Appearances: 10 (First in 1930)
Best World Cup result: Winners, 1930 and 1950
Copa AméricaAppearances: 40 (First in 1916)
Confederations Cup appearances: 1 (First in 1997)
Best Confed result: 4th, 1997
Team Base Camp: Protea Hotel Kimberley, Northern Cape Province
Training Ground: (not yet made public)

URUGUAY WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Fernando Muslera (Lazio), Juan-Guillermo Castillo (Cali), Martin Silva (Defensor Sporting)
Defenders: Diego Lugano (Fenerbahce), Diego Godin (Villarreal), Andres Scotti (Colo Colo), Jorge Fucile (Porto), Martin Caceres (Juventus), Mauricio Victorino (Universidad de Chile), Maximiliano Pereira (Benfica)
Midfielders: Walter Gargano (Napoli), Egidio Arevalo-Rios (Penarol), Sebastian Eguren (AIK Stockholm), Diego Perez (Monaco), Alvaro Pereira (Porto), Alvaro Fernandez (Universidad de Chile), Ignacio Gonzalez (Valencia), Nicolas Lodeiro (Ajax)
Strikers: Sebastian Fernandez (Banfield), Luis Suarez (Ajax), Diego Forlan (Atletico Madrid), Sebastian Abreu (Botafogo), Edinson Cavani (Palermo)

Asia/Oceana:
AFC (Asian Football Confed) and OFC (Oceana Football Confederation)

AUSTRALIA - FIFA ranking: 20
Nicknames: Socceroos, Aussies
Confederation: AFC
Head coach: Pim Verbeek
Captain: Lucas Neill
World Cup Appearances: 3 (First in 1974)
Best World Cup result: Round of 16, 2006
AFC Asian Cup Appearances: 1 (First in 2007)
Best AFC Asian Cup result: Quarterfinals, 2007
OFC Nations Cup Appearances: 6 (First in 1980)
Confederations Cup appearances: 3 (First in 1997)
Best Confed result: Runners-Up, 1997
Team Base Camp: Kloofzicht Lodge, Magaliesberg, 1 hour from either Pretoria or Johannesburg
Training Ground: (not yet made public)

AUSTRALIA WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Mark Schwarzer (Fulham), Adam Federici (Reading), Brad Jones (Middlesbrough)
Defenders: Lucas Neill (Galatasaray), Craig Moore (unattached), Scott Chipperfield (Basel), David Carney (Twente Enschede), Luke Wilkshire (Dynamo Moscow), Mark Milligan (JEF United), Michael Beauchamp (Al-Jazira)
Midfielders: Tim Cahill (Everton), Mark Bresciano (Palermo), Brett Emerton (Blackburn), Jason Culina (Gold Coast), Brett Holman (AZ Alkmaar), Carl Valeri (Sassuolo), Mile Jedinak(Anatalyaspors), Richard Garcia (Hull), Dario Vidosic (Nuremberg), Vince Grella (Blackburn)
Strikers: Josh Kennedy (Nagoya), Harry Kewell (Galatasaray), Nikita Rukavytsya (Twente Enschede)
JAPAN - FIFA ranking: 45
Nicknames: Samurai Blue; Nippon Daihyō; Okada Japan
Confederation: AFC
Head coach: Takeshi Okada
Captain: Yoshikatsu Kawaguchi
World Cup Appearances: 4 (First in 1998)
Best World Cup result: Round of 16, 2002
AFC Asian Cup Appearances: 6 (First in 1988)
Best AFC Asian Cup result: Champions, 1992, 2000, 2004
Confederations Cup appearances: 4 (First in 1995)
Best Confed result: Runners-Up, 2001
Team Base Camp: Fancourt Hotel and Country Club, George, Western Cape
Training Ground: (Probably Loerie Park in Knysna or Outeniqua Stadium in nearby city of George)

JAPAN WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Seigo Narazaki (Nagoya Grampus), Eiji Kawashima (Kawasaki Frontale), Yoshikatsu Kawaguchi (Jubilo Iwata)
Defenders: Yuji Nakazawa (Yokohama Marinos), Marcus Tulio Tanaka (Nagoya Grampus), Yuichi Komano (Jubilo Iwata), Daiki Iwamasa (Kashima Antlers), Yasuyuki Konno (FC Tokyo), Yuto Nagatomo (FC Tokyo), Atsuto Uchida (Kashima Antlers)
Midfielders: Shunsuke Nakamura (Yokohama Marinos), Yasuhito Endo (Gamba Osaka), Kengo Nakamura (Kawasaki Frontale), Junichi Inamoto (Kawasaki Frontale), Yuki Abe (Urawa Red Diamonds), Makoto Hasebe (Wolfsburg/Germany), Keisuke Honda (CSKA Moscow/Russia), Daisuke Matsui (Grenoble/France)
Strikers: Shinji Okazaki (Shimizu S-Pulse), Keiji Tamada (Nagoya Grampus), Yasuhito Okubo (Vissel Kobe), Kisho Yano (Albirex Niigata), Takayuki Morimoto (Catania/Italy)

KOREA DPR (NORTH KOREA) - FIFA ranking: 105
Nicknames: Chollima
Confederation: AFC
Head coach: Kim Jong-Hun
Captain: Hong Yong-jo
World Cup Appearances: 2 (First in 1966)
Best World Cup result: Quarter-finals, 1966
AFC Asian Cup Appearances: 2 (First in 1980); Best AFC Asian Cup result: Fourth place, 1980
Team Base Camp: Protea Hotel Midrand, between Pretoria and Johannesburg
Training Ground: (not yet made public)

NORTH KOREA WORLD CUP 2010 FINAL SQUAD (no info on player positions or clubs available)
Kim Myong-gil, Kim Myong-won (both Amrokgang), Ri Myong-guk (Pyongyang City); An Chol-hyok (Rimyongsu), An Yong-hak (Omiya Ardija), Cha Jong-hyok (Amrokgang), Choe Kum-chol (April 25), Hong Yong-jo (FK Rostov), Ji Yun-nam (April 25), Jong Tae-se (Kawasaki Frontale), Kim Hum-il (April 25), Kim Kyong-il (Rimyongsu), Kim Yong-jun (Pyongyang City), Mun In-guk, Nam Song-chol (both April 25), Pak Chol-jin (Amrokgang), Pak Nam-chol (April 25), Pak Nam-chol (Amrokgang), Pak Sung-hyok (Sobaeksu), Ri Chol-myong (Pyongyang City), Ri Jun-il (Sobaeksu), Ri Kwang-chon (April 25), Ri Kwang-hyok (Kyanggongop).
KOREA REPUBLIC (SOUTH KOREA) - FIFA ranking: 47
Nicknames: Taeguk Jeonsa (Taeguk Warriors), Tigers of Asia, Red Devils
Confederation: AFC
Head coach: Huh Jung-Moo
Captain: Park Ji-Sung
World Cup Appearances: 8 (First in 1954)
Best World Cup result: Fourth Place, 2002
AFC Asian Cup Appearances: 11 (First in 1956)
Best AFC Asian Cup result: Winners, 1956, 1960
Confederations Cup appearances: 1 (First in 2001)
Best Confed result: 1st Round, 2001
Team Base Camp: Hunters Rest Hotel, Magaliesberg, 1 hour from Pretoria or Johannesburg
Training Ground: (not yet made public)

SOUTH KOREA WORLD CUP 2010 FINAL 23 MAN SQUAD
Goalkeepers: Kim Young-Kwang (Ulsan), Lee Woon-Jae (Suwon), Jung Sung-Ryong (Seongnam)
_Defenders:_ Kim Dong-Jin (Ulsan), Kim Hyung-Il (Pohang), Oh Beom-Seok (Ulsan), Lee Young-Pyo (Al Hilal, Saudi Arabia), Lee Jung-So (Kashima, Japan), Cha Du-Ri (Freiburg, Germany), Cho Yong-Hyung (Jeju United), Kang Min-So (Suwon)
Midfielders: Ki Sung-Yueng (Celtic, Scotland), Kim Bo-Kyung (Oita, Japan), Kim Nam-Il (Tomsk, Russia), Kim Jae-Sung (Pohang), Kim Jung-Woo (Gwangju), Lee Chung-Yong (Bolton, England), Park Ji-Sung (Manchester United, England)
Strikers: Park Chu-Young (Monaco, France), Ahn Jung-Hwan (Dalian, China), Lee Seung-Yeoul (Seoul), Yeom Ki-Hun, (Suwon), Lee Dong-Ggook (Jeonbuk)

NEW ZEALAND - FIFA ranking: 78
Nicknames: All Whites
Confederation: OFC (Oceania)
Head coach: Ricki Herbert
Captain: Ryan Nelsen
World Cup Appearances: 1 (First in 1982)
Best World Cup result: Round 1, 1982
OFC Nations Cup Appearances: 8 (First in 1973)
Confederations Cup appearances: 3 (First in 1999); Best Confed result: Round 1, 1999, 2003 and 2009
Team Base Camp: Serengeti Golf and Wildlife Estate, near O R Tambo Airport, Johannesburg
Training Ground: (not yet made public)

NEW ZEALAND WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: James Bannatyne (Team Wellington), Glen Moss (Melbourne Victory) Mark Paston (Wellington Phoenix);
_Defenders:_ Andy Boyens (New York Red Bulls), Tony Lochhead (Wellington Phoenix), Ryan Nelsen (Blackburn Rovers), Winston Reid (FC Midjylland), Ben Sigmund (Wellington Phoenix), Tommy Smith (Ipswich Town), Ivan Vicelich (Auckland City);
Midfielders: Andy Barron (Team Wellington), Leo Bertos (Wellington Phoenix), Jeremy Brockie (Newcastle Jets), Tim Brown (Wellington Phoenix), Jeremy Christie (Tampa Bay Rowdies), Aaron Clapham (Canterbury United), Simon Elliott (unattached), Michael McGlinchey (Central Coast Mariners), David Mulligan (unattached);
Strikers: Rory Fallon (Plymouth Argyle), Chris Killen (Middlesbrough), Shane Smeltz (Gold Coast), Chris Wood (West Bromwich Albion)
**AFRICA: CAF (CONFEDERATION OF AFRICAN FOOTBALL)**

**ALGERIA** - FIFA ranking: 31
Nicknames: Les Fennecs (The Desert Foxes)
Confederation: CAF (Africa)
Head coach: Rabah Saadane
Captain: Yazid Mansouri
World Cup Appearances: 2 (First in 1982)
Best World Cup result: Round 1, 1982 and 1986
African Nations Cup Appearances: 14 (First in 1968)
Best African Nations Cup result: Winners, 1990
Team Base Camp: Monduzur Hotel, San Lameer, 2 hours south of Durban
Training Ground: (not yet made public)

**ALGERIA WORLD CUP 2010 FINAL 23 MAN SQUAD:**

Goalkeepers: Lounes Gaouaoui (ASO Chlef), Faouzi Chaouchi (ES Setif), Raïd Ouheb M’bolhi (Slavia Sofia)
Defenders: Abdelakder Laïfaoui (ES Setif), Madjid Bougherra (Rangers FC), Carl Medjani (Ajaccio), Rafik Halliche (Madeira), Antar Yahia (Bochum), Habib Belaid (Boulogne Sur Mer), Nadir Belhadj (Portsmouth), Djamel Mesbah (Lecce)
Midfielders: Hassan Yebda (Portsmouth), Medhi Lacen (Racing Santander), Yazid Mansouri (Lorient), Adlene Guidoura (Wolverhampton), Riad Boudebouz (Sochaux), Djamel Abdoun (Nantes), Foued Kadir (Valenciennes), Karim Ziani (Wolfsburg), Karim Matmour (Borussia Monchengladbach)
Strikers: Abdelkader Ghezzal (Siena), Rafik Djebbour (AEK Athens), Rafik Saifi (Istres)

**CAMEROON** - FIFA ranking: 19
Nicknames: Les Lions Indomables (The Indomitable Lions)
Confederation: CAF (Africa)
Head coach: Paul Le Guen
Captain: Samuel Eto'o
World Cup Appearances: 5 (First in 1982)
Best World Cup result: Quarterfinals, 1990
African Nations Cup Appearances: 16 (First in 1970)
Confederations Cup appearances: 2 (First in 2001)
Best Confed result: Runners-up, 2003
Team Base Camp: Oyster Box Hotel, Umhlanga Rocks, Durban
Training Ground: (not yet made public)

**CAMEROON WORLD CUP 2010 FINAL 23 MAN SQUAD:**

Goalkeepers: Guy Roland N'Dy Assembe (Valenciennes), Idriss Carlos Kameni (Espanyol), Hamidou Souleymanou (Kayserispor)
Defenders: Benoît Assou-Ekotto (Tottenham Hotspur), Sebastien Bassong (Tottenham Hotspur), Gaëtan Bong (Valenciennes), Aurelien Chedjou (Lille), Geremi (Ankaragucu), Stephane Mbia (Olympique Marseille), Nicolas Nkoulou (Monaco), Rigobert Song (Trabzonspor)
Midfielders: Achille Emana (Real Betis), Enoh Eyong (Ajax Amsterdam), Jean Makoun (Olympique Lyon), Georges Mandjeck (Kaiserslautern), Joel Matip (Schalke 04), Landry Nguemo (Celtic), Alexandre Song (Arsenal)
Strikers: Vincent Aboubakar (Coton Sport), Eric Choupo-Moting (Nuremberg), Samuel Eto'o (Inter Milan), Mohamadou Idrissou (Freiburg), Achille Webo (Real Mallorca)
CÔTE D'IVOIRE (IVORY COAST) - FIFA ranking: 27
Nicknames: Les Éléphants (The Elephants)
Confederation: CAF (Africa)
Head coach: Vahid Halilhodžić
Captain: Didier Drogba
World Cup Appearances: 1 (First in 2006)
Best World Cup result: Round 1, 2006
African Nations Cup Appearances: 18 (First in 1965)
Best African Nations Cup result: Winners, 1992
Confederations Cup appearances: 1 (First in 1992)
Best Confed result: 4th, 1992
Team Base Camp: Riverside Hotel and Conference, Vaal River, 1 hour south of Johannesburg
Training Ground: (not yet made public)

CÔTE D'IVOIRE (IVORY COAST) WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Boubacar Barry (Lokeren, Belgium), Aristides Zogbo (Maccabi Netanya, Israel), Daniel Yeboah (Asec, Ivory Coast)
Defenders: Souleymane Bamba (Hibernian, Scotland), Arthur Boka (VB Stuttgart, Germany), Benjamin Brou Angoua (Valenciennes, France), Guy Demel (Hamburg SV, Germany), Emmanuel Eboue (Arsenal, England), Steve Gohouri (Wigan Athletic, England), Siaka Tiene (Valenciennes, France), Kolo Toure (Manchester City, England)
Midfielders: Jean-Jacques Gosso Gosso (Monaco, France), Abdelkader Keita (Galatasaray, Turkey), Emmanuel Kone (International Curtea Arges, Romania), Gervinho (Lille, France), Koffi N'Dri Romaric (Sevilla, Spain), Cheik Ismael Tiote (Twente Enschede, Holland), Yaya Toure (Barcelona, Spain), Didier Zokora (Sevilla, Spain)
Strikers: Aruna Dindane (Lekhwiya, Qatar), Didier Drogba (Chelsea, England), Salomon Kalou (Chelsea, England), Bakary Kone (Olympique Marseille, France)

GHANA - FIFA ranking: 32
Nicknames: The Black Stars
Confederation: CAF (Africa)
Head coach: Milovan Rajevac
Captain: Stephen Appiah
World Cup Appearances: 1 (First in 2006)
Best World Cup result: Round 2, 2006
African Nations Cup Appearances: 17 (First in 1963)
Team Base Camp: Roode Vallei Country Lodge, north of Pretoria
Training Ground: (not yet made public)

GHANA WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Richard Kingston (Wigan, England), Daniel Adjei (Liberty Professionals), Stephen Ahorlu (Hearts of Lions)
Defenders: Samuel Inkoom (Basle, Switzerland), Hans Sarpei (Bayer Leverkusen, Germany), Lee Addy (Bechem Chelsea), John Mensah (Sunderland, England), Rahim Ayew (Zamalek, Egypt), Isaac Vorsah (Hoffenheim, Germany), John Pantsil (Fulham, England), Jonathan Mensah (Granada, Spain)
Midfielders: Dede Ayew (Arlese Avignon, France), Kwadwo Asamoah (Udinese, Italy), Stephen Appiah (Bologna, Italy), Anthony Annan (Rosenborg, Norway), Sulley Muntari (Inter Milan, Italy), Quincy Owusu-Abeyie (Al Sadd, Qatar), Derek Boateng (Getafe, Spain), Kevin-Prince Boateng (Portsmouth, England)
Strikers: Prince Tagoe (Hoffenheim, Germany), Asamoah Gyan (Rennes, France), Dominic Adiyiah (AC Milan, Italy), Matthew Amoah (NAC Breda, Holland)
NIGERIA - FIFA ranking: 21
Nicknames: Super Eagles
Confederation: CAF (Africa)
Head coach: Lars Lagerbäck
Captain: Nwankwo Kanu
World Cup Appearances: 4 (First in 1994)
Best World Cup result: Round of 16, 1994 and 1998
African Nations Cup Appearances: 16 (First in 1963)
Confederations Cup appearances: 1 (First in 1995)
Best Confed result: 4th, 1995
Team Base Camp: Protea Hotel Waterfront, Richards Bay, 90 minutes north of Durban
Training Ground: Richards Bay Sports Stadium

NIGERIA WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Vincent Enyeama (Hapoel Tel Aviv, Israel), Dele Aiyenugba (Bnei Yehuda, Israel), Austin Ejide (Hapoel Petah Tikva, Israel)
Defenders: Taye Taiwo (Marseille, France), Elderson Echiejile (Rennes, France), Chidi Odiah (CSKA Moscow, Russia), Joseph Yobo (Everton, England), Daniel Shittu (Bolton Wanderers, England), Ayodele Adeleye (Sparta Rotterdam, Netherlands), Rabiu Afolabi (SV Salzburg, Austria)
Midfielders: Chinedu Obasi (TSG Hoffenheim, Germany), John Utaka (Portsmouth, England), Kalu Uche (Almeria, Spain), Dickson Etuhu (Fulham, England), John Mikel Obi (Chelsea, England), Sani Kaita (Alianiva, Russia), Haruna Lukman (AS Monaco, France), Yusuf Ayila (Dynamo Kiev, Ukraine), Osaze Odemwingie (Lokomotiv Moscow, Russia)
Strikers: Ayegbini Yakubu (Everton, England), Nwankwo Kanu (Portsmouth, England), Obafemi Martins (Wolfsburg, Germany), Victor Obinna (Malaga, Spain)

SOUTH AFRICA - FIFA ranking: 83
Nicknames: Bafana Bafana (The Boys)
Confederation: CAF (Africa)
Head coach: Carlos Alberto Parreira
Captain: Aaron Mokoena
World Cup Appearances: 3 (First in 1998)
Best World Cup result: Round 1, 1998 and 2002
African Nations Cup Appearances: 7 (First in 1996)
Best African Nations Cup result: Winners, 1996
Confederations Cup appearances: 2 (First in 1997)
Best Confed result: 4th place, 2009
Team Base Camp: Southern Sun Grayston, Sandton, northern suburbs of Johannesburg
Training Ground: Sturrock Park, University of Witwatersrand, Johannesburg

SOUTH AFRICA WORLD CUP 2010 FINAL 23 MAN SQUAD:
Goalkeepers: Itumeleng Khune (Kaizer Chiefs), Moeneeb Josephs (Orlando Pirates), Shu-Aib Walters (Maritzburg United)
Defenders: Matthew Booth (Mamelodi Sundowns), Lance Davids (Ajax Cape Town), Siboniso Gaxa (Mamelodi Sundowns), Bongani Khumalo (SuperSport United), Tsepo Masilela (Maccabi Haifa, Israel) Innocent Mdledle (Mamelodi Sundowns), Aaron Mokoena (Portsmouth, England), Anele Ngcongca (Genk, Belgium) Siyabonga Sangweni (Golden Arrows), Lucas Thwala (Orlando Pirates)
Midfielders: Kagisho Dikgacoi (Fulham, England), Thanduyise Khuboni (Golden Arrows), Reneilwe Letsholonyane (Kaizer Chiefs), Teko Modise (Orlando Pirates), Steven Pienaar (Everton, England) MacBeth Sibaya (Rubin Kazan, Russia) Siphiwe Tshabalala (Kaizer Chiefs)
Strikers: Surprise Moriri (Mamelodi Sundowns), Katlego Mphela (Mamelodi Sundowns), Siyabonga Nomvethe (Moroka Swallows), Bernard Parker (FC Twente, Netherlands)
6.4 HISTORY OF THE WORLD CUP AND PAST CHAMPIONS

The FIFA Football World Cup™ was first held in 1930, and subsequently every four years, except during the 2nd World War. In all, 76 nations have played in a World Cup, but only 7 nations have won it. Brazil are the most successful team, having won 5 titles and are also the only nation to have played in every World Cup.

Past Host Nations and the results of the final World Cup game are listed below. Winning nations are in bold type.

1930 Hosts: Uruguay | Final: Uruguay 4 - Argentina 2
1934 Hosts: Italy | Final: Italy 2 - Czechoslovakia 1
1938 Hosts: France | Final: Italy 4 - Hungary 2
1950 Hosts: Brazil | Final: Uruguay 2 - Brazil 1
1954 Hosts: Switzerland | Final: West Germany 3 - Hungary 2
1958 Hosts: Sweden | Final: Brazil 5 - Sweden 2
1962 Hosts: Chile | Final: Brazil 3 - Czechoslovakia 1
1966 Hosts: England | Final: England 4 - West Germany 2
1970 Hosts: Mexico | Final: Brazil 4 - Italy 1
1974 Hosts: West Germany | Final: West Germany 2 - Netherlands 1
1978 Hosts: Argentina | Final: Argentina 3 - Netherlands 1
1982 Hosts: Spain | Final: Italy 3 - West Germany 1
1986 Hosts: Mexico | Final: Argentina 3 - West Germany 2
1990 Hosts: Italy | Final: West Germany 1 - Argentina 0
1994 Hosts: United States | Final: Brazil 3 - Italy 2 (penalty shootout after 0-0 in extra time)
1998 Hosts: France | Final: France 3 - Brazil 0
2002 Hosts: Korea Rep and Japan | Final: Brazil 2 - Germany 0
2006 Hosts: Germany | Final: Italy 5 - France 3 (penalty shootout after 1-1 draw in extra time)
2010 Hosts: South Africa | Final: (Fill in your Prediction of the final match here)
2014 Hosts: Brazil:

6.5 WORLD CUP COMPETITION – WIN VOUCHERS FOR AN UNFORGETTABLE AFRICAN SAFARI

In celebration of the 2010 FIFA Football World Cup™ being hosted in South Africa and the upcoming 20th year in business in 2012 for Greenlife Africa Safaris, the company are giving away up to US$1 Million in Vouchers to all the winners in their www.e-gnu.com/2010competition.html for safari travel to Selected Safari Lodges in Southern Africa anytime until 31 December 2012!

Entrance is free and all you need do is Choose a Team to Support for Wins in the Quarter Finals, Semi Finals, 3rd/4th Place Playoff and Final. If your Team wins, you receive a Travel Voucher:
• US $200 Q/Finals Win
• US $400 S/Finals Win
• US $500 3rd Place Win
• US $600 Finals Win
If your team loses, you can simply re-enter by selecting a new team to follow!

Enter the competition now at www.e-gnu.com/2010competition.html

2010 Winner Poll: Cast your vote to Predict the 2010 Winner at www.e-gnu.com/2010predictwinner-poll.html
SECTION 7: MEDICAL

7.1 HOSPITALS AND EMERGENCIES

It is best to avoid public hospitals where possible. Private hospitals (such as the Netcare Group are of world class standard. Make sure you have proper medical insurance prior to your departure to South Africa. See our advice in section 1.14

There are a number of independent emergency assist companies in South Africa.
• Netcare 911, 49 New Road, Midrand, ☎ 011 254-1927. Some travel agents offer Netcare911 cover as an option, but you can also deal with them via Travel Insurance (see below) or find out if your existing cover has an association with them.
• Travel Insurance, ☎ 011 780-3300. Contracted to Netcare and offers comprehensive EMS cover for the inbound traveller to South Africa.
• ER24, Manor 1, Cambridge Manor Office Park, corner Witkoppen and Stonehaven, Paulshof, Sandton, ☎ 084 124, A large and well represented emergency assist company incorporating the Medi-Clinic chain of hospitals.

7.2 MALARIA

Visitors to the eastern lowveld of Mpumalanga and Northern Province, the Kruger National Park and the game reserves in KwaZulu-Natal should take a course of anti-malaria tablets before entering these zones. Consult your doctor for appropriate medication.

In a malaria region, avoid wearing perfume or after-shave and wear long sleeves and long trouser at night. The World Cup is taking place over the South African winter, so malaria risk is at a low level, but it is still advisable to take precautions.

SECTION 8: GENERAL INFO

8.1 CLIMATE AND WEATHER

South Africa’s seasons are the reverse of those in the Northern Hemisphere, with midwinter in June and July and midsummer in December and January.

On the highveld in the interior, (Johannesburg, Pretoria, Bloemfontein, Rustenburg, Polokwane) there is sunshine the year round. Summers are hot and thundery; winters bright dry and cold to freezing cold at night.

Cape Town and the southernmost part of Western Cape has a Mediterranean-type climate, with mild, changeable winters, when most of the rainfall occurs, and a warm to hot summer.

Durban and the KwaZulu-Natal coast enjoys a sub-tropical climate, again with plenty of sunshine year round. Summers are hot, thundery and humid at sea level. June and July, when the humidity is low, are ideal months to visit Durban and the coast.

Nelspruit is sub tropical but nights can be very chilly. Port Elizabeth is cool in winter with occasional rain and frequent high winds.

For the latest weather forecast in all regions, ☎ 012 082 162

TEMPERATURES AND RAINFALL in Johannesburg (JNB), Durban (DBN) and Cape Town (CPT) listed below:

<table>
<thead>
<tr>
<th>Temperature (°F)</th>
<th>Jan</th>
<th>Feb</th>
<th>Mar</th>
<th>Apr</th>
<th>May</th>
<th>June</th>
<th>July</th>
<th>Aug</th>
<th>Sep</th>
<th>Oct</th>
<th>Nov</th>
<th>Dec</th>
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<tbody>
<tr>
<td>JNB</td>
<td>59/79</td>
<td>57/77</td>
<td>55/75</td>
<td>52/72</td>
<td>46/66</td>
<td>41/61</td>
<td>41/61</td>
<td>45/66</td>
<td>48/72</td>
<td>54/75</td>
<td>55/77</td>
<td>57/77</td>
</tr>
<tr>
<td>DBN</td>
<td>70/82</td>
<td>70/82</td>
<td>68/82</td>
<td>63/79</td>
<td>55/75</td>
<td>50/73</td>
<td>50/73</td>
<td>54/73</td>
<td>59/73</td>
<td>63/75</td>
<td>64/77</td>
<td>68/81</td>
</tr>
<tr>
<td>CPT</td>
<td>61/79</td>
<td>59/79</td>
<td>57/77</td>
<td>54/73</td>
<td>50/68</td>
<td>46/64</td>
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<td>45/64</td>
<td>46/66</td>
<td>50/70</td>
<td>55/75</td>
<td>59/77</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Temperature (°C)</th>
<th>Jan</th>
<th>Feb</th>
<th>Mar</th>
<th>Apr</th>
<th>May</th>
<th>June</th>
<th>July</th>
<th>Aug</th>
<th>Sep</th>
<th>Oct</th>
<th>Nov</th>
<th>Dec</th>
</tr>
</thead>
<tbody>
<tr>
<td>DBN</td>
<td>21/28</td>
<td>21/28</td>
<td>20/28</td>
<td>17/26</td>
<td>13/24</td>
<td>10/23</td>
<td>10/23</td>
<td>12/23</td>
<td>15/23</td>
<td>17/24</td>
<td>18/25</td>
<td>20/27</td>
</tr>
<tr>
<td>CPT</td>
<td>16/26</td>
<td>15/26</td>
<td>14/25</td>
<td>12/23</td>
<td>10/20</td>
<td>8/18</td>
<td>7/17</td>
<td>7/18</td>
<td>8/19</td>
<td>10/21</td>
<td>13/24</td>
<td>15/25</td>
</tr>
</tbody>
</table>
Rainfall (inches). This varies according to the year and where you are:

<table>
<thead>
<tr>
<th></th>
<th>Jan</th>
<th>Feb</th>
<th>Mar</th>
<th>Apr</th>
<th>May</th>
<th>June</th>
<th>July</th>
<th>Aug</th>
<th>Sep</th>
<th>Oct</th>
<th>Nov</th>
<th>Dec</th>
</tr>
</thead>
<tbody>
<tr>
<td>JNB</td>
<td>4.41</td>
<td>3.78</td>
<td>2.91</td>
<td>2.40</td>
<td>0.90</td>
<td>0.31</td>
<td>0.31</td>
<td>0.19</td>
<td>0.11</td>
<td>2.71</td>
<td>4.60</td>
<td>4.29</td>
</tr>
<tr>
<td>DBN</td>
<td>5.12</td>
<td>4.49</td>
<td>5.31</td>
<td>4.21</td>
<td>2.12</td>
<td>1.22</td>
<td>1.41</td>
<td>1.69</td>
<td>2.40</td>
<td>3.90</td>
<td>4.49</td>
<td>4.60</td>
</tr>
<tr>
<td>CPT</td>
<td>0.59</td>
<td>0.70</td>
<td>0.70</td>
<td>1.97</td>
<td>3.54</td>
<td>3.34</td>
<td>3.54</td>
<td>3.15</td>
<td>1.97</td>
<td>1.41</td>
<td>0.51</td>
<td>0.59</td>
</tr>
</tbody>
</table>

Rainfall (mm). This varies according to the year and where you are:

<table>
<thead>
<tr>
<th></th>
<th>Jan</th>
<th>Feb</th>
<th>Mar</th>
<th>Apr</th>
<th>May</th>
<th>June</th>
<th>July</th>
<th>Aug</th>
<th>Sep</th>
<th>Oct</th>
<th>Nov</th>
<th>Dec</th>
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<tbody>
<tr>
<td>JNB</td>
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<td>96</td>
<td>74</td>
<td>61</td>
<td>23</td>
<td>8</td>
<td>8</td>
<td>5</td>
<td>3</td>
<td>69</td>
<td>117</td>
<td>109</td>
</tr>
<tr>
<td>DBN</td>
<td>130</td>
<td>114</td>
<td>135</td>
<td>107</td>
<td>54</td>
<td>31</td>
<td>36</td>
<td>43</td>
<td>61</td>
<td>99</td>
<td>114</td>
<td>117</td>
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<tr>
<td>CPT</td>
<td>15</td>
<td>18</td>
<td>18</td>
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<td>90</td>
<td>85</td>
<td>90</td>
<td>80</td>
<td>50</td>
<td>36</td>
<td>13</td>
<td>15</td>
</tr>
</tbody>
</table>

8.2 METRIC CONVERSION TABLE

**TEMPERATURES:**

<table>
<thead>
<tr>
<th>°F</th>
<th>32</th>
<th>40</th>
<th>50</th>
<th>60</th>
<th>70</th>
<th>75</th>
<th>85</th>
<th>95</th>
<th>105</th>
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<tr>
<td>°C</td>
<td>0</td>
<td>4.5</td>
<td>10</td>
<td>15.5</td>
<td>21</td>
<td>24</td>
<td>29.5</td>
<td>35</td>
<td>40.5</td>
</tr>
</tbody>
</table>

**SPEEDS:**

<table>
<thead>
<tr>
<th>MPH</th>
<th>30</th>
<th>40</th>
<th>50</th>
<th>60</th>
<th>70</th>
<th>80</th>
<th>90</th>
<th>100</th>
</tr>
</thead>
<tbody>
<tr>
<td>KM/H</td>
<td>48</td>
<td>64</td>
<td>80</td>
<td>96</td>
<td>112</td>
<td>128</td>
<td>144</td>
<td>160</td>
</tr>
</tbody>
</table>

8.3 TIPPING

Tipping is not compulsory, but it is customary, especially in restaurants, where it is usual to give a 10% tip. South African waiters earn very little basic pay, so help them by tipping decently. The cost of eating out in South Africa is less than in most countries, so please be kind to a waiter if they serve you well.

If you spend time at a safari lodge, it is also customary to tip. Below are appropriate guidelines:
1. Safari Guides - We recommend US$5 per guest per day if the guide has done a good job.
2. The General Camp or Staff. Here we recommend about US$3 per guest per day. This should be handed into the communal tipping box to be distributed equally amongst all the staff at a later stage.
3. Waitrons - A generally acceptable tip in restaurants and hotels is 10% of the total bill, unless it is stated that a service charge is included. Only pay gratuities if you are satisfied with the service.

8.4 PACKING CHECKLIST

Suggested Clothing, Gear and Photographic Packing List for your time in South Africa. Some of these items may only be required if you plan on going on safari in a wildlife reserve. Remember that it is winter in South Africa in June and July.

Johannesburg and surrounds can be ice cold at night, Cape Town can be wet, and Bloemfontein freezes at night, while Durban is usually mild. See Weather in Section 7.1. Essential items to pack are listed below...and don't forget to bring along your team’s shirt, hat, flags etc!

- Air Tickets
- Travel insurance
- Travellers’ cheques or Cash Passport
- Credit card
- Valid passport with 2 black pages (plus photocopies in case of loss)
- Visa, if required. See section 1.10
- Immunization certificates, if required. See section 1.12
- International drivers license
- Camera (spare batteries) and lenses with sufficient memory cards
- Binoculars
- Multi-plug adapter for electrical appliances
- Dust-proof bags
- Flash-light with spare batteries and globe
- Insect repellent
- Malaria prophylaxis, if visiting a malaria area. See section 6.2
- Moisturizing cream
- Personal medication
- Sun block
- Pocket knife (pack with luggage - not on person while flying)
- Sunglasses
- Light waterproof windbreaker jacket
- Beanie or woolen cap (it is winter in SA at the time)
- Sunhat or cap
- Worn-in walking shoes
- Personal clothing
8.5 WILDLIFE CHECKLIST

Below is short list of Africa’s Big Five and Little Five – some of the animals you may see on safari. For a complete printout checklist of African animals, go to www.e-gnu.com/check_005.html.

<table>
<thead>
<tr>
<th>BIG FIVE</th>
<th>LITTLE FIVE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lion</td>
<td>Ant Lion (a little creature that digs holes to trap ants)</td>
</tr>
<tr>
<td>Elephant</td>
<td>Elephant Shrew (a tiny shrew that eats insects, fruit, seeds and nuts)</td>
</tr>
<tr>
<td>Rhinoceros</td>
<td>Rhinoceros Beetle (a large beetle with horns on its head)</td>
</tr>
<tr>
<td>Buffalo</td>
<td>Buffalo Weaver (a red-billed sociable bird often seen eating ticks on buffalos)</td>
</tr>
<tr>
<td>Leopard</td>
<td>Leopard Tortoise (a fairly large tortoise with a black and yellow spotted shell)</td>
</tr>
</tbody>
</table>

8.6 BIRD CHECKLIST

South Africa’s Big Six birds is a fanciful grouping aimed at mirroring the Big Five animals. These birds are mostly found in and around Kruger Park. They are the Lappet faced Vulture, Martial Eagle, Saddle billed Stork, Kori Bustard and Ground Hornbill. The one curve ball is the Pel’s Fishing Owl, which is seldom seen, because of its nocturnal habits and restriction to large watercourses. For a complete printout checklist of African birds, go to www.e-gnu.com/check_004.html.

8.7 SOUTH AFRICAN WORDS, COLLOQUIALISMS AND SLANG

With 11 official languages, South Africa is a vibrant melting pot of languages, cultures and ethnicities, immortally referred to as The Rainbow Nation, a term first coined by Archbishop Emeritus Desmond Tutu.

The Lingua Franca, however, is English, spoken by most South Africans in varying degrees of fluency and with an astonishing array of accents and aptitude. A colourful mix of South African slang has evolved and most of these terms are used and understood by a majority of the population.

The best collection of South African slang is on Wiki, but it is too comprehensive to add in here. Check it out and try to memorise a few of them at: http://en.wikipedia.org/wiki/List_of_South_African_slang_words#Original_South_African_English_coinages

Some of the more widely used terms are:

African Time = The laid back approach to time in Africa…a bit like the Spanish Manyana, meaning tomorrow
Ag = Pronounced like the ach in German, but with a 'g' on the end. Roll that 'g'! "Ag, no man" - sign of irritation.
Aikona = Never, not on your life.
Babbelas ('Bub-be-las') = A hangover. Normally a pretty damn bad hangover!
Bakkie ('Buk-ky') = Pickup truck
Barnie = Fight, punch-up.
Biltong = Jerky in the US, only much better!. This is specially prepared dried raw meat, made from beef, venison or ostrich.
Biscuit = Cookie in the US.
Boerewors = Farmstyle sausage or "wors". (Literally, "Farmers Sausage"). It is consumed in vast quantities on braais all over the country.
Braai = Barbecue (US) or Barbie (Aus). Extremely popular SA occupation.
Brah/Brü/Bro = Buddy, associate, peer, colleague, friend, etc... Catch a Tan
Chick = Yet another typically South African sexist term for a woman!
Dagga ('Dag-gah') = Marijuana, dope - the South African word for dope.
Dankie = Thank you
Eina(ayah) = Ouch! Widely used. Derived from Afrikaans.
Howzit (also hoesit) = The famous, and one of the most typical, South African greeting. Short for "How is it?"
Jawl, Jorl, Jol = The word jol is a generic South African - it refers to having a good time and can be used in any context. "I am going on a jawl (party) - I am having a jawl (good time) ...".
Just now = A immense source of amusement for foreigners - it means "very soon", "eventually"; or "never". If someone says he will do something "just now" it could be in 10 minutes or tomorrow, or maybe not at all.
Lekker = An Afrikaans word meaning nice, this word is used by all language groups to express approval.
Mampara = A fool
Nooit(‘Noy-t’) = No way - Another way of saying no, but also a sign of incredulous response.
Now Now = Similar to Just Now, it means it may occur within the next 2 minutes, 20 minutes or 2 hours! Just go with the flow!
Oke (ou) = Guy, chap, bloke.
Padkos = Food for a car, for a trip; on the road.
Robot = Yes, it's a traffic light!
Shame = Very typical South African expression; also found amusing by foreigners. "Ag shame, look how cute that baby is!", or "Shame, stop making kak with the chick, man, she's lekker", and "Shame, that's really sad".
Slap chips = When French Fries are thick and long and don't go crispy in the oil - they are soft and stodgy
Spook and diesel = Cane spirits and coke - A favorite mixture of a pale liquor and dark Coca-Cola.
Stoep = Verandah
Takkies = Sneakers, trainers, running shoes.
Tokoloshe = Evil spirit
Voetské = Get lost, buzz off... "Voetské, jou sleg moer!"
Vuvuzela = The ubiquitous, noisy plastic trumpet blown at soccer matches in South Africa, will be a feature that foreigners will either love or loathe at the World Cup. About one metre in length, they come in a variety of bright colours. Some teams have complained that they distract coaches and players.
Zoi = Marijuana - another South African word for dope.

8.8 A – Z SOUTH AFRICAN FOOD

Foodie travelers will have a field day – especially if they are into seafood and meats, while in South Africa. The country draws its cuisine from around the world, but there are some uniquely South African dishes. A few of the more common ones are listed below:

Biltong is a national delicacy. Similar to American jerky, but totally different, it is made from spiced slices of meat that are hung up – out of the sun – to dry in the wind. The most common variety is beef, but game biltong is also available. Connoisseurs claim that ostrich and kudu biltong are the best.

Bobotie is a traditional Cape Malay dish consisting of a fruity mince curry which is topped with egg custard and lemon or bay leaves, and baked.

Boerewors is essential at a braai. It is a fatty, spicy beef sausage – there are loads of secret recipes all containing quite exotic spices such as coriander, cumin and others.

Boggems are definitely an acquired taste. They are small, whole mullet (called harder in South Africa) that are salted and dried. They're a bit tough to just chew on but they can be reconstituted and cooked into something approaching a Portuguese bacalhau, which makes them far more palatable.

Braais are part of South African life and they are so much more than a barbecue. As well as boerewors, sosaties, pap en sous and roosterbrood, there may be any other kind of meat and fish. Crayfish braais are very popular.

Bredie is the Afrikaans term for a stew, usually mutton-based and served with rice. The most popular is tamatie bredie (tomato stew), and the most unusual is waterblommetjiebredie (see below).

Bunny chow lunch is an essential part of a visit to Durban. Consisting of curry (either meat or veg) piled into a hollowed out half or quarter loaf of bread it is best eaten with the hands on the street. (Yes, it's a cultural experience).

Butternut squashes are large, gourd-shaped vegetables which are very similar to pumpkins but with brighter orange, more solid flesh and a more intense taste. They are often cooked over the coals at braais or made into lightly curried soups.

Crayfish are spiny lobsters. They're delicious.

Gatsby is a form of street food found mainly in Cape Town. Cheap and filling it consists of a whole loaf of bread cut lengthwise and filled with chips (French fries), salad and either meat, curry or fish.

Imifino is a wonderful dish of wild spinach-like greens fried up with onion, spices and perhaps a bit of chilli, and usually served with pap or putu (see below).

Koeksuster is a sweet, syrupy, plaited confectionary not entirely unlike a doughnut but much richer. Great stuff if you have a very sweet tooth and fantastic with strong coffee.

Konfyt is the term given to any preserve. Two of the most popular are made from a type of otherwise unpalatable melon, and from green figs. With a bit of ginger and other spices, these are actually pretty tasty and not at all cloying although obviously sweet.

Line fish is the term given to fish that has been caught locally that day on a line (as opposed to netted fish). In restaurants it will often be the 'fish of the day'.

Milktart is a traditional baked custard tart, sprinkled with cinnamon.

Morogo or meroho, is exactly the same as imifino (above).

Moskonfyt is a delicious, sweet, tangy syrup made from must (which is the solid residue left over after pressing grapes for wine.) A bit like a fruity version of maple syrup, it's really good on bread or pancakes and even, for those with a very sweet tooth, on ice cream. It is delicious stirred into plain yoghurt.

Pap is a gritslike maize porridge. It can be made quite sloppy in which case it is eaten with a spoon as a breakfast cereal, or made really stiff in which case it is called stywepap and eaten with the hands with some kind of sauce or relish. Relish could be imifino (see above) or a rich meat stew. Pap en sous, in which the sauce (sous) will almost always be an onion and tomato...
based one, is a traditional accompaniment to a braai.

**Peppadews** are designer vegetables developed and patented in South Africa. A cross between a sweet pepper and a chilli, they are slightly spicy, fruity and piquant, and are usually found pickled. Although they are patented, they are a hybrid and are not genetically modified. They're delicious in anything from salads and sandwiches to pizza and pasta.

**Peri-peri**, or piri-piri as it is sometimes called, hails from neighbouring Mozambique. It's a fiery concoction of mainly, chilies, garlic and tomato (and a few other secret ingredients). It's most commonly used as a basting for fish, chicken or prawns but can be used for anything. Beware; some varieties are very hot, while others are nicely tasty.

**Perlemoen** is the local word for abalone. Many locals claim the best way to eat this is braaied (see above) on the beach in a piece of kelp (hollow seaweed), but it is easier to try it as a schnitzel in a restaurant, or cut into strips and stir-fried.

**Potbrood** is bread made in a cast-iron pot on the top of a fire. (also see roosterbrood). A potjie is a three-legged cast-iron pot (much like a witch's cauldron) and it is the basis of one of our best loved specialities – potjiekos. It's a stew made by putting in the onions first and then the items which need most cooking, eg meat, potatoes and/or hard vegetables. Softer vegetables are added in layers and the pot is never stirred. As it simmers for hours the flavour permeates the whole dish. Often served with putu (see below).

**Putu** is the same as pap, except that it is always the stiff variety.

**Roosterbrood** is bread made on the grill over an open fire. (Brood is the Afrikaans word for bread.) Rotis are a traditional Indian flat bread which may be quite familiar. And...

**Salomies** are rotis, filled with curry and rolled up, so they can be eaten with the hands.

**Samosas** are an Indian delicacy that has become part of the South African culinary landscape. It's a triangular fried pasty filled with curry – either meat, fish or veg.

**Samp** is whole maize which is cooked up rather like rice and most often served with beans which makes it a very nutritious, high protein food highly valued by traditional societies.

**Skilpad** is the Afrikaans name for a tortoise, and you may well be offered this at a braai. Do not be alarmed. It is not a whole tortoise roasted in its shell. Far from it. There is a delicious vegetarian option – a whole cabbage, with slits half way through it and filled with butter, garlic and spices and cooked in foil over the fire. A richer, meatier version consists of liver or kidneys wrapped in caul fat and braaied – very rich and only for dedicated carnivores. Never eat real tortoises!

**Smoorsnoek** is a kedgeree-like dish made of flaked smoked snoek (see below) cooked up with tomato, onion and spices.

**Snoek** is a local game fish not unlike barracuda. It is delicious freshly braaied but it most often eaten smoked – possibly even more delicious.

**Sosaties** are very similar to kebabs – chunks of meat impaled on a skewer. Traditional ones will be marinated in a lightly curried fruity sauce and then cooked over the fire but there are dozens of variations.

**Waterblommetjiebredie** is a stew (see bredie above) featuring endemic waterflowers that grow wild in seasonal wetlands in winter in the Cape.

### 8.9 OFFICIAL WORLD CUP SONG

FIFA and Sony have chosen Waka Waka (This Time for Africa) as the official song of the 2010 FIFA World Cup™ in South Africa. The song was written by Shakira, the world-famous singer from Latin America, who will perform with South African band Freshlyground.

*You're a good soldier / Choosing your battles / Pick yourself up / And dust yourself off / And back in the saddle*

*You're on the frontline / Everyone's watching / You know it's serious / We're getting closer / This isn't over*

*The pressure is on / You feel it / But you've got it all / Believe it / When you fall get up Oh oh... / And if you fall get up / Oh oh... / Tsamina mina / Zangalewa / Cuz this is Africa*

*Tsamina mina eh eh / Waka Waka eh eh / Tsamina mina zangalewa / Anawa aa / This time for Africa*

*Listen to your god / This is our motto / Your time to shine / Don't wait in line / Y vamos por Todo People are raising / Their Expectations / Go on and feed them / This is your moment / No hesitations Today's your day / I feel it / You paved the way / Believe it If you get down / Get up / When you get down / Get up eh eh...*

*Tsamina mina zangalewa / Anawa aa / This time for Africa*

*Tsamina mina eh eh / Waka Waka eh eh / Tsamina mina zangalewa / Anawa aa*

*Tsamina mina eh eh / Waka Waka eh eh / Tsamina mina zangalewa / This time for Africa*
SECTION 9: GENERAL INFO

9.1 CONTACT NUMBERS AND PERSONAL PLANNER

9.1 POLICE & FIRE
Throughout South Africa, the emergency contact number for the Police (and Fire Services) is ☏ 10111, from a landline. If calling from a Mobile phone, dial ☏ 112

9.2 AMBULANCE
Throughout South Africa, the emergency contact number for Ambulances is ☏ 10177, from a landline. If calling from a Mobile phone, dial ☏ 112

9.3 AIRLINES
Flight arrival and departure times can be checked online at www.acsa.co.za or ☏ 086 727 7888

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9.4 CONSULATES AND EMBASSIES

Below is a list of the Consulates or Embassies of the 32 nations competing at the World Cup, listed alphabetically. If you are a traveller from another country, please enter your country’s consular details in the “My Consulate” block below. A list of consulates and embassies in South Africa can be found at http://www.dfa.gov.za/foreign/forrep/index.htm

My Consulate:
☎ ________________________________
Fax: ________________________________
email: ________________________________
web: ________________________________

Argentine Republic
☎ 012 430 3524/7
Fax: 012 430 3521
E-mail: argembas@global.co.za

Australia (Commonwealth of)
☎ 012 423 6000
Fax: 012 342 8442 (General)

Brazil (Federative Republic of)
☎ 012 366 5200
Fax: 012 366 5299
E-mail: pretoria@brazilianembassy.org.za

Cameroon (Republic of)
☎ 012 362 4731
Fax: 012 362 4732
E-mail: Hicocam@Cameroon.co.za

Chile (Republic of)
☎ 012 460 8090
Fax: 012 460 8093
E-mail: consulate@chile.org.za

Denmark (Kingdom of)
☎ 012 430 9340
Fax: 012 342 7620
E-mail: pryamb@um.dk
Web: www.ambpretoria.um.dk

European Union (Office of the EU) Pretoria
☎ 012 452 5200
Fax: 012 460 9923
Email: Janine.pretorius@ec.europa.eu
France (Republic of)
☎ 012 425 1600
Fax: 012 425 1609
E-mail: france@ambafrance-rsa.org

Germany (Federal Republic of)
☎ 012 427 8900
Fax: 012 343 9401
E-mail: GermanEmbassyPretoria@gonet.co.za
Website: www.pretoria.diplo.de

Ghana (Republic of)
☎ 012 342 5847-9
Fax: 012 342 5863

Greece
☎ 012 430 7351/2/3
Fax: 012 430 4313
E-mail: embgrsaf@global.co.za

Italy (Republic of)
☎ 012 423 0000
Fax: 012 430 5547
E-mail: ambital@iafrica.com

Japan
☎ 012 452 1500
Fax: 012 460 3800/1
E-mail: enquiries@embjapan.org.za
Website: www.japan.org.za

Korea (Democratic Peoples Republic of)
☎ 012 991 8661
Fax: 012 991 8662
E-mail:dprkembassy@lantic.net

Korea (Republic of)
☎ 012 460 2508
Fax: 012 460 1158
E-mail:korrsa@smartnet.co.za

Mexico (United Mexican States)
☎ 012 460 0964 (Consular)
Fax: 012 460 0973
E-mail: embamexza@mweb.co.za

Netherlands (The Kingdom of the)
☎ 012 425 4500
Fax: 012 425 4511
E-mail: pre@minbuza.nl
Web: www.dutchembassy.co.za

New Zealand
☎ 012 435 9000
Fax: 012 435 9001
E-mail: enquiries@nzhc.co.za
Website: http://nzembassy.com

Nigeria (Federal Republic of)
☎ 012 342 0805
Fax: 012 342 1668
E-mail:nhep@iafrica.com

Paraguay (Republic of)
☎ 012 347 1047/8
Fax: 012 347 0403
E-mail:embapar@iafrica.com
www.embassyofparaguay.co.za
Portugal (Republic of)
☎️ 012 341 2340/1/2  
Fax: 012 440 0371  
E-mail: portemb@global.co.za

Serbia
☎️ 012 460 5626  
Fax: 012 460 6003  
E-mail: reception@srbembassy.org.za

Slovak Republic (Republic of)
☎️ 012 342 2051/2  
Fax: 012 342 3688  
E-mail: slovakem@telkomsa.net

Slovenia (Republic of)
☎️ 021 970 2447  
Fax: 086 604 6603  
E-mail: info@slovenianconsulate.co.za  
Website: http://www.slovenianconsulate.co.za/

Spain (Kingdom of)
☎️ 012 460 0123  
Fax: 012 343 4891

Switzerland
☎️ 012 452 0660  
Fax: 012 346 6605  
Email: Vertretung@pre.rep.admin.ch  
Website: www.swissembassy.co.za

U K of Great Britain & Northern Ireland
☎️ 012 421 7500  
Fax: 012 421 7555  
E-mail: media.pretoria@fco.gov.uk  
Website: www.britain.org.za

United States of America
☎️ 012 431 4000  
After Hours Cell no. 082 285 2341  
Fax: 012 342 2299  
Email: consularjohannesburg@state.gov  
Website: http://southafrica.usembassy.gov

Uruguay (Oriental Republic of)
☎️ 012 362 6521/22  
Fax: 012 362 6523  
E-mail: urusud@pixie.co.za  
Website: www.embassyofuruguay.co.za
9.5 YOUR OWN LIST OF IMPORTANT NUMBERS (eg Friends, Hotels, Banks etc)

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9.6 FORM FOR YOUR PERSONAL DETAILS, PASSPORT NUMBERS ETC

In this area, write down important personal information and contact details of people in your group.

Full Name: ............................................................................................................................................
Address: ............................................................................................................................................
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Allergies: ............................................................................................................................................
Passport number: .................................................................................................................................
Next of Kin: ........................................................................................................................................
Other Important Numbers/Details .......................................................................................................
9.7 ABOUT THE AUTHORS OF “THE ORIGINAL UNOFFICIAL FIFI GUIDE”

Greenlife Africa Safaris saw a need to compile a factual, objective and informative guide that would be an invaluable tool for all football fans who plan to visit South Africa during June and July 2010.

In the run up to this soccer event, there were many rumours and false claims around South Africa’s ability to host such a major event. These critics conveniently ignored the fact that South Africa has pulled off many major sporting events, including the Rugby World Cup in 1995, the Cricket World Cup in 2003, the 1996 Africa Cup of Nations and the 2009 IPL (Indian Premier League Twenty20 cricket competition), that was moved to South Africa at the last moment due to safety concerns in India.

South Africans are a sport loving nation and the overwhelming consensus in the country is that the nation will again host another highly successful sporting tournament in 2010.

One of the men who must be credited with fighting a long and hard battle for South Africa’s right to host this soccer spectacle is FIFA president, Sepp Blatter. There has been a group within this organization that has waged a propaganda war against South Africa, in the hopes that they could snatch the tournament away from the country and host it again in Germany. We thank those individuals within FIFA, the South African Football Association and many past and present leaders of Government and business in South Africa, who have done so much to ensure that the World Cup goes ahead for the first time on the African continent.

Greenlife Africa Safaris have close on 20 years experience as inbound safari operators and were the first online safari company in 1995. In 2001, the company launched a new portal, www.e-gnu.com, which is now our main web site, with listings of over 530 accommodations and 120 ready-to-go tours. However, our speciality is in tailor made travel and highly personalised service – covering 10 countries in Southern and East Africa. Send your enquiry at www.e-gnu.com/request.asp.

June and July is traditionally the peak safari period in Southern Africa. The hosting of the World Cup has impacted on our traditional market, particularly when concerted efforts have been made by vested interest groups to marginalise and exclude many South African companies and businesses from benefitting in any way from this event.

It is even not permitted to use a number of words and phrases that define this sporting event without running the risk of being threatened by what is conveniently called ambush marketing. This is perhaps the unfortunate side of what should otherwise be a true celebration of soccer, the most universally popular sport in the world.

Much has also been said and written about the high costs of getting to South Africa and inflated prices for accommodation and services. In a world still feeling the impact of a deep global economic downturn, there has been an awakening among many providers that prices were far too high. Recently, we have seen air fares and accommodation prices being reduced, so you can still book a cost effective soccer vacation.

Please feel free to contact us for any requirements you have for other accommodation and safaris before, during and after the football. We hope that all visitors will have a truly memorable, exciting and enthralling soccer festival in South Africa.

In celebration of the 2010 Soccer and our company’s 20th year in business in 2012, we are giving away up to $1 Million in Vouchers that can be redeemed against a safari booked with Greenlife anytime until the end of 2012. Entry is Free – all you need do is choose a Team you believe will win matches in the Quarters, Semis, Playoff and Final.

Entry and further details at www.e-gnu.com/2010competition.html.

Once you have been in Africa – and long after the euphoria has subsided - we know you will want to return again to the beautiful continent, and we will still be here to assist with all your travel arrangements.